

26	}	Fat	65.9 g
27	}	Saturated fats	0.0 g
		Trans fats	0.0 g
		Other	

A Complete Toolkit

Suggestic offers the most powerful and flexible tools to build personalized nutrition solutions. Whether you're creating a DNA-based meal planner or an employee wellness coaching app, Suggestic's powerful APIs and unmatched functionality will help you create the best possible experience for your users.

Create plans and programs

Set up rules and triggers targeting user profiles, foods, macro, and micronutrients. Or select from over 25 pre-sets.

Personalize

Set up your user's profiles with custom parameters and goals. Import data from assessments, devices, lab tests, and other sources.

Meal Plans

Generate meal plans based on your user's profiles, preferences, and restrictions.

Shopping Lists

Turn recipes and meal plans into shopping lists.

Shoppability*

Make recipes and grocery lists shoppable at major retailers.

Food Logging

Create a list of aggregated meal nutrients for the given date ranges.