



**Flex your brain**

This month, challenge yourself to try a new hobby or activity, to stimulate your mind and boost intellectual wellness.

[Join the Challenge!](#)

ASDA is a national student-run organization that protects and advances the rights, interests, and welfare of dental students. [Learn about us →](#)

**Advocacy**

**Do your part to reduce barriers to care**

The Action for Dental Health Act will help reduce barriers to care by bringing dental care and education to underserved communities by funding volunteer projects like Give Kids A Smile and Mission of Mercy. Help ASDA advance this cause by reaching out to your legislator to co-sponsor the bill.

[Contact your representative →](#)

**Publications**

**Dental Residencies**

"According to a 2016 survey of dental school seniors, the American Dental Education Association reported that 33.8 percent of graduates pursue residency." Read the latest issue of Contour for more on dental residencies.

[Latest issue: June/July 2017 →](#)  
[View all ASDA publications →](#)

**What's Your REASON?**

to explore PRIVATE PRACTICE

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**New & Noteworthy**

**Fourth of July**

ASDA's office will be closed for Independence Day on Monday, July 3 and Tuesday, July 4. We will reopen on Wednesday, July 5. Have a great holiday!

**National calendar**

Keep up with ASDA events on this useful calendar. Chapter and district leaders can add their own events as well.

[View now →](#)

**ASDA Bookshelf**

Browse ASDA's library of books recommended by members and alumni to expand your knowledge of leadership and financial and practice management. Complement your clinical training with CE courses covering hundreds of topics.

[Learn More →](#)

**Tips for the ADEA AADSAS Application**

Completing the ADEA AADSAS is an important step to applying to dental school. The application website opened on June 1 for the 2017 cycle. Visit our webpage for advice on the application process, plus if you're a member, get exclusive access to our application toolkit.

[Learn More →](#)

**Summer of ASDA**

Whether you travel to faraway places or stay close to home, we want to see what you're up to. Share your summer activities on Instagram and tag #SummerofASDA.

[Learn More →](#)

**Management of third molar teeth.**

Explore a career in oral and maxillofacial surgery.

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**Member Spotlight**

**Brandon Allison**

The moment that solidified dentistry for me was when my dad's office burnt down three years ago. I knew his patients adored him with all of the treats and gifts he would bring home, but I had no idea how deep the relationships actually were.

[Learn More →](#)

**Sophia Mohseni**

I am most nervous about the fast-paced dental school curriculum. This curriculum encompasses both academic and clinical work, and while it's something I know I can achieve, I also know it will challenge every lesson I have been taught in undergrad.

[Learn More →](#)

**Kelly Holst**

I began my dental career as a dental hygienist and developed a passion for patient care. Even though I loved my job, I eventually wanted to see patient treatment through from start to finish instead of just handling the preventive aspect, so I decided to go back to dental school.

[Learn More →](#)