



# MOST GRIP Handle Grips For Sporting Equipment Arm Strength Pull Up Grips Resistance Band Grips Workout Grips

**\$19.90**

Posted for sale: May 10, 2022

Brand: **MOST GRIP**

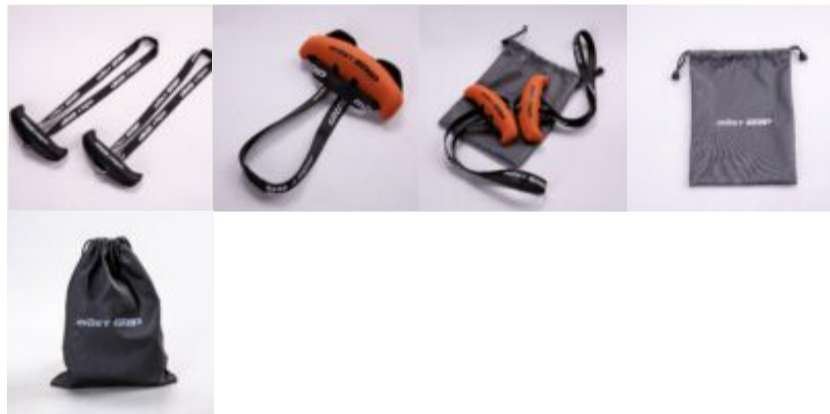
Material: Nylon, Silicone, Thermoplastic Elastomer (TPE)

Color: Black and Orange

SKU: 1 Category: Articles for daily use

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## Description

## Reviews (0)

Natural grip positions:

When doing deadlifts, pull-ups or other exercises, it helps to reduce

the rotational stress on your wrist, making it easier to lift continuously

By changing the different holding postures and rotation movements, You can add more moves in pull-ups , deadlift.

The use of most grip is practically changing the way how your shoulders get loaded. The joint is not being exposed to maximum stress levels anymore which in turn implies in less cartilage damages

Portable and Easy to use

This pull up handles light and strong, come with a small storage bag, smart and portable, you can carry it to everywhere Easy to attach, they can attach to bars, resistance bands, barbells, home gym equipment, cable machines, etc.

Product Name: Ergonomic pull up handles

Package: 2 x handles, 1 x storage bag

Size: 13 x 8 x 4 cm

Note: Shorten straps may take a few practices until you can do it smoothly !

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