

REAL Food is

- R**obust flavor
- E**xceptional ingredients
- A**voiding additives
- L**oaded with nutrients

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Robust flavor.

Our skilled chefs work to enhance the natural qualities of the foods we serve.

Housemade | Fresh | Made-to-order selections
Broth-based soups | Healing spices & herbs

Exceptional ingredients.

Better ingredients provide great taste and foster good health.

Extra-virgin olive oil | Sea salt | Sustainably farmed
Grass fed & locally sourced where possible

Avoiding additives.

REAL food comes from ingredients that are grown, not made.

Organic where possible | Hormone & antibiotic free focus
Limited processing & artificial flavors | No trans fats

Loaded with nutrients.

We cook with passion, to nourish your body & soul.

Antioxidants | Omega-3 | Minimally processed
Lean proteins | Fiber-rich legumes | Whole grains

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Thomas
cuisine

www.thomascuisine.com

REAL Food | Genuine Service | Enduring Relationships