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Workshop Facilitators Rachel Lewis-Marlow MS, EdS, LPC, LMFT is a somatically integrative psychotherapist, dually licensed in counseling and therapeutic massage and bodywork. She is a Certified Advanced Practitioner in Sensorimotor Psychotherapy and has advanced training and 25+ years experience in diverse somatic therapies including Craniosacral Therapy, Energetic Osteopathy, Oncology massage and Acupuncture. Rachel worked as a primary therapist at Carolina House for 4 years. There she developed the Embodied Recovery group therapy protocol which formed the basis for her contribution to the EMBODIED RECOVERY model. Rachel is a private consultant to eating disorder treatment facilities. She provides ongoing training and supervision in clinical and support staff in the programmatic implementation of the EMBODIED RECOVERY model. In her private practice in Chapel Hill, NC, Rachel works with trauma, eating disorders, and dissociative disorders. She has extensive experience as a teacher and presenter, focusing on accessing the body's unique capacity to give voice to the subconscious and to lay the foundation for healing and maintaining psychological and physical health.

Paula Scatoloni, LCSW, CEDS, SEP is a somatic-based psychotherapist, Certified Eating Disorders Specialist, and Somatic Experiencing practitioner in Chapel Hill, NC. She has a private practice and has worked in the field of eating disorders for over two decades. Paula served as the Eating Disorder Coordinator at Duke University CAPS for nine years providing services to college-age students, offering workshops.



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