

Combining the power of AI with the power of human connection to revolutionize health coaching.

**Healthcare can often feel fragmented and unstable.**

Even when you feel that you have it all under control, it can change on a dime, leaving you to search for a positive health experience. At Unscripted Health, we believe in a more meaningful, continuous health relationship building positive progress over time. We believe in the power of technology combined with human relationships for better mental and physical health.

We power virtual personal health coaching with the cutting edge technology to make your health journey easier, faster and more accessible.

Get started on your health journey.

**Health coaching based on you**

Technology is evolving and we should get an amount of personalization in our lives. The more, the better. Health coaching is not just a tool, it's a way of life. It's a way of life that is designed to help you live a healthier, happier life. It's a way of life that is designed to help you live a healthier, happier life. It's a way of life that is designed to help you live a healthier, happier life.

Get started on your health journey.

**Access and affordability**

Health coaching is built on the foundation of our mission: to make health coaching accessible to everyone, everywhere. We believe in the power of technology combined with human relationships for better mental and physical health. We believe in the power of technology combined with human relationships for better mental and physical health.

**Positive Psychology Meets Data Science**

We uniquely apply evidence-based positive psychology and data science to create the health coaching experience people want and need. By using a predictive algorithm based on your unique health history, values and behaviors, we combine the potential of big data with the empathy of human health coaches, championing a more human experience to help you flourish.

**How Health Coaching Works With Unscripted Health**

1. Take a 5-min confidential quiz built on our predictive algorithm.
2. Get an instant quiz with the best health coach for your needs.
3. Start your health coach with your needs, no appointments needed.

**Why Unscripted Health?**

- Personalized, AI-powered health coaching that adapts to your needs and goals.
- Proven and evidence-based health coaching methods and practices.
- No-appointment, on-demand coaching that works on your terms.

**The power of health coaching**

Will Health Coaching Save The Modern World?

**HUFFPOST**

Resolving To Be Coached

**Elle New York Times**

The Quiet Revolution of Health And Wellness Coaches

**Founders and Leadership**

**Michelle Kim**

Co-Founder & CEO

**Anna Song**

Co-Founder & COO

Stay connected. We are intentional with our communication.

First Name

Last Name

Phone

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