






We primarily focus on the topics of spirituality and philosophy. Our blog's mission is to encourage everyone to take the time to Reflect and Reconcile with the negative thoughts plaguing their minds.

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 Ray Rogers 
2 days ago · 3 min


Blog #15: Why Is the Phrase “As Within, So Without” so Important?

[from the As Within, So Without Series Part 5] INTRODUCTION Hello everyone! My name is Ray Rogers, and I am the senior writer at The...

10 views [Write a comment](#)

3 

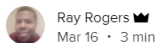


Ray Rogers 
Mar 29 · 4 min

Blog #14: Being Yourself Is All That You Can Do.

[from the As Within, So Without Series Part 4] INTRODUCTION Greetings everyone! I want to formally introduce myself. My name is Ray...

79 views 2 comments

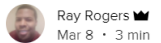



Ray Rogers 
Mar 16 · 3 min

His 7 Deadly Kins. [Sample Part 1]

Hello everyone, I wanted to share a sample of my first book, His 7 Deadly Kins. I published it around September 2020. If you like it,...

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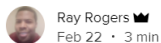


Ray Rogers 
Mar 8 · 3 min

Blog #13: As the World Spins, Are You Spinning with It?

[a Quick Reflection in the As Within, So Without Series] INTRODUCTION Hello everyone! I was going to publish Blog #14: Being Yourself Is...

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Ray Rogers 
Feb 22 · 3 min

Blog #12: How a Damaged Ego Creates a Damaged Perception.

[from the As Within, So Without Series Part 3] INTRODUCTION From all of us at The R-N-R Hour™, we welcome everyone to Part 3 in the "As..."

201 views 1 comment





Blog #11: How Your Ego Is the Blueprint of Your Life?

[from the As Within, So Without Series Part 2] INTRODUCTION Greetings from The R-N-R Hour"! Picking up from where we last left in our...

287 views 1 comment

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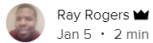


Blog #10: How the Ego Within Affects the World Without.

[from the As Within, So Without Series Part 1] INTRODUCTION The R-n-R Hour" welcomes everybody to the first blog post of 2021! This blog...

383 views Write a comment

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Blog #9: Why the Phrase "As Within, So Without" Should Be your New Year's Resolution?

Welcome to the New Year everyone! I hope you all were able to safely enjoy the holidays, even with our current global events. I just...

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