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Ben Wa Balls Kegel Balls for Women Kegel Exercise Weights Balls Muscle Strength&Pelvic Floor Exercises for Beginners & Experts

4.5 stars out of 5 stars

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the perfect size for and just after pelvic floor exercises.

USB and wireless for portable with or without a power source.

new

multiple modes. You can play it discreetly inside, you will receive passion everywhere when you are having activities in daily routines.

- [EFFICIENT SERVICE] - Pls contact us when you are not satisfied with our Kegel Ben Wa Balls.

\$24.99
FREE Shipping on your first order. [Details](#)

Arrives: **Saturday, Aug 1**
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In Stock.

Qty: 1 ▼

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\$19.95 **prime**
★★★★☆ (69)

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Total price: **\$42.97**

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Ad feedback

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Product Description





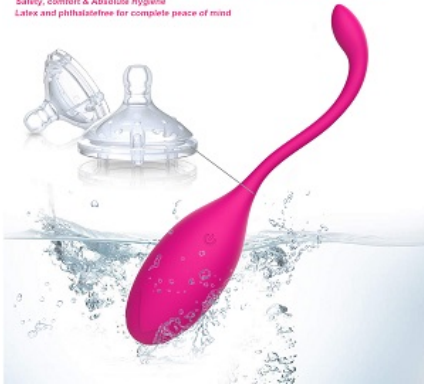
Ideal Gift for Your Lover

These the most effective pelvic floor exerciser for your bladder.15 minutes a day and just a few short weeks,one month later you'll have stronger & tighter pelvic muscles.



INCREDIBLY SOFT & COMFORTABLE DESIGN

Safety, comfort & Absolute Hygiene
Latex and phthalate free for complete peace of mind



Effective Waterproof Function

The ben wa balls kit with waterproof design for easy cleaning are made with non-porous materials

PRODUCT FEATURES



Easy To Use & Clean

Our Kegel Exercise Balls are IPX6 grade Waterproof, Comfortable & Soft. Smooth surface with Seamless USB charging port for easy Cleaning and Using. Soft with No openings, grooves, or ridges

Portable & Easy to Carry

Takes no extra space and can be used at home or out door

Body-friendly Material, Super Quiet & Low Decibel

ABS and silicone. Phthalates free. Super quiet, low decibel. You can use it anytime and anywhere without causing discomfort to you

Product details

Shipping Weight: 7.2 ounces (View shipping rates and policies)

ASIN: B07PK3QRWM

UPC: 610825875884

Customer Reviews: ★★★★★ 34 customer ratings

Amazon Best Sellers Rank: #67,121 in Health & Household (See Top 100 in Health & Household)
#118 in Bladder Control Devices

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The 10 Best Kegel Exercisers

Ezvid Wiki

4:00



Nurse Hatty's 10-weight Kegel Exercise Weight System. Interview...

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Important information

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Sponsored products related to this item



Kegel Balls Exercise Weights for Women - 2 in 1 Ben Wa Kegel Exercise Balls Kits for...

★★★★☆ 27

\$35.99 prime



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Typical questions asked about products:

- Is the item durable?
- Is this item easy to use?
- What are the dimensions of this item?

Customer reviews

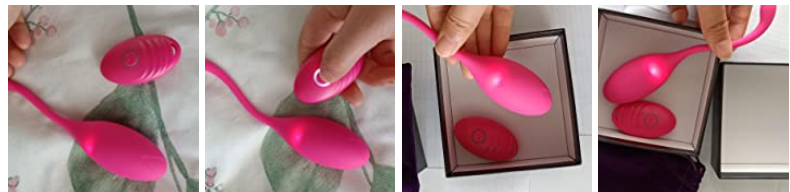
★★★★☆ 4.6 out of 5

34 customer ratings



How does Amazon calculate star ratings?

Customer images



See all customer images

Read reviews that mention

By feature

- Easy to clean ★★★★★ 5.0
- Comfort ★★★★★ 5.0
- Easy to use ★★★★★ 4.9

See more

Review this product

Share your thoughts with other customers

Write a customer review

pelvic floor | easy to clean | ben wa balls | easy to use | kegel balls

kegel exercises | weights | muscles | beginners | button | women

control | controller | modes | packaged | silicone

Top Reviews

Robert Allen

★★★★★ **love it**
 Reviewed in the United States on June 4, 2020
Verified Purchase

we bought this ben wa balls for play in bed a bit,it's quite handy,easy to use,it has only one bottom,not much science on it, work well and the control is slightly big but you need that size. Easy to clean too,we at home are happy with the results...



15 people found this helpful

Helpful | Comment | Report abuse

Adelaide Cummings

★★★★★ **Adjustable fun**
 Reviewed in the United States on June 4, 2020
Verified Purchase

"This kegel balls for women is very effective for its intended uses. It's very well made, and comes in a cute box. It charges quickly. The controller is foolproof, having only a single button. It has multiple modes and will semi randomly change them up to keep the work from become monotonous. It can be used under clothes easily, and it works! Highly recommended!"



12 people found this helpful

Helpful | Comment | Report abuse

Kim Fields

★★★★★ **5 star**
 Reviewed in the United States on April 11, 2020
Verified Purchase

After having my son I bought a set of pelvic floor exercise cones from Boots in the hope of avoiding problems.I have tried using them again occasionally over the last two years but find it impossible to hold on even the lightest setting for more than 5 minutes.I was therefore pleased to find that I can retain the lightest of these Kegel weights for much longer,an hour in fact.I found it easy to insert. It feels more natural than the hard plastic of my old one,it has a softer, rubbery,feel. I strongly recommend daily use of this product,building up the time you can retain it for comfortably,then move to the heavier weights and repeat.

One person found this helpful

Helpful | Comment | Report abuse

Braden

★★★★★ **Extremely Happy**
 Reviewed in the United States on June 9, 2020
Verified Purchase

My other half has been using these ben wa balls for a week to improve her pelvic floor.Strengthen the muscles of the pelvis,bring them into tone.She has been following the exercises prescribed and

using this to aid in her recovery. The controller is very good.Works better than her other branded items. Easy to clean with the appropriate cleaner. She is happy with it, and she feels improvements whilst using it. Elastic trained muscles of the small pelvis are a benefit and fun not only for a woman,but also for her partner!!!

One person found this helpful

Helpful | Comment | Report abuse

 Cole Kennedy

★★★★★ **Great for beginners!**


Reviewed in the United States on October 11, 2019

Verified Purchase

I bought this product to help have a better experience behind closed doors. It comes with a small tube of water based lube and a cute purple silk pouch. Its pretty self explanatory and I find it so cool how you can adjust the weight to your own comfort level. It is fairly easy to insert and remove. Highly recommend for beginners. I did include pictures of the whole set and also included a tube of liquid lipstick as a scale mode!

One person found this helpful

Helpful | Comment | Report abuse

 Amazon Customer

★★★★★ **Would recommend to friend.**


Reviewed in the United States on April 7, 2020

Verified Purchase

An excellent product for strengthening your pelvic floor.There are four weights to use,15g,25g,35g and 50g, and common sense tells you to start with the lightest and to use a lubricant.Your body automatically holds onto the weight so it can't slip out and as you are conscious of the weight being in place it reminds you to tighten your muscles,I've been using mine whilst doing the housework!I've moved up to the middle weight after only a couple of days and I can already feel a difference.Excellent.

One person found this helpful

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 Amanda Spencer

★★★★★ **Very good**

Reviewed in the United States on April 2, 2020

Verified Purchase

I had few tears after baby birth.Soon after the stitches were healed started kegel exercises,but somehow didn't feel it os enough.Think that with these weights muscles are working out great.Felt awkward at first,I mean first few seconds but gets better after.Really comfortable they are easy to clean and use.

Nice quality superbly designer packaged and well packed for shipping most impressed!

Helpful | Comment | Report abuse

 Trevor Finch

★★★★★ **Value for money**

Reviewed in the United States on March 31, 2020

Verified Purchase

These weights come nicely packaged.Includes 4 balls,two silicone sheaths.Instructions are included,and an outline for a 8 week kegel workout!The weights are removable,allowing for 4 different weight combinations.The loop handle allowed for easy removal and worry free use.I have ordered other personal items,and their customer service department is fast to reply to any questions or concerns.

One person found this helpful

Helpful | Comment | Report abuse

[See all reviews from the United States >](#)

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★★★★☆ 147
\$23.96
- Kegel Balls for Women Ben Wa Balls Pelvic Floor Exercises and Tightening for...**
★★★★☆ 16
\$23.99
- Abandship Kegel Weight Exercise for Women - Ben Wa Kegel Balls for Beginners &...**
★★★★☆ 69
\$24.99
- Kegel Balls Exer for Women Lady Control Pelvic Fl Exercise...**
★★★★☆ 6
\$9.99

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★★★★☆ 113
\$29.99
- with APP & Vibration, Smart Balls for Tightening for Beginners & Advanced, Dr Recommend...**
\$59.99
- Kegel Exerciser with Vibrations,GROLEBO Doctor Recommended Wireless Remote...**
★★★★☆ 1
\$9.89
- Kegel Balls - Ben Wa Massager Ball with 2 in 1 Wireless Remote Control,100%...**
★★★★☆ 1
\$29.99
- Balls Exercise Weights Women for Beginners Advanced Exercises (Purple, 3 Pcs)**
\$8.99

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★★★★☆ 226,058
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Starz Entertainment
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\$0.00
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Sling TV LLC
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United States

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