

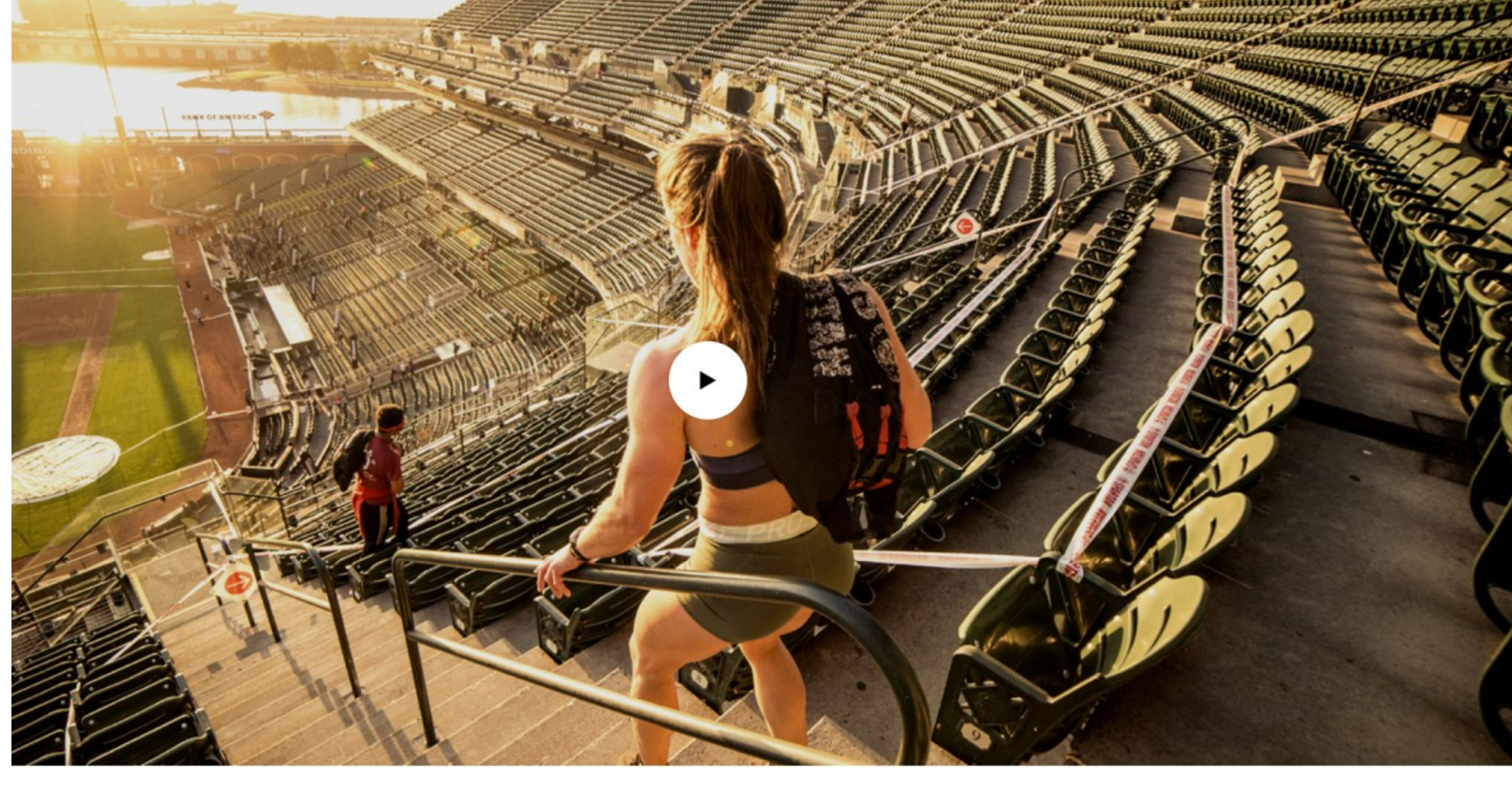
THE STADION



# 5K 20 OBSTACLES

Almost 3000 years ago, an explosive race was born at the first Olympic games. The Stadion became the headline event for centuries. Now, Spartan has brought back the Stadion in a modern day format, held at the most iconic stadiums around the world.

- STRENGTH \_\_\_\_\_
- ENDURANCE \_\_\_\_\_
- SPEED \_\_\_\_\_
- TIME \_\_\_\_\_



The 5K, 20 obstacle Stadion is fast, intense, and all about camaraderie. Drawing on functional fitness training, it's a true test of speed, strength and willpower. The Stadion is perfect for beginners and experts alike.

FIND A STADION

## WHAT YOU'LL EARN



You'll be instantly recognized by other Spartans with Stadion's unique collectible yellow swag, including a special medal and shirt. The Stadion wedge can be used in place of The Sprint to create a rare Trifecta.



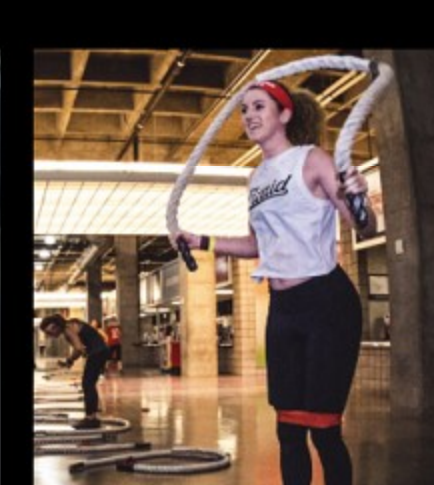
Spartan Stadion finisher t-shirt



Spartan Stadion finisher medal, wedge, and lanyard



Hydration and recovery nutrition



Professional Photos

\*Check your individual race day guide for exact details for your event.