



# SPARTAN ORGANIC HERBAL TEA

\$18.00

QUANTITY

- 1 +

ADD TO CART

## SPARTAN Organic Herbal Tea

Handpicked from the mountains surrounding Sparta at elevation of 4,000 feet, this rare tea dates back to ancient Sparta. It is made from a single native herb called "Sideritis", a Greek word meaning "he who has the iron".

Consumed by ancient warriors who were wounded in battle and known as a staple brew for shepherds guarding their flocks, this powerful tea contains significant level of antioxidants, polyphenols and a broad range of phyto-nutrients. Perfect for the modern day Spartan and resilient athlete.

SPARTAN Tea is believed to have a positive effect on many ailments and modern science has shown it to have anti-inflammatory, anti-bacterial, anti-microbial, gastro-protective and oxidative stress reduction properties.

It is brewed by boiling the herbs in a pot in order to extract full flavor and health benefits because a true Spartan would never use a tea bag!

SPARTAN Tea tastes great either hot or cold and is perfect with a little honey added.

### Features:

- Ingredients: Organic Greek Mountain Tea (Sideritis clandestine), loose leaf
- Powerful source of Antioxidants and Polyphenols
- Packed in a zippered bag / pouch
- 2.65 oz (75g) per pouch

Share



## You May Also Like





**SPARTAN Fuel -  
Collagen Protein**

\$39.95



**SPARTAN by CRAFT  
Running Belt**

\$25



**SPARTAN Bear  
Organics Macha Energy  
Gummies - 60 Pack**

\$19.99



**SPARTAN Bear  
Organics Multi  
Gummies - Kids - 60  
Pack**

\$19.99



**SPARTAN Wall Ball**

From \$75



[← BACK TO RECOVER NUTRITION](#)

## INFO

- Shipping & Delivery
- Returns & Exchanges
- Size Charts
- Ambassador Affiliate Program
- Privacy Policy
- Terms & Conditions
- About us
- Gift Cards
- Trainer's Wholesale

## FOLLOW US



## CONTACT US

Spartan Race, Inc.  
234 Congress St  
5th Floor  
Boston, MA 02110  
email: [shop@spartan.com](mailto:shop@spartan.com)

## BE IN THE KNOW

Sign up for the latest news, offers and styles

Your email



© 2019, Spartan Shop. Powered by Shopify



[14-02-2019, 22:13:43]

SPARTAN Organic Herbal Tea – Spartan Shop

<https://shop.spartan.com/collections/recover-nutrition/products/spartan-klio-tea>