

The Healing Doll Way

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Healing Doll Ways

What is this Mark?
I am going through a process of Branding my company, service and offerings and this is the logo. I love it. Thank you to my son Kris for helping me design it and making it come to life.



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When you purchase request to join the Private Facebook Group Healing Doll Way Book Club and get your FREE copy of Inner Selfies ebook

In *The Healing Doll Way* Barb shares stories and images from her transformative experience becoming a healing

2021 Healing Doll Way Class

Go [here](#) to sign up or contact me at bkobe@healingdollway.com to discuss

The Healing Doll Way 2021
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The Healing Doll Way online class is an experiential learning opportunity to receive guidance, coaching and mentoring from me and support from members in the Healing Doll Way group as you move through the process and learn how to design and create your own healing dolls.



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In late July 2019 I was interviewed by Adele Sciortino from A for Artistic <https://www.aforartistic.com/>



Award Winning Author and Book Designer

doll artist, as well as those of many of her students and peers. The book also guides you through the process of making healing dolls for yourself. The act of making a doll can take you through a process of imagination, healing, and growth. You do not need to be an expert at dollmaking—or artmaking, for that matter—to experience the healing power of this kind of work. This dollmaking process invites and encourages readers to explore a range of perceptions and emotions, and in doing so reach a deeper level of understanding and acceptance of themselves.

Most recent review

"Beautiful, amazing, inspiring

This book was long overdue. So many books have been written about the benefits of healing arts but for me this one is outstanding because it explains in a very good structure how one can overcome struggles in life through creating healing dolls. For me as a therapist for transformative therapy using art and as a sculptor this is the perfect book to have. I have been in touch with the author who is a very inspiring woman, you can feel that she wrote the book with love, wisdom and passion. It is an excellent book for women who want to transform their life, find purpose, heal themselves and their environment but also for therapists.

The images are wonderful and the list of questions at the end of every chapter adds a practical element. Absolutely recommend, a definite buy-IN HARD COPY!

Michaela Cordes, United Kingdom

<https://thesculptureboat.com>

Reading “The Healing Doll Way” was like walking into a familiar room, I knew and loved so many of the guests. Thank you for taking the doll form into a new light and doing it with such enthusiasm and grace. The colorful illustrations make my heart happy.

Elinor Peace Bailey, Author

Mother Plays With Dolls

If I purchased Barb Kobe's book, The Healing Doll Way, only to immerse myself in the beautiful and soulful imagery of her dolls, that would be enough. For they are beautiful, beautiful and mysterious in a way that touches one's heart, stills one's breath for a moment and invites one to mindfulness. Each colorful page opens to reveal yet another doll nudging the viewer to interpret its symbolism or wonder at the detail of its surface design. Stunning. Yet there is more to this book, and Barb's life work, than beauty. There are the stories.

First there is the story that Barb tells about her own determined journey to health and well-being through the making of art, specifically, for her, through the artful process of making dolls. But not just any dolls. These dolls are healing dolls made through a process that leads to self-revelation and discovery. They reflect her questions, reveal her secrets and encourage her celebrations. She openly shares those stories with us, the readers. As she tells her story, it's evident that she did the work, put in the 10,000-plus hours to become an expert, to find her voice. Then she wondered about teaching this process to others, which she did, and does. Once again she put in 10,000-plus hours to become an expert at teaching the healing doll process. The result? More stories! Vulnerable stories. Captivating stories. Authentic stories. Powerful stories. Healing stories. As I read I became immersed in that world, heard myself reflected in the stories that were shared, and ended up feeling less alone in the world and more in touch with myself, as well.

Just reading this book invites one to introspection and opens one to identify with the revelations that come through the healing doll process. But what about actually doing the work and taking the journey oneself? Barb suggests, well, she actually comes right out and says it, that one has to do the work. Do the work oneself. This book is an amply illustrated workbook to encourage the reader to do just that. Each section is complete with suggested exercises and questions that mirror the experience of being in an in-person class. There are prompts for journal writings, a resource list and an extensive bibliography of books related to the healing arts. Plus all of those photographs and stories bring that whole community of healing art doll makers to sit at the table beside you.

A pleasure. And so fun to get to read an advance version. I was impressed! I knew that you knew a lot but I didn't quite grasp the depth and the connections and the amount of work that you've done. I knew, but yet I didn't. Whew.

Maureen Carlson

Storyclay Teller, Retreat Facilitator, Wee Folk Creations Product Designer and Author, including the book *How To Make*

Reviews

A trove of images, exercises, insights, and stories, Barb Kobe's The Healing Doll Way is the distillation of wisdom gained from a lifetime of creating art for healing and growth. Her book empowers readers to begin their own doll-making journeys.

Kay Porterfield, M.A. Author, Educator, Artist

The Healing Doll Way won a **Next Generation Indie Book Award in June 2019** under the category of Body, Mind and Spirit and is a **Finalist in Overall Design Non-Fiction**

The Next Generation Indie Book Awards is the largest international book awards program for indie authors and independent publishers. In its thirteenth year of operation, the Next Generation Indie Book Awards was established to recognize and honor the most exceptional independently published books in over 70 different categories, for the year, and is presented by Independent Book Publishing Professionals Group (www.IBPPG.com) in cooperation with Marilyn Allen of Allen O'Shea Literary Agency.

Inner Selfies is the chapter that came after the book was done. These dolls come after the Guardian. If you bought a book and didn't receive the Inner Selfies eBook email me at bkobe@healingdollway.com and I'll send it to you. just let me know when you purchased.



If you want to purchase the Inner Selfies eBook go [here](#)



The Healing Doll Way is a treasure. The illustrations alone are beautiful and inspiring. But Barb's offering is beyond the visual. I've been blessed to have Barb mentor me through the healing process detailed in this book. If you're seeking to explore your inner terrain, to gain insight or to transform some part of your life, look no further. Dive into these pages and let Barb's gentle and enlightening guidance lead you forward.

Anne F. Hech, Author of Finding the Gift, A Memoir of Rape, Intention and Miracles

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