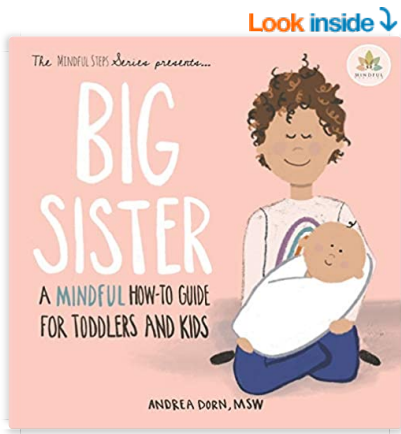


307

Big Sister: a mindful how-to guide for toddlers and kids and millions of other books are available for **Amazon Kindle**. [Learn more](#) Sponsored

[Back to results](#)



Big Sister: a mindful how-to guide for toddlers and kids (The Mindful Steps Series) Paperback – June 26, 2020

by [Andrea M Dorn](#) (Author)

2 ratings

Book 3 of 3: [The Mindful Steps Series](#)

[See all formats and editions](#)

Kindle
\$0.00

Read with [Kindle Unlimited](#) to also enjoy access to over 1 million more titles
[\\$2.99](#) to buy

Paperback
\$9.99

2 New from [\\$9.99](#)

Follow our big sister character, who just happens to have the same name as your child, (no need to personalize, see how in the book!) through a step-by-step guide on what happens as you become a big sister. Written with child psychology in mind, this simple, yet [Read more](#)



"Grumpy Groundhog" by Maureen Wright

It's Groundhog Day, and everyone is gathered to find out if it's time for spring. But Groundhog does NOT want to leave his cozy bed in his cozy den. | [Learn more](#)



[See all 2 images](#)

Follow the Author



Andrea Dorn

+ Follow

Frequently bought together



+



Total price: **\$19.98**

[Add both to Cart](#)

[Add both to List](#)

One of these items ships sooner than the other. [Show details](#)

This item: Big Sister: a mindful how-to guide for toddlers and kids (The Mindful Steps Series) by Andrea M Dorn Paperback **\$9.99**

Big Brother: a mindful how-to guide for toddlers and kids (The Mindful Steps Series) by Andrea M. Dorn Paperback **\$9.99**

kindleunlimited

Included with a Kindle Unlimited membership.

[Read with Kindle Unlimited](#)

Buy new: **\$9.99**

FREE Shipping on orders over \$25.00 shipped by Amazon or get **Fast, Free Shipping** with [Amazon Prime](#)

Arrives: **Sunday, Jan 24** [Details](#)

Fastest delivery: **Thursday, Jan 21**
Order within 2 hrs and 26 mins
[Details](#)

In Stock.

As an alternative, the [Kindle eBook](#) is available now and can be read on any device with the free Kindle app.

Qty: 1

[Add to Cart](#)

[Buy Now](#)

[Secure transaction](#)

Ships from [Amazon.com](#)
Sold by [Amazon.com](#)



Enjoy fast, FREE delivery, exclusive deals and award-winning movies & TV shows with Prime
[Try Prime](#) and start saving today with **Fast, FREE Delivery**

Add a gift receipt for easy returns

[Select delivery location](#)

[Add to List](#)

[Share](#)

Have one to sell?

Sell on Amazon

Customers who viewed this item also viewed



I'm a Big Sister
Joanna Cole
5,058
Hardcover
\$5.00



Big Sister Coloring Book: A Fun Coloring Book For >SS Publications
>SS Publications
205
Paperback
\$6.99



How to Be a Big Sister: A Guide to Being the Best Older Sibling Ever
>Ashley Moulton
179
Paperback
\$7.99



Big Sister (Hereby Cr Sister Bool Child Size)
Hereby Cr
\$24.99

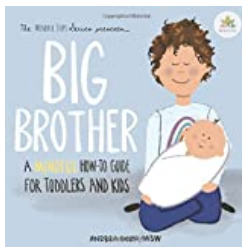
amazon book clubs
early access

Add to book club

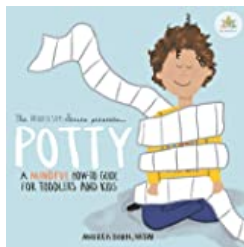
Not in a club? [Learn more](#)

Sponsored

Customers who bought this item also bought



Big Brother: a mindful how-to guide for toddlers and kids
Andrea M. Dorn
4
Paperback
\$9.99



Potty: a mindful how-to guide for toddlers and kids
>Andrea Dorn
36
Paperback
\$9.99

Special offers and product promotions

- **Amazon Business** : For business-only pricing, quantity discounts and FREE Shipping. [Register a free business account](#)

Editorial Reviews

From the Author

Big transitions (like becoming a big sister!) can be a fun, but confusing (and sometimes scary!) time for kids and parents alike. Children's developing brains (and really, human brains of all ages) benefit greatly from clear and consistent expectations and directions, and books can be a helpful tool to communicate messages that stick. The Mindful Steps book series is designed to help toddlers and children process new skills and big changes. This book and series incorporates aspects of mindfulness and intentionally uses first-person narrative to describe simple, concrete, and repetitive steps to help children to be mindful of not only WHAT to do, but HOW to do the tasks they may encounter while learning how to become a big sister. Over time, this process helps kids to become more independent and successful at connecting dots that can be difficult to connect. This book can be read well before the baby comes and up to 2 years after the baby is born as a way to successfully process this transition!

Product details

ASIN : B08BW8LWBB

Publisher : Independently published (June 26, 2020)

Language: : English

Paperback : 37 pages

ISBN-13 : 979-8655681767

Item Weight : 4 ounces

Dimensions : 8.5 x 0.09 x 8.5 inches


Best Sellers Rank: #2,867,479 in Books (See Top 100 in Books)

#2,321 in Children's New Baby Books (Books)

#8,182 in Children's Siblings Books (Books)

Customer Reviews: 2 ratings

Related video shorts (0) [Upload your video](#)



Be the first video
Your name here

Start reading [Big Sister](#) on your Kindle in **under a minute**.

Don't have a Kindle? [Get your Kindle here](#), or download a **FREE** Kindle Reading App.

Products related to this item

Sponsored ⓘ



Dragon Sibling Rivalry: Help Your Dragons Get Along. A Cute Children Stories to Tea...
Steve Herman

194

Paperback
\$12.95



What it Means to be a Big Sister
Lindsey Coker Luckey

54

Paperback
\$12.99

Here's a fun tongue twister. What does it mean to be a big sister?



Ethan's BIG Business Plan
Yu-Ting Hung

56

Paperback
\$9.99

An inspiring real-life story with all the important business concepts for young children to develop their business plans!



Big Sister Coloring Book: A Fun Coloring Book For Little Girls Featuring Sisterly L...
SS Publications

9

Paperback
\$6.99



What it Means to be a Big Brother
Lindsey Coker Luckey

112

Paperback
\$12.99

It's cool to be a father or mother, but what does it mean to be a big brother?

How would you rate your experience shopping for books on Amazon today



Very poor ----- Neutral ----- Great



Customer reviews

Top reviews

5 out of 5

2 global ratings



[How are ratings calculated?](#)

Top review from the United States

Amanda

Great buy!

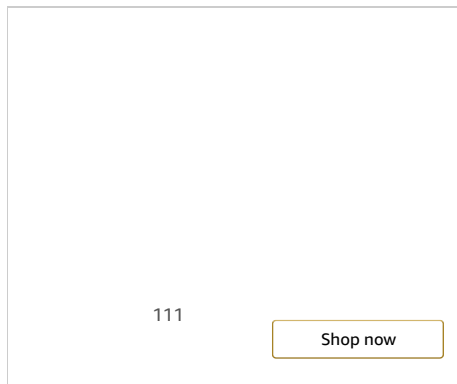
Reviewed in the United States on August 5, 2020

Verified Purchase

The story makes the idea of bringing a new baby home comprehensible to a toddler. I love the cute drawings and colors. I also love the parent suggested questions at the bottom of each page. This is definitely a must for any to-be big sister. I think if my daughter was younger, I would buy this again in hard copy instead of digital.

[Report abuse](#)

[See all reviews >](#)



Sponsored

Products related to this item

Sponsored



How to Be a Big Sister: A Guide to Being the Best Older Sibling Ever
Ashley Moulton

179

Paperback
\$7.99



Welcome to the Family!
A Celebratory Journal for a New Big Sister or Brother
Scarlet Paolicchi

166

Paperback
\$9.99



Alice's Adventures in Wonderland (Original 1865 Edition - Illustrated by Marta Masz...
Lewis Carroll

10,815

Kindle Edition
\$1.99

[Back to top](#)

Get to Know Us

[Careers](#)
[Blog](#)
[About Amazon](#)
[Press Center](#)
[Investor Relations](#)
[Amazon Devices](#)
[Amazon Tours](#)

Make Money with Us

[Sell products on Amazon](#)
[Sell apps on Amazon](#)
[Become an Affiliate](#)
[Advertise Your Products](#)
[Self-Publish with Us](#)
[Host an Amazon Hub](#)
[› See More Make Money with Us](#)

Amazon Payment Products

[Amazon Rewards Visa Signature Cards](#)
[Amazon.com Store Card](#)
[Amazon Business Card](#)
[Amazon Business Line of Credit](#)
[Shop with Points](#)
[Credit Card Marketplace](#)
[Reload Your Balance](#)
[Amazon Currency Converter](#)

Let Us Help You

[Amazon and COVID-19](#)
[Your Account](#)
[Your Orders](#)
[Shipping Rates & Policies](#)
[Amazon Prime](#)
[Returns & Replacements](#)
[Manage Your Content and Devices](#)
[Amazon Assistant Help](#)

English

United States

[Amazon Music](#)
Stream millions of songs

[Amazon Advertising](#)
Find, attract, and engage customers

[Amazon Drive](#)
Cloud storage from Amazon

[6pm](#)
Score deals on fashion brands

[AbeBooks](#)
Books, art & collectibles

[ACX Audiobook Publishing](#)
Made Easy

[Alexa Actionable Analytics](#)
for the Web

[Sell on Amazon](#)
Start a Selling Account

[Amazon Business](#)
Everything For Your Business

[Amazon Fresh](#)
Groceries & More Right To Your Door

[AmazonGlobal](#)
Ship Orders Internationally

[Home Services](#)
Experienced Pros Happiness Guarantee

[Amazon Ignite](#)
Sell your original Digital Educational Resources

[Amazon Rapids](#)
Fun stories for kids on the go

[Amazon Web Services](#)
Scalable Cloud Computing Services

[Audible](#)
Listen to Books & Original Audio Performances

[Book Depository](#)
Books With Free Delivery Worldwide

[Box Office Mojo](#)
Find Movie Box Office Data

[Comixology](#)
Thousands of Digital Comics

[DPRReview](#)
Digital Photography

[East Dane Designer Men's Fashion](#)

[Fabric Sewing, Quilting & Knitting](#)

[Goodreads](#)
Book reviews & recommendations

[IMDb](#)
Movies, TV & Celebrities

[IMDbPro](#)
Get Info Entertainment Professionals Need

[Kindle Direct Publishing](#)
Indie Digital & Print Publishing Made Easy

[Amazon Photos](#)
Unlimited Photo Storage Free With Prime

[Prime Video Direct](#)
Video Distribution Made Easy

[Shopbop](#)
Designer Fashion Brands

[Amazon Warehouse](#)
Great Deals on Quality Used Products

[Whole Foods Market](#)
America's Healthiest Grocery Store

[Woot!](#)
Deals and Shenanigans

[Zappos](#)
Shoes & Clothing

[Ring](#)
Smart Home Security Systems

[eero WiFi](#)
Stream 4K Video in Every Room

[Neighbors App](#)
Real-Time Crime & Safety Alerts

[Amazon Subscription Boxes](#)
Top subscription boxes – right to your door

[PillPack Pharmacy](#)
Simplified

[Amazon Renewed](#)
Like-new products you can trust

[Amazon Second Chance](#)
Pass it on, trade it in, give it a second life