

The logo for iHealth is presented on a teal rectangular background with rounded corners. The word "iHealth" is written in a white, sans-serif font, with the lowercase "i" being smaller than the uppercase "H".

# iHealth

The best mobile platform for personal health care.

## iHealth Media Coverage

Screenshot & Link

For the first time, you can **test** your blood pressure and **track, graph, share** your blood pressure results with your iPhone, iPod touch and iPad.

The launch of the iHealth Blood Pressure Monitoring System on January 4 in the run-up to CES enjoyed strong and continuing coverage during CES. The press release recorded 1,746 views and nearly 25,000 headline impressions, including Good Morning America, ABC News, Fox and Friends, Forbes, The New York Times, CNET, Engadget and Gizmodo.

iHealth was called out the product's potential transformative impact on the mobile landscape. The New York Times hailed iHealth as one of the top four coolest gadgets at CES. Mobile Apps Showdown also selected iHealth as one of the top 10 finalists from more than 100 entries.

Selected quotes:

“Dr. Andrew Brandeis, a spokesman for iHealth, says the device is also part of the nascent mobile health movement in which individuals can get help and support from friends, relatives and doctors.” –Forbes

“iHealth is one of those peripherals envisioned by Apple CEO Steve Jobs that doesn't just amplify the iOS devices' entertainment value, but can actually improve quality of life .” – CNET

“It's a small but significant step in what could be a big paradigm shift in medicine, leveraging the power of the connected devices to make staying healthy more convenient and more efficient.” – Gizmodo

“This is a doorway to an entire new ecosystem of self-monitoring and gleaning health information about yourself,' said Dr. Brandeis.” – New York Times

“iHealth blood pressure iPod dock: another sort of Apple to keep the doctor away.” – Engadget

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iHealth, Withings both launch iPhone-connected blood pressure monitors

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## iHealth, Withings both launch iPhone-connected blood pressure monitors

by [Michael Rose](#) (RSS feed) on Jan 4th 2011 at 12:30PM



There are lots of solid therapeutic approaches to treating [hypertension](#) (high blood pressure), and they range in cost and complexity all the way from free and easy up to expensive and elaborate. While it might cost tens or hundreds of thousands of dollars to treat a heart attack, it's much simpler and cheaper to focus on prevention through diet or medication -- plus monitoring blood pressure every day to make sure the plan is working as expected.

Cheap and easy sounds good, but getting it done is another matter. "When dealing with patients and asking them to make a lifestyle change, one of the biggest problems is compliance," says Dr. Andrew Brandeis, a San Francisco physician. "I can either give you a pill for your blood pressure or tell you to eat less salt, and one of them is going to be easier than the other -- one of them is better than the other. But getting people to exercise more, to eat less salt; it's not always easy to get them to do what they need to do."

That's why Brandeis is excited about the new [iHealth blood pressure monitoring system](#), introduced today in the runup to [CES](#); competitor [Withings](#) has also announced a similar product. Both cuffs provide a new level of convenience to the digital blood pressure monitor market, enabling far more granular intraday measurements that let you know exactly how various daily activities (a meal, a cup of coffee) affect your inner equilibrium.

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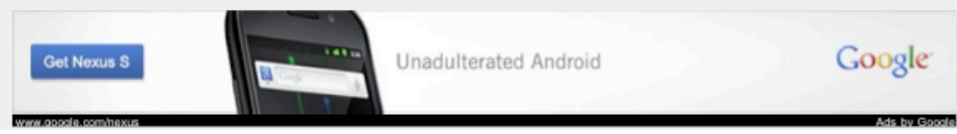
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JAN 4, 2011

# iHealth Launches Breakthrough Blood Pressure Self-Monitoring System for iPhone, iPod touch and iPad



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iHealth today announced the launch of the iHealth Blood Pressure Monitoring System for iPhone, iPod touch and iPad. Comprised of a hardware dock, blood pressure arm cuff and iHealth App, this breakthrough product lets users self-monitor their blood pressure from the convenience of their home, and share the results with friends, family and most importantly, their doctor.

A recent report from Kaiser Permanente found that patients doing self-monitoring of their vitals were 50 percent more likely to have their blood pressure under control.

**How It Works**  
The iHealth Blood Pressure Monitoring System lets users measure and track their blood pressure and heart rate from the convenience of their iPhone, iPod touch and iPad. The system comes with a blood pressure arm cuff and a portable, battery-powered dock allowing for quick and easy set up. The dock also doubles as a charging station for all three iOS devices.

The companion iHealth App includes an easy-to-use interface with data and graphics that allow the user to view their blood pressure numbers, track them over time, and run reports. Users can easily access previously recorded data sets, view patterns by date and time of day and create custom graphs and charts. Users can also instantaneously share the results with their doctor, or loved ones.

The iHealth Blood Pressure Monitoring System (battery-powered docking station and blood pressure arm cuff) is available for \$99.95 from iHealth99.com.

The companion iHealth App is available for free from the App Store on iPhone, iPod touch and iPad, or at

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## How high is your blood pressure? Ask your iPhone

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If this week's wave of gadget announcements at the Consumer Electronics Show has your blood pressure up, a new device from iHealth can tell you how serious your condition is.

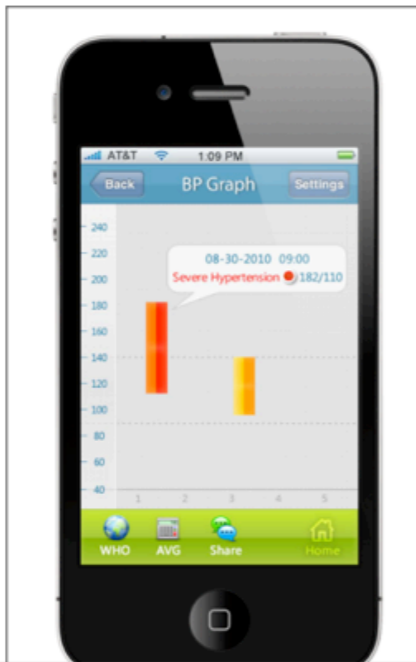
The Mountain View company on Tuesday announced the availability of the iHealth Blood Pressure Monitoring System, which consists of an arm cuff, a battery-powered dock and a downloadable app. The cuff plugs into the the dock, and transmits information about your blood pressure to your iPhone or iPad.

Company officials say that making it easier for patients to monitor their blood pressure will help them pay better attention to their health.

"By identifying how daily activities affect one's vitals like blood pressure and heart rate, people can be more proactive about their personal healthcare," said Yi Liu, iHealth Lab CEO, in a release.

The hardware is available for \$99.95 from iHealth99.com, with future plans to make it available through Apple's website and retail stores. The app is a free download.

The blood-pressure device is among the first mobile-health devices to come to market, and many more are expected to launch this year. At CES today, AT&T announced "smart" pill bottles, which light up and make noise if you forget to take your medicine.



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**Measuring Blood Pressure With an iPhone**  
By JENNA WORTHAM

The smartphone is already the Swiss Army knife of the digital age, replacing the need for alarm clocks, [GPS units](#) and [even digital cameras](#) with the flick of a finger.

Can it do the same for home medical devices?

At the Consumer Electronics Show in Las Vegas, [iHealth Labs](#), a start-up in Mountain View, Calif., has unveiled the iHealth Blood Pressure Dock, an attachment for iOS devices that can

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Can it do the same for home medical devices?

At the Consumer Electronics Show in Las Vegas, [iHealth Labs](#), a start-up in Mountain View, Calif., has unveiled the iHealth Blood Pressure Dock, an attachment for iOS devices that can measure and record heart rate and blood pressure.

The kit, which costs \$100, comes with a blood pressure cuff and a battery-powered dock that doubles as a charging station for the iPhone, iPod Touch and iPad. For now, the hardware is available for sale on the company's Web site. Eventually, it will also be sold in Apple retail stores and through Apple.com. The kit also requires a mobile application to log the results, which is available for free through iTunes.

Dr. Andrew Brandeis, a practicing doctor in San Francisco and a medical consultant and spokesman for iHealth, said that although the device is primarily aimed at people with hypertension or other chronic health conditions, it can also be helpful for anyone trying to live a healthier life.

"I can give someone a pill for their blood pressure, but what I really want to do is educate them about their habits that cause high blood pressure," he said. "If you can see your blood pressure is going up, you can try to get an idea about what you're doing that is affecting it. You start to see correlations between your blood pressure and your life."

The biggest advantage to those who buy iHealth's blood pressure system instead of a stand-alone machine, which is much cheaper to purchase, is that it will be incorporated into a patient's daily routine of waking up and checking their cellphone, the company says.

"You charge your device at night and when you wake up, the blood pressure cuff is sitting right there next to it," he said.

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### Blood pressure peripheral heading to Apple store?

Tuesday - January 4th, 2011 - 11:36am EST by Brian Dolan | Blood Pressure Peripheral iPad | iHealth Blood Pressure Monitoring System | iHealth iPhone | iPhone Blood Pressure Apps |

iHealth Lab, which announced the iHealth Blood Pressure Monitoring System for iPhone today, expects to have the blood pressure arm cuff and iPhone docking station peripheral on Apple Store shelves in the coming weeks. iHealth's offering includes a battery-powered hardware dock, blood pressure arm cuff and a corresponding app. iHealth enables users to self-monitor their blood pressure at home and share the results with friends, family or care providers. The system works with the iPhone, iPad and iPod touch.



The app helps users view their blood pressure numbers, track the trend and run reports. iHealth plans to create a suite of personal healthcare devices for Apple devices.

"Empowering people to manage their personal healthcare is our passion," said Yi Liu, CEO, iHealth Lab. "The future of health management starts with the individual. By identifying how daily activities affect one's vitals like blood pressure and heart rate, people can be more proactive about their personal healthcare."

While the iHealth app is free, the blood pressure arm cuff and corresponding docking station is currently available at iHealth99.com for \$99.95. No official announcement has been made on whether or when the device will hit Apple Store shelves or if the price will change if and when it does. If iHealth succeeds in grabbing shelf space, it would be the first health-related device in Apple Stores. According to [a blog post over at Forbes](#), iHealth's parent company is Andon Health, a Chinese company that develops conventional blood pressure monitors found in drug stores.

[More over at the iHealth site here](#)

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## [iHealth Blood Pressure iPhone/iPod/iPad Dock](#)

Filed under: [Diagnostics](#)



Medical devices that can be attached to iOS devices have been promised for a long time, but suddenly during the last few weeks some have actually started to appear. The latest addition is this BP3 dock, which acts like a blood pressure monitoring system for iPod touch, iPhone, and iPad. The system consists of a battery-powered docking station and a blood pressure arm cuff, which measures blood pressure just like common automated blood pressure measurement devices do which have been

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**News**

**iHealth intros Blood Pressure Monitor for iOS**



**By Charles Starrett**  
Senior Editor, iLounge  
Published: Tuesday, January 4, 2011  
News Category: [iPod Accessories](#), [CES iLounge Pavilion](#), [iPad Accessories](#), [iPhone Accessories](#)

iHealth Lab has introduced its new iHealth Blood Pressure Monitor for iOS. The Monitor itself is a white plastic iPod, iPhone, and iPad dock with an attached blood pressure arm cuff, with a rechargeable battery, USB port for charging, and power button. It works with the company's [free iHealth BPM application](#) to start pumping the cuff, displaying realtime results, and allowing users to track blood pressure history, view explanations of the results and graphs to chart them over time, and share the results via e-mail. iHealth Lab's iHealth Blood Pressure Monitor for iOS is available now and sells for \$100. For more information on the iHealth Blood Pressure Monitor, see [our First Look article](#).

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## Dock your iPhone into iHealth blood pressure monitor

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Posted by [Mark Lyall](#) on January 4, 2011, filed in: [Health News](#), [iHealth](#)

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The outlook for health gadgets for smartphone is looking bright a head of Consumer Electronic Show (ECS) 2011, which is kicking off in Las Vegas tomorrow. AliveCor is introducing an attachment for iPhone, which makes it an ECG monitoring tool. Yet another useful iPhone gadget will be shown in ECS developed by iHealth Labs, a start up company based in Mountain View, California. The device is iHealth Blood Pressure Dock, an attachment for iOS devices that can measure and record heart rate and blood pressure. iHealth has a 30-pin connector for your iPhone, iPod Touch or iPad.

### iHealth Blood Pressure Dock

The iHealth unit comes with

- a blood pressure cuff
- a battery-powered dock that can be used as charging station for the iPhone, iPod Touch and iPad.
- requires a mobile application to log the results, which is available for free through iTunes.

The iHealth dock will cost \$100.0 and can be purchased in Apple retail stores, Apple.com and on iHealth's website.

The iHealth unit has the following features:

- a large central button you can press to activate the cuff
- In just a few seconds, the results (date, time, pulse, and systolic and diastolic numbers) appear in large font on the screen
- Also shows data is displayed in flashing graphical format indicating your BP on the blood pressure scale
- Provides ability to track your history
- You can browse through the FAQ to know more about BP measurement
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- The app also calculates your average BP and compares your risk of



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**Hands-On With the iHealth Blood Pressure Dock**

By Kyle VanHemert

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Back in 2009, when Apple announced accessory support for iPhone OS, they proposed an at-home medical device capable of sending data to doctors. The iHealth dock is that device, and it could totally transform your relationship with your blood pressure.

There are plenty of reasons people take their blood pressure at home, and a blood pressure gizmo can be had at any local drugstore for as little as \$30. But the iHealth dock—a non-descript white charging station for iPhones and iPads—and accompanying Blood Pressure Monitor app update the self-administered blood pressure test for the 21st century. It doesn't just simplify the act of getting a blood pressure reading and streamline the process of sending that data to a doctor; it makes the whole idea of doing potentially scary *health stuff* at home a lot less intimidating. It's a small but significant step in what could be a big paradigm shift in medicine, leveraging the power of the connected devices to make staying healthy more convenient and more efficient.




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**Using iPad To Track Your Blood Pressure**

Jan. 4 2011 - 10:56 am | 1,628 views | 0 recommendations | 6 comments



A new gizmo called iHealth lets you track, graph and share your blood pressure info on an iPad, iPhone or iPod touch. Heart disease is the No. 1 killer in the U.S., and iHealth aims to help people regularly monitor their blood pressure and foster healthy habits to keep it in check.

iHealth is a small, round, white docking station for the

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## iHealth blood pressure iPod dock: another sort of Apple to keep the doctor away

By Ross Miller posted Jan 4th 2011 8:00AM HANDS-ON PR



Back in March 2009 at the [iPhone OS 3.0 debut event](#), Apple's Scott Forstall pointed out medical devices specifically as one of the more interesting class of peripherals that could leverage the new custom app interface capabilities. And while it's certainly an interesting concept -- keeping tabs on your general health from the comfort of your own home -- we haven't really seen it catch on (only a [couple of products](#) come to mind). That isn't stopping iHealth; the company's blood pressure dock, available today from its online store (we're told it should be filtering through Apple's own channels later this month) ties in with a specialized iPhone / iPod touch / iPad app to monitor and track blood pressure from the comfort of your home, where theoretically there shouldn't be a stranger in a white coat making you extra nervous. In our brief time with the device, the interface seemed fairly intuitive and the whole process simple and not at all intimidating. The cost of entry is \$99.95 for the hardware; the free app should be hitting iTunes today. Press release after the break.

**iHealth Blood Pressure Dock hands-on**



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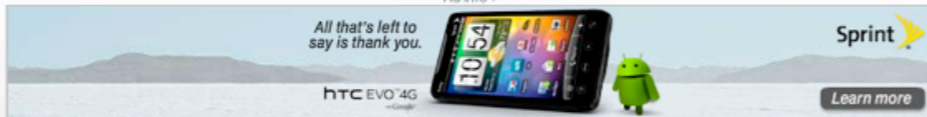
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January 4, 2011 5:00 AM PST

## CES: 'iHealth' iPhone, iPad blood pressure meter (hands-on)

by Jessica Dolcourt

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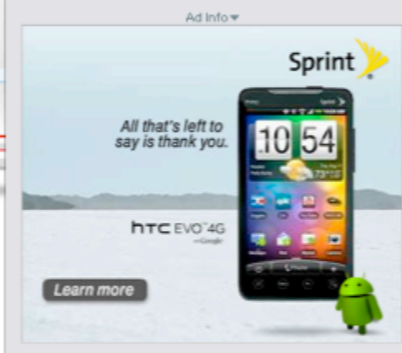


iHealth is a dock that's also a 'doc.'  
(Credit: iHealth)

You'd hardly know from looking at it that the white, half-mooned iHealth Blood Pressure Dock wasn't designed by Apple. The do-it-yourself blood pressure monitor has clean, minimalist curves and just a single button. It also has a 30-pin connector for your iPhone, iPod Touch, or iPad.

iHealth is one of those peripherals envisioned by Apple CEO Steve Jobs that doesn't just amplify the iOS devices' entertainment value, but can actually improve quality of life. At its core, iHealth is a blood pressure meter with an auto-inflating cuff peripheral. Instead of reading results to a digital console as do traditional home kits, iHealth results display in a corresponding iOS app.

We got a chance to play with the battery-powered iHealth unit on an iPhone 4 in the weeks leading up to CES. The free app is fairly well-designed with a large central button you press to activate the cuff. After a few seconds, the results (date, time, pulse, and systolic and diastolic numbers) appear in large font on the screen, alongside a flashing graph that shows where you are on the blood pressure scale. Additional features track your history, delete a readout, open the FAQ, and share results via e-mail. The app also calculates your average and compares your risk of hypertension to World Health Organization figures.



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### iHealth Launches Breakthrough Blood Pressure Self-Monitoring System for iPhone, iPod touch and iPad Joint hardware and app solution lets users test, track, and graph their blood pressure from home

Published: Tuesday, 4 Jan 2011 | 11:14 AM ET Text Size

LAS VEGAS, Jan 04, 2011 (BUSINESS WIRE) -- iHealth Lab Inc., a pioneering designer and manufacturer of digital personal healthcare products, today announced the launch of the iHealth Blood Pressure Monitoring System for iPhone, iPod touch and iPad. Comprised of a hardware dock, blood pressure arm cuff and iHealth App, this breakthrough product lets users self-monitor their blood pressure from the convenience of their home, and share the results with friends, family and most importantly, their doctor.

A recent report from Kaiser Permanente found that patients doing self-monitoring of their vitals were 50 percent more likely to have their blood pressure under control.

"Empowering people to manage their personal healthcare is our passion," said Yi Liu, CEO, iHealth Lab. "The future of health management starts with the individual. By identifying how daily activities affect one's vitals like blood pressure and heart rate, people can be more proactive about their personal healthcare." How It Works The iHealth Blood Pressure Monitoring System lets users measure and track their blood pressure and heart rate from the convenience of their iPhone, iPod touch and iPad. The system comes with a blood pressure arm cuff and a portable, battery-powered dock allowing for quick and easy set up. The dock also doubles as a charging station for all three IOS devices.

The companion iHealth App includes an easy-to-use interface with data and graphics that allow the user to view their blood pressure numbers, track them over time, and run reports. Users can easily access previously recorded data sets, view patterns by date and time of day and create custom graphs and charts.

Users can also instantaneously share the results with their doctor, or loved ones.

"Regularly monitoring blood pressure in a relaxed, consistent setting gives users the most reliable information on the status of their cardiovascular health," said Dr. Andrew Brandeis, a practicing physician at Care Practice in San Francisco. "More important, iHealth -- for the first time -- reveals trends

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## New products at CES: iHealth blood pressure monitor, data-syncing Health Tablet

Relaxnews

Wednesday, 5 January 2011

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**EDITOR'S CHOICE**

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This year's International Consumer Electronics Show (CES) in Las Vegas, January 6-9, will spotlight mobile health innovations at the Digital Health Summit, zeroing in on the burgeoning trend of DIY, at-home medical devices. Among the new products to look for: the iHealth Blood Pressure Monitoring System for iPhone, iPod touch, and iPad, announced January 4.



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The new device comprises a hardware dock, blood pressure arm cuff, and iHealth App to allow users to self-monitor their blood pressure and heart rate at home, and then share the results with their doctors.

The iHealth Blood Pressure Monitoring System (battery-powered docking station and blood pressure arm cuff) is available for \$99.95 (about €74) from iHealth99.com.

Announced on January 3, CES attendees can also catch a glimpse of Bluetooth-enabled eHealth technologies aimed for at-home use, such as a Bluetooth blood pressure cuff and weight scale from A&D and a Bluetooth pulse oximeter from Nonin Medical, allowing consumers to monitor chronic conditions at home and wirelessly transfer data to their health care providers.

Other new products in the health arena include the IDEAL LIFE Health Tablet, announced on January 4 and deemed the first tablet that automatically syncs data between healthcare provider information systems and patients' health records. The device will work on any cellular network, connecting consumers with their own health records when they need them, and is designed to help manage chronic illnesses like heart disease, hypertension, and diabetes.

The day-long Digital Health Summit conference, held on January 7, will also feature talks from industry leaders and will showcase companies utilizing technology to improve patient care. New technologies on display will include telehealth systems, therapeutic and diagnostic medical devices, medication monitoring equipment, mobile health devices, remote monitoring devices, robotic prosthetics, and secured wireless communication medical devices.

Dozens of speakers will share their ideas and insights, including headliner Colonel Ron Propatich, MD, deputy director of Telemedicine and Advanced Technology Research Center of the US Army. Also: Eric Taub, health writer at *The New York Times*; Andrew Arroyo, vice president of information technology of eCardo; Brian Bischoff, president and CEO of Healthsense; as well as top executives or medical directors from such companies as Cisco Systems, Qualcomm, Bluetooth Special Interest Group, Dell, Humana, and Texas Instruments, among many others.

This year, CES will also introduce the "Fitness TechZone," an area dedicated to showcasing high-tech innovations and tools for sports enthusiasts, for the first time. Look for devices such as digital weight scales, pedometers and fitness companions, software programs and applications, and peripherals and games for gaming systems.

Every year the International Consumer Electronics Show (CES) features thousands of exhibitors, and last year's event attracted more than 120,000 attendees.

<http://www.cesweb.org/>  
<http://digitalhealthsummit.com/>

# The Independent

<http://www.independent.co.uk/life-style/health-and-families/new-products-at-ces-ihealth-blood-pressure-monitor-datasyncing-health-tablet-2177244.html>

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**iHealth BP Monitor: First Medical Peripheral for iPhone**

**TOP 10**



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**Our Host: Robin Raskin**  
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**Where:** Las Vegas Convention Center, North Hall, 2011 International Consumer Electronics Show in Las Vegas

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**By:** Dieter Bohn Smartphone Experts

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**TOP 10 MOBILE APPS SHOWDOWN 2011**

**Developer's Description:** An Apple a day takes on new meaning with the first medical peripheral for the iPhone. You get a blood pressure cuff that connects your iPhone via a docking station or a 30-pin connector. Pressing a single button launches the app, inflates the cuff, and the measure your BP, pulse, date and time — all shown on a big easy-to-read display. iHealth tracks your history. And it'll alert you if one of your vital signs veer is abnormal. You can just email the results to your doctor. Apple sees this as just the beginning of a host of iOS based home health solutions.

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**Pro:** Medical devices that work directly with iOS devices are a no-brainer, so it's great to see iHealth lead the way into this space.

**Con:** The required dock isn't as mobile as a simple cable would be.

**Why it's a Finalist:** If there's a market where iOS peripherals can not only make a profit but also a difference, healthcare is it. iHealth's BP dock and app are providing much needed mobile tools in a space that's surprisingly bereft of quality solutions.

**Cost:** Free App with \$99.99 blood pressure cuff

**Category:** Lifestyle, Health

**Publisher:** iHealth Lab Inc.

**Platform:** iPad Touch, iPhone, iPad

**Try it Now!** http://www.ihealth99.com/

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### Health Care IT News

## Qualcomm, Telcare, iHealth to Unveil Health Monitoring Products at CES

By: Brian T. Horowitz  
2011-01-05  
Article Rating: ★★★★★ / 5  
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At CES, Telcare will show a 3G blood glucose meter featuring a Qualcomm wireless module, while iHealth launches a blood pressure monitoring application for the iPhone and iPad.

Mobile technology company Qualcomm has announced that it will integrate its wireless IEM (Internet of Everything Module) into health care technology provider Telcare's 3G-enabled 3GM blood glucose meter.

Announced on Jan. 4, the Telcare device will be on display at Qualcomm's booth at CES (the Consumer Electronics Show) in Las Vegas Jan. 6-9.

The new product is part of a growing number of consumer wireless devices that allow patients to monitor chronic conditions such as diabetes and share the results with caregivers, including physicians and family members.

Currently a prototype, Telcare's 3GM uses 3G networks to transfer a patient's blood sugar reading to a caregiver or physician's mobile device in real time.

"Real-time engagement with caregivers is particularly beneficial for parents and family members looking after diabetic children and elderly people, where family support can mean the difference between a good day and a trip to the emergency room," Jonathan Javitt, Telcare's CEO, said in a statement. Based in Bethesda, Md., Telcare also manufactures wireless scales and blood pressure cuffs.

Of American adults today, 1 in 10 have diabetes, according to Javitt, who adds that the prevalence of the disease might triple within 40 years.

Qualcomm's low-power IEM module allows mobile devices that support 3G to communicate with each other. It also supports Bluetooth for devices in closer proximity and features motion sensors, which can help track when patients might fall or need help. IEM modules integrate with wearable wireless mobile devices.

In addition, the IEM module incorporates GPS, an accelerometer and standard interfaces for BrewMP, Qualcomm's scalable mobile OS.

"Wireless connectivity is becoming widely recognized for its inherent benefits for both medical devices and the overall health care industry," Don Jones, vice president of business development for wireless health at Qualcomm, said in a statement. "The IEM provides these capabilities to enable people from all walks of life to better manage their health."

The integration of 3G technology with medical devices can reduce health care costs and enable underserved communities to gain more efficient treatment and

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## #CES - Blood Pressure Self-Monitoring

Gail Chiasson, North American Editor

iHealth Lab Inc., Mountain View, California, and Withings, a French startup, are both introducing blood pressure monitoring devices linked to the iPhone and iPad at the Consumer Electronics Show in Las Vegas this week.

iHealth Lab Inc., a pioneering designer and manufacturer of digital personal healthcare products, is introducing the iHealth Blood Pressure Monitoring System for iPhone, iPod touch and iPad.



Comprised of a hardware dock, blood pressure arm cuff and iHealth App, this breakthrough product lets users self-monitor their blood pressure from the convenience of their home, and share the results with friends, family and most importantly, their doctor.

Regularly monitoring blood pressure in a relaxed, consistent setting gives users the most reliable information on the status of their cardiovascular health. A recent report from Kaiser Permanente found that patients doing self-monitoring of their vitals were 50% more likely to have their blood pressure under control.

*"Empowering people to manage their personal healthcare is our passion," said Yi Liu, CEO, iHealth Lab. "The future of health management starts with the individual. By identifying how daily activities affect one's vitals like blood pressure and heart rate, people can be more proactive about their personal healthcare."*

The iHealth Blood Pressure Monitoring System lets users measure and track their blood pressure and heart rate. The system comes with a blood pressure arm cuff and a portable, battery-powered dock allowing for quick and easy set up. The dock also doubles as a charging station for all three iOS devices.

The companion iHealth App includes an easy-to-use interface with data and graphics that allow the user to view their blood pressure numbers, track them over time, and run reports. Users can easily access previously recorded data sets, view patterns by date and time of day and create custom graphs and charts, then share the results.

The iHealth Blood Pressure Monitoring System (battery-powered docking station and blood pressure arm cuff) is available for \$99.95 from iHealth99.com. The companion iHealth App is available for free from the App Store on iPhone, iPod touch and iPad, or at [www.iTunes.com/AppStore](http://www.iTunes.com/AppStore).

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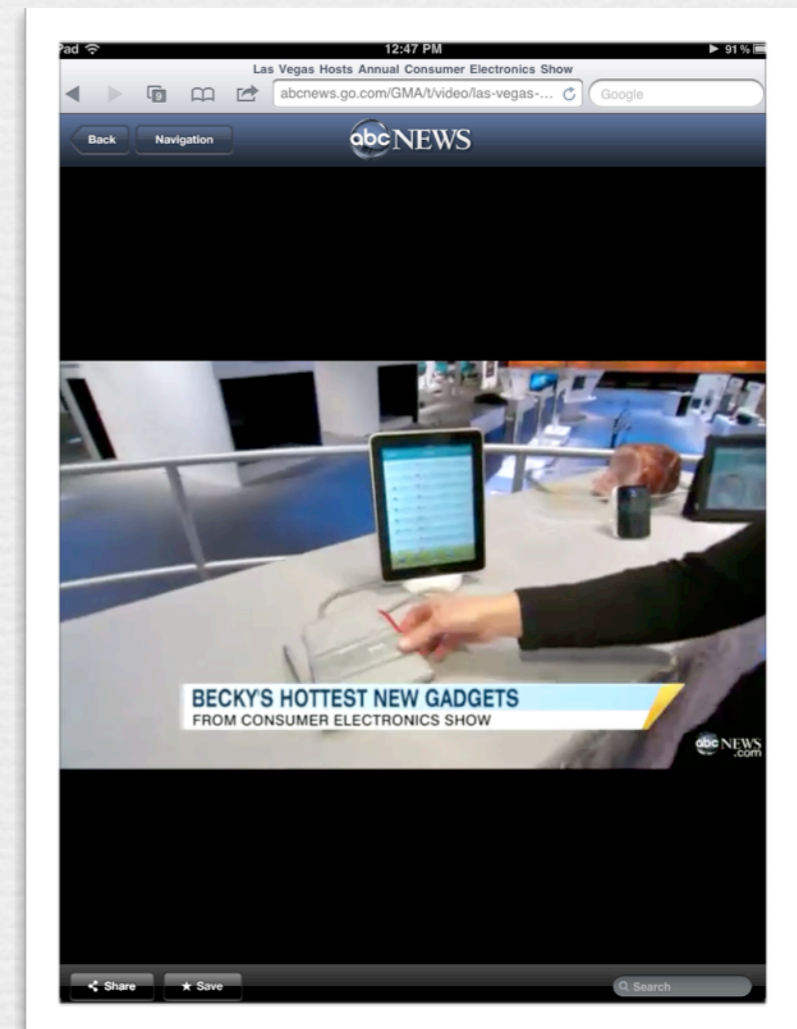
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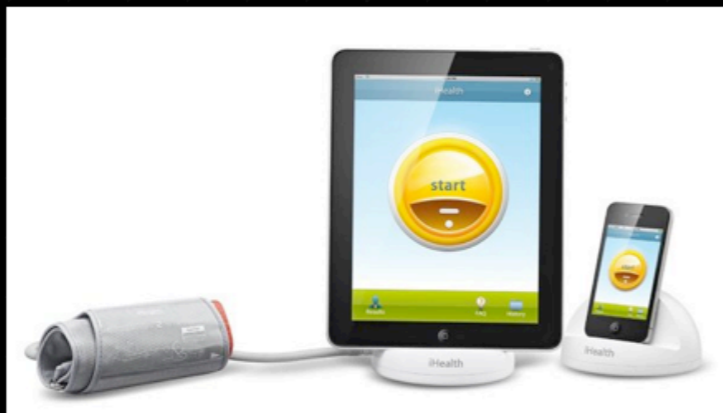
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It can be hard to differentiate yourself in the pocket cam market but Casio has managed to do so with the Tryx. The entire camera swivels and rotates inside a body frame doubling as a stand which could make for some interesting shots. The touch screen has the usual goodies like touch focus but the lens is some kind of magic. The tiny 12.1MP SMOS sensor shoots 1080p video inside a wide 21mm lens. THANK YOU Casio! Available this April for \$250.



Apple announced 3rd party accessory support in 2009 but I haven't really seen many compelling products since. The iHealth Blood Pressure dock saves me a trip to the pharmacy by letting me check my blood pressure in the comfort of my home. The accompanying app is quite beautiful and easy to use too.



Lenovo intends to keep the "World's Thinnest Desktops" award they'll probably do so thanks to the IdeaCentre A320. The specs aren't anything to write home about but the design is quite nice if not a bit contrived. Available this June for \$700.

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Health-Conscious Gadget Docks - The iHealth Blood Pressure Dock Puts Your Health in Your Hands (GALLERY)

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The iHealth Blood Pressure Dock Puts Your Health in Your Hands

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Playing Angry Birds on your iPhone and iPad is good, but checking your blood pressure using the iHealth Blood Pressure Dock is better. This revolutionary dock is designed to let you monitor your blood pressure from the comfort of your own home.

The iHealth Blood Pressure Dock looks and acts just like a regular blood pressure monitor. The dock comes with a standard cuff and a free app to help you manage your results. Gadgets that help people become more aware of their health are becoming increasingly popular. It can't be long before we see an iDialysis machine.

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# Gadgets Galore! Tablets Are Hot at Consumer Electronics Show

Stringless Guitar, Plus Touch-Screen TV Remote!

By BECKY WORLEY  
Jan. 5, 2010



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The 2011 Consumer Electronics Show is upon us and "GMA" has picked some great products to show you what the next year of gadgets has in store.



## Tablets, Tablets, Tablets

Asus is announcing three tablets, including the Eee Pad Transformer: it works as a stand-alone tablet but it also docks into a keyboard for added



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## What Happened to CES? Is the era ending?

It's been another year of insane coverage from CES. We've seen some great things, but the number of great things were heavily diminished by the number of "oh, me too" products on the market.



In 2011, we saw so many companies doing

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### Remains of the Rest

What's really unfortunate about how things went down this year is that there are some incredibly cool, useful products out there. Things such as the [iHealth system](#) seem, at this point, to need a show of their own in order to really stand out. Yes, they're still consumer electronics, but they're electronics that make a difference in people's lives instead of just being fun.

It gets more and more difficult with each passing year for products such as the iHealth to gain air time. Why? Because we're constantly being inundated with bigger and "better" versions of products that already exist and so it's hard to get face to face with those ones that don't. So that makes me wonder — is the era coming to an end? Are so many companies worried about keeping up with the proverbial Joneses that it has stifled true innovation? Let's hope that's not the case.

Maybe between now and CES 2012, the tablet wars and 3D mania will die down and companies will be forced to truly innovate in order to impress the gadget-worshipping masses. For now, if you want to check out all of the things that we found cool at this year's CES, make sure to take a browse through [TNW Gadgets](#).

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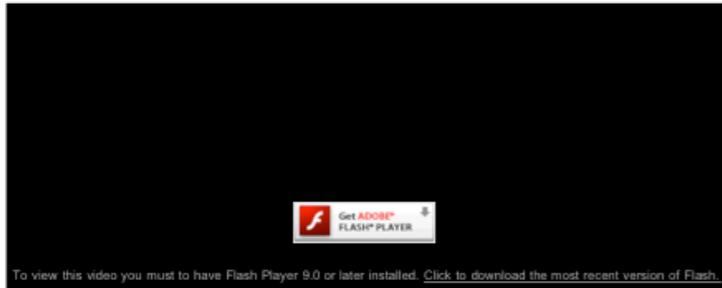
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This high tech idea to help keep your blood pressure in check.

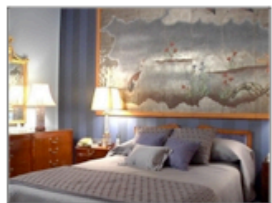
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Over the weekend, crews worked to install a brand new look for the downtown studios of NBC San Diego. Let us know what you think. [Comment](#)

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Sean Caruthers speaks with Dr. Andrew Brandeis of iHealth Lab about his company's new BP3 Blood Pressure Dock. This dock allows you to take blood pressure readings and save results on an iOS device. While hearing about it, Sean is able to get a (hopefully inaccurate) blood pressure reading.

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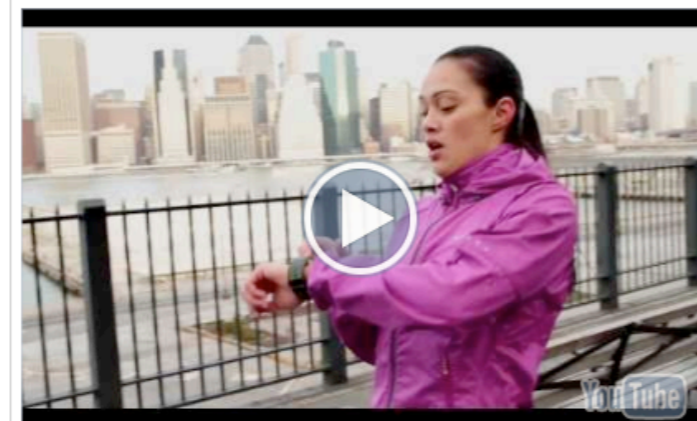
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iHealth Blood Pressure Monitoring System for iPhone, iPod and iPad



The [iHealth Blood Pressure Monitoring System](#) is a dock for Apple's three most pervasive gadgets that helps you track your blood pressure and heart rate. With its built-in arm cuff and battery-powered dock — and your iPhone, iPod or iPad — the iHealth system lets you measure your heart rate from just about anywhere. The companion iHealth app tracks your measurements and lets you run reports, create graphs and send data sets to your doctor.



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5 New Gadgets for Health and Fitness From CES 2011: Sport Watches, Blood Pressure Monitors and Portable ECGs

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The Consumer Electronics Show in Las Vegas is always a gadget extravaganza, and these new gadgets for health and fitness from CES 2011 show off the best upcoming innovations. We've focused on five of our favorite tech toys — the Nike+ Sport Watch GPS with TomTom, the iHealth Blood Pressure Monitoring System, the AliveCor iPhone ECG, the Withings Blood Pressure Monitor and the Smartfish Engage Keyboard with ErgoMotion — for their breakthrough form, function and focus on health and fitness.

Nike+ Sport Watch GPS With TomTom

We've featured the Nike+ system before at CalorieLab, and at CES 2011, Nike unveiled the Nike+ Sport Watch GPS, created in collaboration with GPS navigation company TomTom. The intuitively designed watch has a tap-sensitive navigation screen and three buttons. Its GPS-tracking capabilities work with the Nike+ shoe sensor to deliver the most accurate pace and distance data possible; however, you don't need the Nike+ sensor to use the watch for your workouts. It's also compatible with heart monitors for even more data monitoring. Run reminders, recognition for personal rewards and ongoing encouragement keep you motivated before, during and after each run. After your workout, just plug the watch into the USB port on your computer to send your information to NikePlus.com.

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## iPad Tells Blood Pressure with iHealth Blood Pressure Monitoring System

Posted on 12 January 2011

Tags: [blood pressure](#) [control](#) [iHealth free app](#)



It's always convenient to do a self-check up at home like knowing your blood pressure when you're not feeling well. To add sugar to the crop, it will be done through your iPad, iPhone, or iPod touch.

iHealth Lab Inc. has released iHealth Blood Pressure Monitoring System for iPad that will work with other iDevices, such as the iPhone and iPod touch, as well.

The innovation from iHealth Lab Inc. includes blood pressure arm cuff, a dock, and an iHealth [iPad application](#) that let's users have the convenience of measuring their blood pressure at home.

Since it will be done on their iDevice, they can easily share the results with friends, families, and doctors.



Recent studies show that 50 percent of people who are tracking their blood pressure have their blood pressures under control.

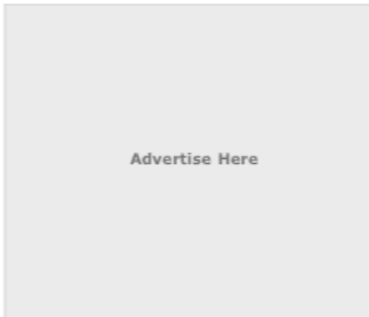
According to **Yi Liu**, the iHealth Lab CEO, health management starts when every individual knows his health condition through vital signs like blood pressure and heart rate, and this is when people will start to be conscious of their health.

iHealth Blood Pressure Monitoring System for iPad allows iPad users to view their blood pressure, compare it on a daily basis, and run reports through [easy-to-use interface](#) that includes data and graphics.

Previous results can easily be viewed by iPad users since those are saved on the tablet. Users can even create their own graphs and [presentations](#) based on the data collected daily.

iHealth Blood Pressure Monitoring System for iPad with its blood pressure arm cuff and battery-powered docking station is now available at [iHealth99.com](#). for \$99.95.

The iHealth iPad application can be downloaded for free through the App Store.



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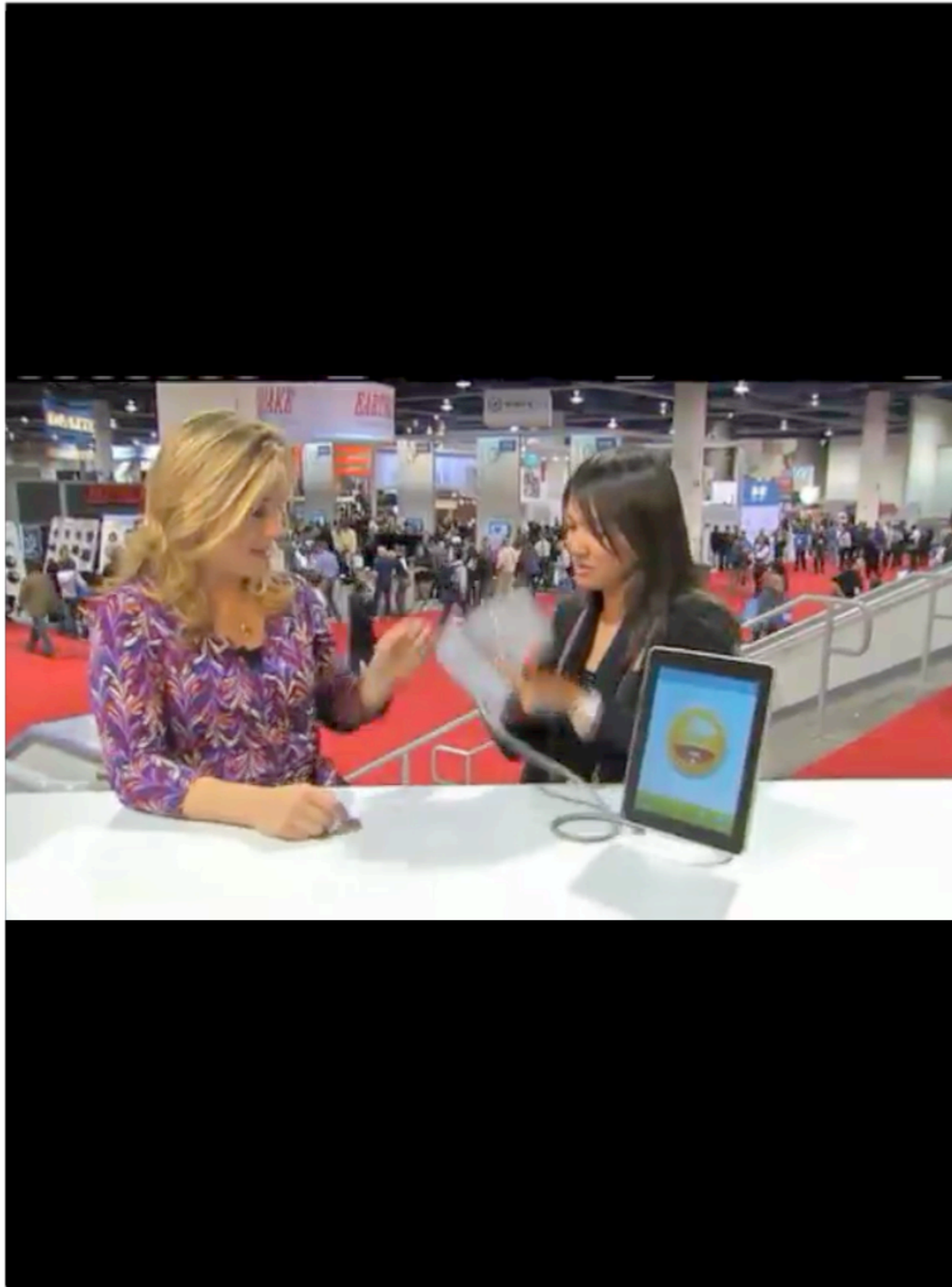
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# CES: iHealth BP3 Blood Pressure Monitor

By First Take, 13 January, 2011 23:31

### About this blog



**ZDNet UK First Take**  
Reports and initial impressions of new IT products

One of the trends we spotted at this year's CES was an explosion in tools for personal health monitoring, from devices that monitor homes for movement patterns to personal brainwave monitors that track just how you sleep. One thing that drew a lot of the devices together was support for cloud services, for sharing information, and the ability to use mobile devices as user interfaces.

iHealth's BPM3 Blood Pressure Monitor caught our attention, as it brought several of these trends together in one device. Looking like a piece of Apple hardware with its smooth white lines, the BP3 is an iPhone/iPad dock with a difference — under the white dome is an automatic blood pressure monitor, with all the control software running on the connected iOS device. That last point is what really makes the difference, as it simplifies what could otherwise be a complex piece of medical equipment.

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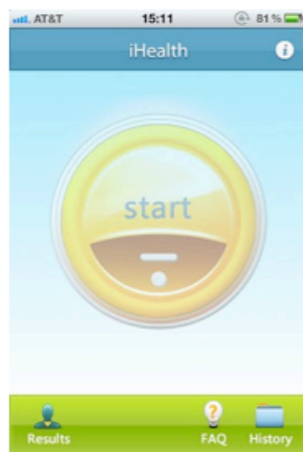
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iHealth's BP3 blood pressure monitor and dock

We downloaded the latest version of the control and analysis software from the iTunes store, and connected the BP3 to an iPhone 4. Measuring blood pressure is very simple: just fit the cuff to the BP3 dock, sit down and wrap it around your arm. All you need to do is press the big yellow start button, and BP3 does the rest. The cuff automatically inflates and deflates (with a pump and pressure sensors inside the dock), and you can watch the measurement traces on the iOS device screen. You will need to keep the BP3 charged, as it has its own internal battery, using the included USB cable.



Tap to start!

Once you've measured your blood pressure, you get a clear display of the results, with a colour-coded bar warning of any possible risks to your health. You can track your blood pressure history, allowing you to start determining what might raise your blood pressure, and allowing you to start taking remedial steps. What the BP3 gives you is very simple: the ability to keep tabs on your blood pressure throughout your life, rather than at periodic visits to the doctor. It's a change in the way we do health, bringing monitoring into the home and making it understandable.

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## iHealth: Track Down Your Blood Pressure Using iPhone

by JANE THOMSON on JANUARY 16, 2011

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5 The iPhone, for most users, is a tool for [communications](#), entertainment and high speed web browsing. Now, with [technology](#), simplifying pretty much every human endeavor possible, the mobile phone can now be used as an instrument for knowing and monitoring your blood pressure. Sounds absurd? Wait till you download iHealth [application](#). It's just what the doctor ordered.

[iHealth](#) features the accurate monitoring of blood pressure, much more effective than previous [iPhone applications](#) released. Not only can you log your blood pressure onto [your phone](#), you can also use it in the same way as the actual medical instrument designated for securing one's BP, the sphygmomanometer. A blood pressure arm wrap will soon be released to bolster the functionality of the phone application. It comes with a charging dock, which is quite handy.

With the BP measuring instruments [installed](#), taking your blood pressure is really simple. Place the wrap onto your arm, and then give the iHealth a go. Apart from displaying your blood pressure, it stores the results on its database, so you can monitor the rates and apply the necessary changes in lifestyle, if necessary. You might as well consult your doctor, once you notice that your BP rate is beginning to fluctuate to unhealthy levels.

Health conscious folks can also use iHealth before and after exercise. It can help them identify their fitness levels, paving the way for improved fitness plans. As you may have noticed, a lot of serious runners use portable BP units during their practice runs.

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For better or for worse, the iPhone application, it comes with a charging dock, which is quite handy.

With the BP measuring instruments [installed](#), taking your blood pressure is really simple. Place the wrap onto your arm, and then give the iHealth a go. Apart from displaying your blood pressure, it stores the results on its database, so you can monitor the rates and apply the necessary changes in lifestyle, if necessary. You might as well consult your doctor, once you notice that your BP rate is beginning to fluctuate to unhealthy levels.

Health conscious folks can also use iHealth before and after exercise. It can help them identify their fitness levels, paving the way for improved fitness plans. As you may have noticed, a lot of serious runners use portable BP units during their practice runs.

[iHealth](#) features the accurate monitoring of blood pressure, much more effective than previous [iPhone applications](#) released. Not only can you log your blood pressure onto [your phone](#), you can also use it in the same way as the actual medical instrument designated for securing one's BP, the sphygmomanometer. A blood pressure arm wrap will soon be released to bolster the functionality of the phone application. It comes with a charging dock, which is quite handy.

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Monitoring one's blood pressure requires a little medical knowledge. So, for those who don't know much about BP rates, you can use iHealth to record your blood pressure for a few days. Afterwards, you can show or [email](#) the results to your doctor. From there, he or she can judge if you are in perfect health or if you may need to alter a few things in your everyday life.

iHealth appears to be a revolutionary iPhone application, given its haul of benefits. Imagine using your phone to improve your health, even your way of living. At the price of \$99.95, you'll realize that not everything nifty is too good to be true. To support more Apple users, it works with the iPhone, iPad and iTouch units. You can download the app from the [App Store](#) and purchase the blood press dock from [here](#).

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