

Health & Household > Health Care

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Vida Industries Grounding Mat Earthing Pad - Premium Ground Therapy Mats for Sleep - Breathable Earthing Sheet for Full Size Bed (54 x 72) - Improve Sleep and Promote Wellness

Brand: Vida Industries
 ★★★★★ 43 ratings

\$164⁹⁷

FREE Returns

Get \$50 off instantly. Pay \$114.97 upon approval for the Amazon Rewards Visa Card.

Size	54x72 Inch (Pack of 1)
Closure Type	Pull On
Product Care	Hand Wash Only
Instructions	
Water Resistance Level	Not Water Resistant
Material	Faux Leather

About this item

- Invest In Your Wellbeing with a breathable earthing mat grounding pad that will mimic earth's electric potential and help your body relax faster, feel grounded, and immediately reconnect to earth's current.
- Change The Way YOU Sleep from the ground up with the Vida Industries premium earthing mat, which is specially designed to help heal your body, reduce stress, and offer you a unique sleeping experience.
- Create A Safe & Comfortable Haven for you and your loved ones. If you like sleeping outdoors on the grass or the ground, you will love this grounded sleep mat, which may help reduce inflammation and improve your immune function.
- Earthing Bed Mat For Full OR Queen Size Beds: Available in 2 sizes - Full Size: 54 x 72 inches and Twin Size: 27 x 72 inches - our universal grounding therapy sleep mat will fit all twin size and full size beds.
- Premium-Quality Grounding Mattress Pad: Made from 100% conductive carbon leatherette, our breathable and comfy grounding sleep mat comes with elastic straps that can be fitted to thick mattresses and stay firmly in place.



\$164⁹⁷

FREE Returns

FREE delivery Sunday, February 12

Or fastest delivery Thursday, February 9. Order within 7 hrs 20 mins

Select delivery location

In Stock.

Qty: 1

Add to Cart

Buy Now

Secure transaction

Ships from Amazon

Sold by RAMM INDUSTRIES INC

Return policy: Eligible for Return, Refund or Replacement within 30 days of receipt



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Note: Products with electrical plugs are designed for use in the US. Outlets and voltage differ internationally and this product may require an adapter or converter for use in your destination. Please check compatibility before purchasing.

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Buy it with



Total price: **\$194.95**

Add both to Cart

i These items are shipped from and sold by different sellers. [Show details](#)

- This item:** Vida Industries Grounding Mat Earthing Pad - Premium Ground Therapy Mats for Sleep - Breathable Eart... **\$164.97**
- Grounding Mat Kit -Universal Grounding Mat (10 x 26.7") for Healthy Grounding Energy with Grounding Wristband ...** **\$29.98 (\$29.98/Count)**

Products related to this item

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Vida Industries
Grounding Mat Earthing
Pad - Premium Ground
Therapy Mats for...
★★★★☆ 30
\$117.95 ✓prime



PANBMAO Brand
Grounding Mat with
Grounding Cord, 27x71
Inch Grounding Sleep...
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\$58.99 ✓prime



CONDUCTIVE Brand
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Customer Rating	★★★★☆ (43)	★★★★☆ (125)	★★★★☆ (36)	★★★★☆ (174)
Price	\$164 ⁹⁷	\$79 ⁹⁸	\$75 ⁸⁶	\$28 ⁹⁹
Shipping	FREE Shipping. Details	FREE Shipping. Details	FREE Shipping. Details	FREE Shipping. Details
Sold By	RAMM INDUSTRIES INC	PUPPYMATE	xinniushuinan	EMF Shielding
Size	54x72 Inch (Pack of 1)	54x71 Inch (Pack of 1)	54*78 Inch	52x27 inch

Product Description

Here's How You Can Enjoy The Immense Health Benefits Of Grounding Therapy At The Comfort Of Your Home! Want an earthing pad for your full or queen-size bed? If you are reading this, then you are probably familiar with the principles of grounding therapy. Introducing The Vida Industries Earthing Mat Grounding Pad For Bed! Now you don't have to settle for cheaply-made earthing products that fall apart after a few months. The Vida Industries grounding mat is specially designed to offer you that unique sensation of sleeping on the ground and help your body heal using the earth's natural healing powers. Top 5 Ways Our Earthing Mat Kit May Improve Your Life: Alleviate Inflammation, Enhance Sleep Quality, Improve Blood Circulation, Reduce Stress & Anxiety and Support Immune Function. Top 3 Reasons To Choose Our Grounding Mat: Luxurious Materials: unlike other low-quality grounding sheets for earthing, our premium sleep mat is made from 100% deluxe carbon leatherette, which is conductive, breathable, and ultra-comfy. Fuss-Free Design: the handy elastic straps will keep your grounded beauty sleep mat firmly in place even if you toss and turn at night. No need to readjust the grounding pad every single morning. Twin & Full Size Available: our bed grounding mat comes in two convenient sizes (twin and full-size) so you can pick the one that covers your needs. You can even use the twin size to cover half your king bed. Click "Add To Cart" NOW & Prepare For A Soothing Night's Sleep! Disclaimer: Results are NOT overnight and typically take 2-4 weeks.

Product information

Product Dimensions	72 x 54 x 20 inches
Item Weight	3.34 pounds
Manufacturer	Vida Industries
ASIN	B08GQHYVPP
Customer Reviews	★★★★☆ 43 ratings 4.3 out of 5 stars
Best Sellers Rank	#291,164 in Health & Household (See Top 100 in Health & Household) #80,281 in Health Care Products
Date First Available	August 26, 2020

Warranty & Support

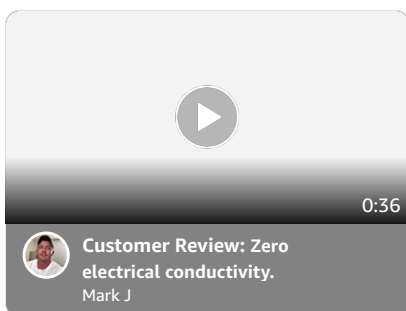
Product Warranty: For warranty information about this product, please [click here](#)

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Videos for this product



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Products related to this item

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\$117.95 ✓prime



PANBMAO Brand Grounding Mat with Grounding Cord, 27x71 Inch Grounding Sleep...
★★★★☆ 41
\$58.99 ✓prime



KooMall Large Grounding Mat, Grounding Yoga Mat 72x24 Inch, Exercise...
★★★★☆ 19
\$79.99 ✓prime



2 Pack 30x13 Inch Grounding Mat with Beautiful Green Grass Printed, Grounding...
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\$49.99 ✓prime

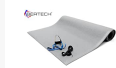


GroundLuxe Organic Fitted Grounding Sheet - for King Size Bed
★★★★☆ 137
\$189.99 ✓prime

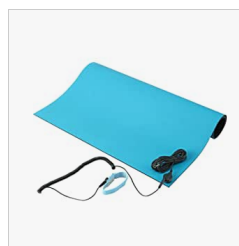
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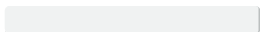
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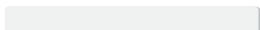
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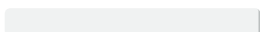
★★★★☆ 4.3 out of 5

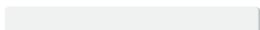
43 global ratings

5 star  60%

4 star  21%

3 star  9%

2 star  5%

1 star  5%

▼ [How customer reviews and ratings work](#)

Top reviews ▼

Top reviews from the United States

 Kindle Customer

★★★★★ **I sleep better**

Reviewed in the United States 🇺🇸 on January 19, 2023

Verified Purchase

since using this I have sleep better and deeper, I used to flip dozens of times during the night and now I wake up in the same position I laid down in and I have no more aches and pains

Helpful

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 Jacob

★★★★☆ **Grounding Sheet**


Reviewed in the United States 🇺🇸 on December 2, 2022

Verified Purchase

It definably made my bed feel a lot more form and I'm not really sure why I'm think it could be my weight more spread out across the mat. I feel like it might be a placebo effect so I'm not sure that it works. I'm a little bit science based mind and the science behind it doesn't really make since to me. But I know some people that say that can't sleep without it and it really works. I think it is a bit over priced and I don't think it did anything for me. Also it doesn't have instructions and so it takes some figuring out how to plug it in not too hard though.

Helpful

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 May Media

★★★★★ **Comfortable, pain relieving, and amazingly deep restful sleep**

Reviewed in the United States 🇺🇸 on February 14, 2022


Verified Purchase

This earthing mat is amazing and my husband and I are very happy that we bought this. It fits easily and to the edges of our Queen size bed (we bought the double size). The mat is comfortable and soft to sleep directly on, if wanting the full benefits with skin contact. We are both waking up feeling refreshed and alive and full of beans after only 5-6 hours sleep on this mat, normally we would need 8 hours each and we would still feel stiff and sore getting up in the morning. This mat obviously dramatically improves sleep and reduces inflammation. We feel we are getting better quality sleep and in a reduced number of hours. We have only been using this mat for 3 nights, however was our experience after the first night! Definitely do yourself a favor and try this.

11 people found this helpful

Helpful

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 Suzy VanderKarr

★★★★★ **This is by far the best earthing mat I have ever slept on!**

Reviewed in the United States 🇺🇸 on April 18, 2022


Verified Purchase

I love how it fits under my sheets . I don't even notice it's there. Even the dog sleeps on it when her arthritis flares up. I'm sleeping much better. I unplugged it for a month to see if I noticed a difference. Found myself sleeping more restless and consuming more turmeric. I won't be unplugging it again. Ever! I love it.

11 people found this helpful

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 Pam Oken-Wright

★★★★★ **No More Waking Up In Pain**

Reviewed in the United States 🇺🇸 on July 23, 2021

Verified Purchase

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With complex health issues, I was waking up often in the night in pain, needing to change positions to find relief. The first night I used the Earthing Pad was the first night in years that I did not wake up because of body pain. The pad is comfortable and cool (I tend to sleep hot, so all I have to do is move my feet and I can find a cool spot). I sleep directly on the pad (though they say you can put a sheet over it, that didn't work as well for me). It works so well for me my doctor has suggested I get a smaller one to use under my feet when I am sitting.

6 people found this helpful

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Penelope Abbott

★★★★★ **I get up in the morning not feeling stiff!**

Reviewed in the United States 🇺🇸 on April 9, 2022

Verified Purchase

I thought I would try the Vida Grounding mat with its affordable price and it took a couple of weeks to notice I was waking with out back stiffness as before. My senior body looks forward to bed at night to release the days tensions in my back and legs.

6 people found this helpful

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Joan Ballinger

★★★★★ **Definitely a difference, avoid Meds where you can**

Reviewed in the United States 🇺🇸 on March 5, 2022

Verified Purchase

We've used it 1 week and notice a difference in energy, clarity, and swelling. Compared to Dr's and pills that just mask pain, this is a bargain. Easy to use, the full fits fine on our Queen bed. Shipped quickly. I've recommended this to several friends already.

7 people found this helpful

Helpful

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Jennifer Ganske

★★★★★ **Great product.**

Reviewed in the United States 🇺🇸 on September 20, 2020

Verified Purchase

Wow! That's all I can say. I was experiencing terrible back and neck pain. My chiropractor wasn't able to do much more to relieve my pain. He recommended I watch "The Earthing Movie." I did. I immediately got on Amazon and ordered this full mat after watching the film. I've been using the mat now for a week, while I sleep at night, and I am experiencing a noticeable pain DECREASE in my neck and back. My chiropractor has noticed the tension dissipate and has been more effective at moving me back into place. Thank you!

18 people found this helpful

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🇺🇸 United States

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