

PREVENTION

# Family Connects Durham

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Family Connects Durham (formerly Durham Connects) is a community-wide nurse home visiting program for all parents of newborns, regardless of income or socioeconomic status. Our mission is to increase child well-being by bridging the gap between parent needs and community resources. Registered nurses support all families in Durham County, North Carolina by providing no-cost postpartum home visits.



## SIGN UP FOR A HOME VISIT


Family Connects Durham offers a free nurse home visit to families of newborns in Durham County, North Carolina. Schedule your visit today!

[SIGN UP](#)




## FOR FAMILIES


Congratulations on the arrival of your child! We believe that every family needs support after bringing home a baby. The needs are different in each family – from help with feeding and safe sleep to getting information about child care and parenting groups. Family Connects Durham (formerly Durham Connects) supports parents like you by offering a free home visit by a registered nurse. The nurse will provide a child health check, answer your questions, and link you with community resources to connect your child to a healthy future.

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- [WHEN WILL MY NURSE HOME VISIT HAPPEN?](#) 


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  - [WHAT HAPPENS DURING A VISIT?](#) 


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  - [WHAT HAPPENS AFTER MY VISIT?](#) 


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  - [IS THERE ANY COST FOR A NURSE HOME VISIT?](#) 


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  - [I HAVE A PEDIATRICIAN/FAMILY DOCTOR. WHY DO I NEED A NURSE HOME VISIT?](#) 


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  - [WHY IS THE PROGRAM FOR ALL FAMILIES WITH NEWBORNS? SHOULDN'T WE FOCUS ON HIGH-NEED FAMILIES INSTEAD?](#) 


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  - [WHAT CREDENTIALS AND EXPERIENCE DO FAMILY CONNECTS DURHAM NURSES HAVE?](#) 


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  - [WILL MY NURSE SPEAK SPANISH OR ANOTHER LANGUAGE OTHER THAN ENGLISH?](#) 


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  - [HOW DID YOU GET MY CONTACT AND BIRTH INFORMATION?](#) 


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  - [I AM NOT A RESIDENT OF DURHAM COUNTY, NORTH CAROLINA. AM I ELIGIBLE FOR A NURSE HOME VISIT?](#) 

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  - [I AM A DURHAM COUNTY RESIDENT BUT MY BABY WAS BORN ELSEWHERE. AM I ELIGIBLE FOR A NURSE HOME VISIT?](#) 

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  - [DOES MY U.S. RESIDENCY STATUS AFFECT MY ELIGIBILITY FOR A NURSE HOME VISIT?](#) 

## FOR PROVIDERS

The Family Connects model is an evidence-based, universal approach to supporting newborns and their families that is based on the highly-successful Family Connects Durham program (formerly Durham Connects). The goals are to connect with each parent after the birth of the child, offer supportive guidance to families, link families to needed community resources, and help parents connect with their child. Registered nurses offer between one and three home visits and ensure families are connected back to their medical home for continued care.

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- [HOW DO I REFER A FAMILY FOR A NURSE HOME VISIT?](#) 

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  - [WHAT IS THE EVIDENCE TO SHOW THE PROGRAM WORKS?](#) 

## COMMUNITY?

Family Connects Durham is a program of The Center for Child & Family Health, in partnership with the Duke Center for Child and Family Policy, Durham County Department of Public Health, and Durham County Department of Social Services. It is funded by The Duke Endowment, Durham County Government, United Way of the Greater Triangle, as well as other local grants and partnerships. Providing in-home nurse visits to every parent in Durham County is a large endeavor, and many groups have contributed to its launch and success. The Community Advisory Board, which consists of local partner agencies, meets quarterly to provide guidance, strengthen community collaboration, and share community updates.

## Contact Us

Bilingual Program Support Specialist: Venessa Baez  
(919) 385-0777

For inquiries about how to implement the Family Connects model in your community, contact [Family Connects International](#).

For general inquiries about Family Connects Durham, please complete the form below.

Name *	<input type="text"/>
Phone	<input type="text"/>
Email *	<input type="text"/>
Message *	<input type="text"/>

**SUBMIT**

## Staff

Family Connects Durham employs highly qualified and specially trained registered nurses to perform postpartum home visits. We also have a wonderful support team to schedule visits, give special support, conduct follow up phone calls, maintain our records, and manage the office.



**Karen Appleyard Carmody, PhD**  
Director of Early Childhood Prevention Programs



**Paula Wright, RN, BSN, IBCLC**  
Director of Clinical Services



**Debra Best, MD, FAAP**  
Medical Director



**Karen Halpin, RN, BSN, IBCLC**  
Nurse Home Visitor



**Ruby Mendoza, RN, BSN, BA**  
Nurse Home Visitor, Bilingual English/Spanish



**Debbie Overstreet, RN**  
Nurse Home Visitor, Bilingual English/Spanish



**Gina Rose, RN, BSN, IBCLC**  
Nurse Home Visitor



**Margot Stern, RN, BSN**  
Nurse Home Visitor



**Lyn Steuart, RN, BSN**  
Lead Nurse, Nurse Home Visitor



**Emily Wright, MSN, CNM**  
Nurse Home Visitor, Nurse Training Specialist



**Venessa Diaz**  
Program Support Specialist, Bilingual English/Spanish



**Caitlin Georgas, MSW**  
Community Alignment Specialist



**Heather Trimarchi**  
Program Support Specialist

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**Ben Goodman, PhD**  
Director of Program Evaluation

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**Karen Pope, BS**  
Data Analyst

# NEWS

Follow Family Connects Durham on social media and read news about the program:



## SUPPORT CCFH

With your help, CCFH can transform the reality of childhood trauma into hope for a healthy future.

[DONATE NOW](#)



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CHILD & FAMILY  
HEALTH

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