

NIH...Turning Discovery Into Health®

Stay Connected ▶

Subscribe to our [e-newsletters](#) to keep up with complementary health practices.

Health ▶

Topics A–Z ▶

Research-based info from acupuncture to zinc.

What Is CAM? ▶

All about complementary and alternative medicine.

Be Informed ▶

Learn how to make wise health decisions.

Safety ▶

Safety info for a variety of products and practices.

Herbs at a Glance ▶

Uses and side effects of herbs and botanicals.

How To Find a Practitioner

Information on seeking CAM treatment.

Información en Español

Featured Topic

Menopause and Complementary Health Practices

Includes a Message from the Director, Time to Talk Tips, *NCCAM Clinical Digest*, and more.

[Learn more ▶](#)



Research Results ▶

Highlights of recently published studies funded by NCCAM.



[Review of Research Shows, Overall, Acupuncture Did Not Increase Pregnancy Rates With IVF](#) (July 24, 2013)



[Weekly and Twice-Weekly Yoga Classes Offer Similar Low-Back Pain Relief in Low-Income Minority Populations](#) (July 1, 2013)



[Creating a Potential New Drug-Delivery System From Grapefruit Juice](#) (May 21, 2013)



[Study Finds Association Between Biological Marker and Susceptibility to the Common Cold](#) (February 22, 2013)

[See more research results ▶](#)

News ▶

- Blog Post: [Open for Business](#) (10/18/13)
- Message From the Director: [What We Know About Complementary Health Practices for Menopausal Symptoms](#) (09/25/13)
- [4 Things To Know About Menopausal Symptoms and Complementary Health Practices](#)
- [Ayurvedic Medicine: An Introduction](#)

[See all news items ▶](#)

[NCCAM Research Blog](#)
join the discussion

What does NCCAM do?

We conduct and support research and provide information about complementary health products and practices.



[Resources for Health Care Providers »](#)



NIH...Turning Discovery Into Health®

CAM on PubMed®



[Search CAM on PubMed®](#)

Your literature search will be automatically limited to the complementary and alternative medicine (CAM) subset of PubMed. Your searches are free.

About CAM on PubMed®

NCCAM and the National Library of Medicine (NLM) have partnered to create *CAM on PubMed®*, a subset of NLM's PubMed. [PubMed](#) provides access to citations from the MEDLINE database and additional life science journals. It also includes links to many full-text articles at journal Web sites and other related Web resources.

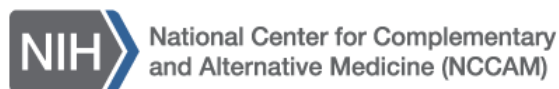
- [Sample Searches](#)
- [Background Information](#)
- [PubMed Help](#)—detailed search instructions
- [PubMed Disclaimer and Copyright Notice](#)

This page last modified December 28, 2011

[NCCAM Home](#) | [Privacy and Policies](#) | [Accessibility](#) | [Questions?](#) | [en Español](#) | [FOIA](#) | [Site Map](#) | [Contact Us](#) | Change text size: [s](#) [M](#) [L](#)

[U.S. Department of Health & Human Services](#) | [National Institutes of Health](#) | [USA.gov—Government Made Easy](#)

National Center for Complementary and Alternative Medicine (NCCAM), 9000 Rockville Pike, Bethesda, Maryland 20892



NIH...Turning Discovery Into Health®

Sample Searches

These samples illustrate the correct way to format searches at *CAM on PubMed®*.

Example 1. Citations to articles about alternative therapies for arthritis. [Try this search at CAM on PubMed®.](#)

A screenshot of the PubMed search interface. The search bar contains the text "arthritis". To the left of the search bar is a dropdown menu with "PubMed" selected. To the right are "Go" and "Clear" buttons. Below the search bar are four tabs: "Limits", "Preview/Index", "History", and "Clipboard".

Example 2. Citations to articles about using St. John's wort for depression in the elderly. [Try this search at CAM on PubMed®.](#)

A screenshot of the PubMed search interface. The search bar contains the text "st john's wort depression elderly". To the left of the search bar is a dropdown menu with "PubMed" selected. To the right are "Go" and "Clear" buttons. Below the search bar are four tabs: "Limits", "Preview/Index", "History", and "Clipboard".

Example 3. Citations to articles written by a specific author (Brian M. Berman). [Try this search at CAM on PubMed®.](#)

A screenshot of the PubMed search interface. The search bar contains the text "berman bm". To the left of the search bar is a dropdown menu with "PubMed" selected. To the right are "Go" and "Clear" buttons. Below the search bar are four tabs: "Limits", "Preview/Index", "History", and "Clipboard".

This page last modified December 13, 2012

[NCCAM Home](#) | [Privacy and Policies](#) | [Accessibility](#) | [Questions?](#) | [en Español](#) | [FOIA](#) | [Site Map](#) | [Contact Us](#) | Change text size: [s](#) [M](#) [L](#)

[U.S. Department of Health & Human Services](#) | [National Institutes of Health](#) | [USA.gov—Government Made Easy](#)

National Center for Complementary and Alternative Medicine (NCCAM), 9000 Rockville Pike, Bethesda, Maryland 20892

Background Information

What is *CAM on PubMed*®?

CAM on PubMed® contains citations to journal articles related to complementary and alternative medicine (CAM). It was developed jointly by the [National Library of Medicine](#) (NLM) and the [National Center for Complementary and Alternative Medicine](#) (NCCAM) to help people search easily for journal articles related to a variety of CAM therapies, approaches, and systems—from acupuncture, to herbs, to traditional Oriental medicine.

CAM on PubMed® is a subset (a part) of all citations found on the NLM's [PubMed](#) and offers all of the features and benefits of PubMed.

What is PubMed?

[PubMed](#) is a database of the [National Library of Medicine](#) (NLM) that provides an easy way to access over 11 million journal citations in the [MEDLINE](#) database and additional life science journals. NLM is the world's largest library of the health sciences, located at the National Institutes of Health. PubMed is free and searchable through the Internet. In addition, PubMed has a "LinkOut" feature that links a citation to outside sources for the full text of the article (some publishers may require a subscription or a fee); over 2,700 journals are linked. Another feature of PubMed, "Related Articles," lets you obtain a set of citations that are closely related to the selected article. NLM regularly adds new citations to PubMed.

What is complementary and alternative medicine (CAM)?

NCCAM defines complementary and alternative medicine (CAM) as those health care practices not currently considered an integral part of conventional medicine. It covers a broad range of healing therapies, approaches, and systems. Some examples of CAM include acupuncture, herbs, homeopathy, chiropractic, hypnosis, and traditional Oriental medicine.

A therapy is called complementary when it is used **in addition to** conventional treatments. It is often called alternative when it is used **instead of** conventional treatment. Most often, people who use CAM therapies are seeking ways to improve their health and well-being and to relieve symptoms and side effects of conventional treatment.

Who will use this database?

CAM on PubMed® will be used by researchers, CAM practitioners, health care providers, students, people with illnesses, their family and friends, advocacy organizations, and many others as a resource to find citations related to complementary and alternative medicine. Please note that it is not the intention of the NLM or NCCAM to provide specific medical advice, but rather to provide people with access to sources of information.

How many citations are included within *CAM on PubMed*®?

Currently, there are over 462,000 citations in the CAM subset of PubMed (from 1966 forward). As research in complementary and alternative medicine grows and more articles are published, we expect the number of citations to increase.

How do I access *CAM on PubMed*®?

You can access [CAM on PubMed](#)® from any computer with Internet access. You do not need to register.

When searching from the NCCAM Web site, your searches will be automatically limited to

When searching from the NCCAM web site, your searches will be automatically limited to CAM-related citations. If you search directly from PubMed, you need to limit the search to the CAM subset. First, click on the "Limit" function. Next, select "Complementary Medicine" on the Subsets pull down menu.

This page last modified January 06, 2012

Where can I find help using *CAM on PubMed*®?

[NCCAM Home](#) | [Privacy and Policies](#) | [Accessibility](#) | [Questions?](#) | [en Español](#) | [FOIA](#) | [Site Map](#) | [Contact Us](#) | Change text size: [s](#) [M](#) [L](#)

To find help using *CAM on PubMed*®, review the information under PubMed's [Help](#) and [FAQ](#) sections. This information is accessible from the sidebar while you are in PubMed. You may also e-mail NLM's customer service (custserv.nlm.nih.gov).

How can I learn more about the National Center for Complementary and Alternative Medicine (NCCAM)?

NCCAM Clearinghouse

Get answers to your questions about complementary and alternative medicine or NCCAM.

Toll-free: 1-888-644-6226

TTY (for deaf or hard-of-hearing callers): 1-866-464-3615

E-mail: info@nccam.nih.gov

Web site: nccam.nih.gov

Address: NCCAM Clearinghouse, P.O. Box 7923, Gaithersburg, MD 20898-7923

Fax: 1-866-464-3616

How can I learn more about the National Library of Medicine (NLM)?

The Library has an extensive Web site at www.nlm.nih.gov that provides a great variety of information for the general public and for health professionals. The site requires no registration and users are assured of complete privacy.