

LYF

LIFT YOUR FLAG

HEALTH IS WEALTH

FITNESS • FASHION • FINANCIAL
WELLNESS EVENT

Live Zoom Event

July 20, 7pm

- **LEARN TO HOW TO BUILD YOUR CORE AND FOUNDATION**
- **FITNESS AND FINANCIAL STEPS TO GET THE RESULTS YOU WANT**
- **TIPS TO BETTER YOUR HEALTH AND SAVE MONEY**
- **GET YOUR BODY AND FINANCES IN GREAT SHAPE**

Special guest speakers

MIKE “THE NINJ” MEDRANO



- **CELEBRITY FITNESS COACH**
- **MMA FIGHTER**
- **OWNER OF AESTHETIC TEMPLE GYM**

CARLOS SALAZAR

- **SENIOR VICE PRESIDENT**
- **\$500K EARNER**
- **CERTIFIED AND LICENCED**

