



**STOP,
THINK,
EVALUATE,
PROCEED,
STAND
FIRM.**



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Student Name:



**STEPS
TO RESISTING
NEGATIVE
PEER PRESSURE**



STOP

Stop, step back.

**Remove yourself from
the pressure.**

THINK

**Think about what is
happening.**

**Consider your beliefs
about right and wrong.**

EVALUATE

Evaluate your options.

**Weigh the benefits and
consequences of each
outcome.**

**Which choice
is better for
your future?**

PROCEED

**Proceed with a healthy
decision, even if that
means you may lose
some friends.**

STAND FIRM

**Stand firm in your
decision.**