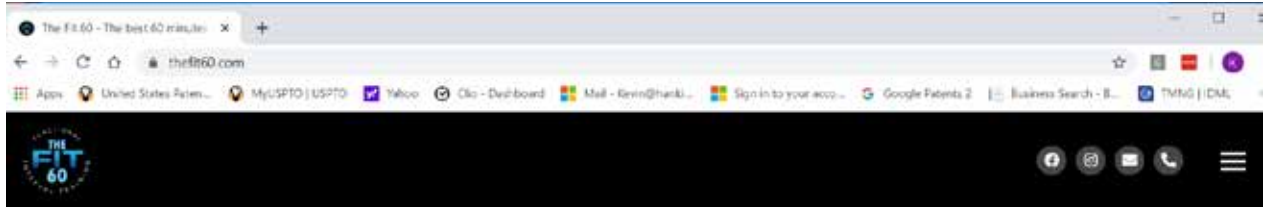




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In Functional Interval Training, you can expect a fast-paced mix of cardio and weight training, set to playlists that motivate you to keep the beat. Our trainers create total-body workouts that help everyone meet their personal goals.

**THE FIT60
EXPERIENCE**

**PRICING
INFORMATION**



CALIFORNIA

YORBA LINDA

22343 E La Palma Ave
Yorba Linda, California

The Fit60 Yorba Linda is currently located within CrossFit Inversion.

CLASS TIMES

MON - THURS 5:45am - 6:15pm

FRI 6:15pm

SAT - SUN

LONG BEACH

219 E Broadway
Long Beach, California

The Fit60 Long Beach is currently located inside of CrossFit Inversion Downtown Long Beach.

CLASS TIMES

MON - THURS 5:45am - 6:15pm

FRI 6:15pm

SAT - SUN

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All fitness levels are welcome and can jump right into a class environment.



<https://thefit60.com/locations>

LOCATIONS ([HTTPS://THEFIT60.COM/LOCATIONS](https://thefit60.com/locations))

Find the nearest class to you and try the Fit60 experience for yourself.



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We have a variety of class options for all commitment levels.



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