





# *Interior Alchemy*

Soul-Centered Coaching with a Feng Shui twist!

*Laura Vida*

Interior Alchemist

# Transform Your Life

**Feeling stuck, tired and uninspired?**

Did you know that both your thoughts and your space  
can be blocking **your flow**?

**It's time to Feng Shui your life!**

If you want to change your life, change your space...  
**both inside and out!**

## INTERIOR ALCHEMY

**Soul-Centered Coaching with a Feng Shui  
twist!**

This unique combination of skills allows you to  
**reconnect** inside, get clear, remove the blocks and  
take **purposeful action** from a feminine foundation  
to **align your intentions** with your **interior spaces**  
in order to support the life you really desire.

*"As within, so without."*

LEARN MORE ABOUT THE PROCESS

# Live Your Purpose

Your time for playing small is  
**OVER!**

When physical and emotional blocks are cleared, the  
sacred path of your life is revealed.

Now you are free to flow in the direction that is in  
alignment with your soul's highest expression.

This is not magical thinking. It is working with  
the laws of nature, spirituality and ancient  
alchemy.

It's time make your life **GOLDEN!**

LET'S CHAT!



Photo credit: Marni Bistany

“Working with Laura has been a **truly transformative experience**, both externally in my home as well as internally. She was able to quickly hone in on my internal blocks that were reflected in my space and prioritized clearing these first. Her intuitive skills are amazing! I couldn’t believe how she was able to take the items I already owned and place them in a way that is both visually stunning and an accurate reflection of who I truly am. She also guided me to letting go of the items that were no longer in alignment with the life I want to lead today. **The key ‘secret sauce’ to her approach is how she focuses on aligning your body, mind and space with your heart.** She truly cares and goes the extra mile to help in any way she

can. If you want to be in your space and absolutely loving it while feeling more ease and flow in your life, Laura is who you want to have by your side!”

*Dr. Anita Pietrofitta, True Health & Wellness, Sedona AZ*

“Working with Laura was truly an experience like no other. The shifts both internally and in my space are palpable! Her ability to blend the physical emotional and spiritual components of healing and growth are not anything I have been able to find in other providers. In my experience, if you do not create growth and change in all realms, then maintaining change is compromised. Laura understands this and this is what makes her work truly unique and masterful!”

*Kristina Bianchi, MSW – Sierra Therapy Center, Rochester NY*



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