



EatPlant-Based  
@EatPlantBased

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Posts

**EatPlant-Based**  
December 3, 2019

While you're doing that Christmas shopping, maybe consider a Plant-Based Starter Kit. Perfect for those that have recently made the decision to take control of their health and join the plant-based lifestyle movement, but aren't sure where to begin. Plant-Based Starter Kits should get them up and running. They include your choice of book, a DVD set of 17 lectures from Dr. Neal Barnard, and a folder full of getting started information. Kits are \$27, plus tax & shipping.

EATPLANT-BASED.COM  
**Plant-Based Vegan Starter Kits | EatPlant-Based**  
Congratulations, you've just made one of the best decisions of your lif...

49 5 Comments 12 Shares

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**EatPlant-Based**  
4 hrs

The ultimate snack for watching TV or traveling! We are loving these little crunchy, tangy, protein-packed beans. Warning, you will need to make more than one batch! **RECIPE** [https://eatplant-based.com/salt-vinegar-roasted-chickpea-s...](https://eatplant-based.com/salt-vinegar-roasted-chickpea-s.../)

15 18 Shares

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5.0 5 out of 5 Based on the opinion of 44 people



**Terri's Story**

I am Terri Edwards, the blogger behind EatPlant-Based. My personal experience is that in 2012, at 45...

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62,081 people like this

64,835 people follow this

Jessica Trask Sueiro likes this

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(828) 863-4231

Typically replies within a few hours

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eatplant-based.com

Blogger

Hours  
Always Open

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Facebook is showing information to help you better understand the purpose of a Page. See actions taken by the people who manage and post content.

Page created - October 7, 2014

**Team Members**

Terri Mathis Edwards

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