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Weychen Pilates Bar Kit with Exercise Resistance Band, Portable Yoga Pilates Stick Muscle Toning Bar with Foot Loop for Total Body Workout Home Gym

Brand: LTS Future

★★★★★ 2 ratings

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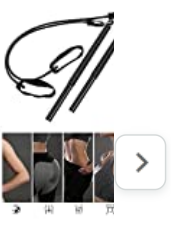
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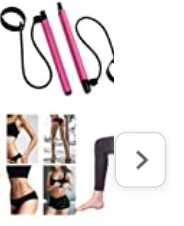
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Product description

LTS Future Portable Yoga Pilates Bar Kit adopts premium material, durable, easy to grip and also great for stretching out - especially your legs/hips. 2-piece bar comes apart for easy travel and storage, and easy to put together and use. This is very helpful in the beginning if you are not strong enough to lift your legs from a prone position. As you get stronger, you can absolutely twist the bar to adjust the bands, and also to increase resistance/tension! A great prop that adds interest to your Pilates workouts.

Package Included:
1 x Portable Pilates Bar Kit

Product details

Package Dimensions : 20.1 x 5.3 x 2.3 inches; 1.35 Pounds

Date First Available : April 8, 2020

Manufacturer : Weychen

ASIN : B086W62CHD

Customer Reviews:

★★★★★ 2 ratings

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Customer questions & answers

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Typical questions asked about products:

- Is the item durable?
- Is this item easy to use?
- What are the dimensions of this item?

Customer reviews

★★★★★ 5 out of 5

2 global ratings



Top reviews

Top review from the United States

Celia Miranda

★★★★★ GREAT FOR BALANCE AND STRENGTH

Reviewed in the United States on August 15, 2020

Verified Purchase | Early Reviewer Rewards (What's this?)

How are ratings calculated?

My son is 20yrs old and is special needs and has always had issues with balance and strength, this has been a wonderful and safe way for him to gain the ability to be more active and confident.

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