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 **KALKSTEIN CHIROPRACTIC**  
— FEEL BETTER FASTER —

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**TEAM CHIROPRACTOR FOR THE Orioles**

**FEEL BETTER FASTER**

[SCHEDULE AN APPOINTMENT](#) 



### MEET THE TEAM

We are a family practice involving a father and two sons working together to provide exceptional care.

[MEET THE TEAM](#)



### PATIENT REVIEWS


Don't take our word for it, hear what our patients have had to say about the care we provide.

[PATIENT REVIEWS](#)

## CHIROPRACTOR TOWSON MD TOWSON CHIROPRACTORS OFFER WORLD CLASS CARE

Kalkstein Chiropractic sets the standard for chiropractic care in Towson, and Drs. Jeffrey and Blake Kalkstein couldn't be prouder to offer patients world-class care in our recently updated practice.

Our goal is to help patients of all ages and walks of life get back to feeling better through convenient, affordable and mainstream chiropractic care. Through precise treatments, we'll unlock the root cause of your injury and develop a plan that will not only correct the issue, but strengthen your body so that it's better equipped to handle whatever life throws at you in the future.

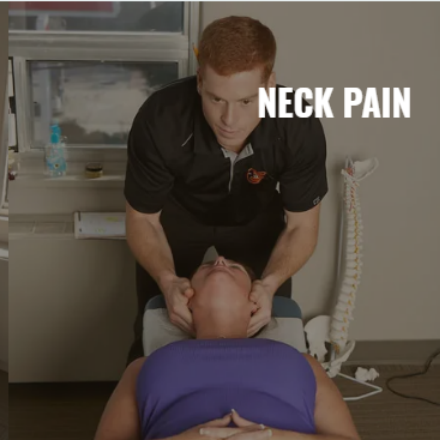


You'll know the moment you arrive that this is the place. We are here to exceed you.

[OUR REVIEWS](#)

[MAKE APPOINTMENT](#)

If you're looking for a top Towson chiropractors that provides family chiropractic care we are here to help. It's also a bonus that most insurances are accepted. Today many people are searching for a "chiropractor near me". We hope to be your first choice.



### OFFICE HOURS

**Monday**

7:30am - 12:00pm  
2:00pm - 5:00pm

**Tuesday**

7:30am - 12:00pm  
2:00pm - 5:00pm

**Wednesday**

7:30am - 12:00pm  
2:00pm - 5:00pm

**Thursday**

7:30am - 12:00pm  
2:00pm - 5:00pm

**Friday**

Closed

**Saturday**

Closed

## KALKSTEIN CHIROPRACTIC UNMATCHED CHIROPRACTIC SERVICE

We go above and beyond for our patients, offering an exceptional level of service. At Kalkstein Chiropractic, we can help you with more than just back or neck pain, with many patients seeking care for:

- Sports Injuries
- Car Accidents
- Hip Pain
- Shoulder Pain
- Knee Pain
- Headaches
- Foot and Ankle Pain
- Muscle Pain

Simply put—if you're in pain, we can help.



### UNDERSTANDING CHIROPRACTIC CARE

#### OUR CHIROPRACTIC CARE

From the moment you step foot into our world-class facility, you'll be transported to a health experience unlike any other. We want our patients to feel at home and relaxed, which is why you'll be greeted by your first name from one of our friendly receptionists. At Kalkstein Chiropractic, you're receiving the Strategic Health Process™.

The Strategic Health Process™ starts as soon as you walk in. We invite you to take advantage of our refreshment bar stocked with coffee, water, and tea as you fill out your new patient paperwork. When you're finished, you'll meet with one of our chiropractic assistants who will go over what brought you in, your case history and your chief complaint. Afterwards, you'll meet with Dr. Blake, Dr. Jeff, or Dr. Warren for your consultation where we discover your goals for care. We then perform a condition specific exam, and finally we combine your expectations for care and our experience in treating neuromusculoskeletal conditions to create an individualized treatment plan that restores health to the patient.

conditions to create an individualized treatment plan that gets you feeling better faster! Please allow 60-70 minutes for your first appointment.



## ABOUT KALKSTEIN CHIROPRACTIC

Each morning, our doctors begin work with one simple goal in mind—to get our patients out of pain as quickly as possible. We've had patients over the years that have come to our practice with debilitating pain that stopped them from enjoying life—be it nights out with friends and spouses or professional athletes eager to get back to the game they love. Whatever the case, we make sure to develop a custom treatment plan for each individual that we see, tailoring your adjustments and time with us to meet your specific needs.

Our services don't just stop at relief from back and neck pain. We're proud to offer patients an excellent facility for functional exercise and rehabilitation designed to strengthen the body in order to prevent injury from reoccurring. Our doctors take pride in helping patients live their best lives not just through chiropractic, but also with nutrition and exercise recommendations.

## HOW CAN CHIROPRACTIC CARE HELP YOU?

At Kalkstein Chiropractic, we'll never force you to undergo treatment and don't subscribe to the idea that once you seek care, you have to continue to return. We welcome patients who would like to continue to receive care after they feel better and those who wish to come back in for a fine-tuning should their injury flare up in the future.

Unlike other Towson chiropractors, Kalkstein Chiropractic goes above and beyond for our patients—from our superior office space of more than 4,500 square feet to our top-notch equipment and staff, we never stop putting you first.

## TRAINING OF A CHIROPRACTOR

Chiropractic doctors go through a minimum of four years of schooling at a chiropractic college, generally preceded by an undergraduate degree in the basic sciences or several years of experience in a prior relevant health care field.

Students of chiropractic care must spend a minimum of at least 4,200 hours with their teacher, and a minimum of 1,000 hours of fully supervised clinical training with an instructor as they learn the appropriate diagnosis and treatment techniques to help heal your body and restore it to its natural, fully functioning state.

## STOP LIVING IN PAIN

We'd love to meet you! Contact our practice today to discover how chiropractic care can improve your life. Our chiropractor Towson is in network with several major insurances, including Aetna, BlueCross Blue Shield, UHC PPO, Johns Hopkins EHP and Medicare. We also accept walk-in appointments.

Contact us today to book your first appointment.

## TRUSTED CHIROPRACTOR: READ OUR REVIEWS



**Chris B.**

I have been visiting Kalkstein for about 2 years now. Originally just the father and 2 brothers, they have been so

I have been visiting Kalkstein for about 2 years now. Originally just the father and 2 brothers, they have been so successful they have added 2 new chiropractors. All drs are fantastic and have fantastic bed side manner.... [more](#)

Source:



### Glenn

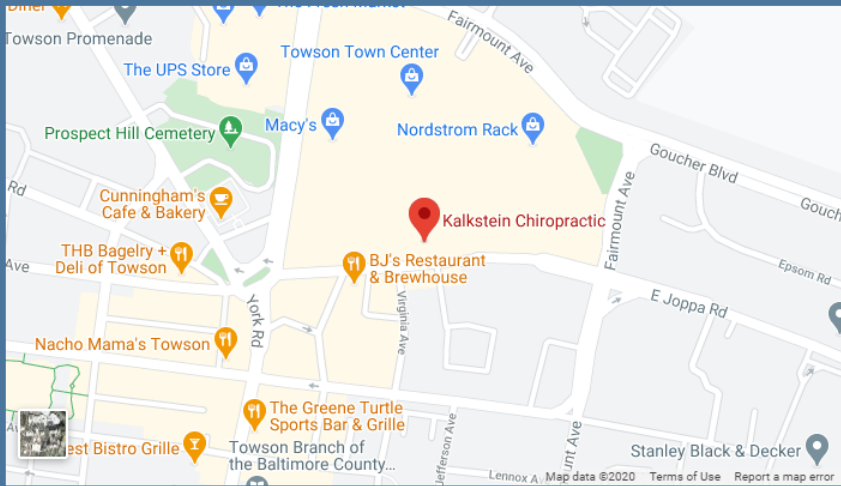
I am 56years old and was looking to live a healthier lifestyle. I have been going to Kalkstein Chiropractic for about a year. I initially sought out their services because I was experiencing extreme neck pain. After a fe... [more](#)

## Kalkstein Chiropractic

200 East Joppa Road #300  
Towson, MD 21286

**(410) 296-7700**

[CONTACT US](#)



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