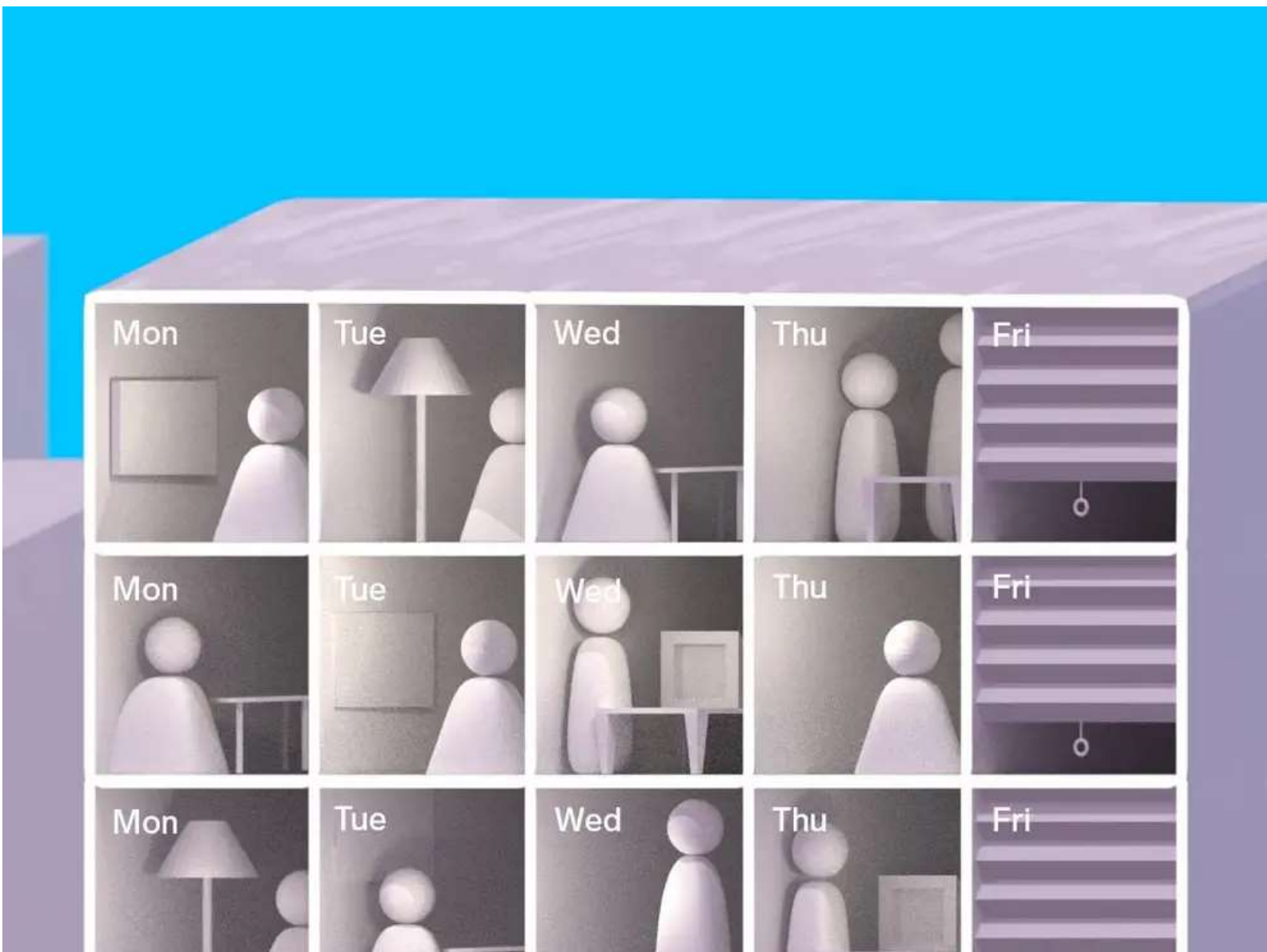




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ECONOMY

## Proof: It's time for everyone to take Fridays off



"It probably sounds crazy, but it works," said the founder of a company that's already adopted the four-day week.

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## STRATEGY

**2 top executives at consulting giant McKinsey broke down 3 ways Gen Z is transforming the workplace**



"Gen Z is comfortable with the idea of change through structure," McKinsey's chief marketing officer, Tracy Francis, said.

## POLITICS

**Trump boasts that Mar-a-Lago was a secure place to keep classified documents, despite evidence that it clearly wasn't**



In a Truth Social post, former President Donald Trump described Mar-a-Lago as a "highly secured facility." But ample reporting casts doubt on this.



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**MILITARY & DEFENSE**

## Ukraine boasts that it used a drone to steal a radio from a dead Russian soldier, letting it listen in on enemy plans



President Joe Biden told CIA Director Bill Burns 'to share precise details of the Russian plots,' wrote Chris Whipple in 'The Fight of His Life.'

Charlotte Gale told Insider that in order to buy the island for \$339,000, she had to prove to the old owner she could spend a night there by herself.

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## TECH

**Nick Cave says a ChatGPT song written in his style 'sucks' and is 'a grotesque mockery of what it is to be human'**

"I do not feel the same enthusiasm around this technology," Nick Cave said in his newsletter. "The apocalypse is well on its way. This song sucks."

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## MEDIA

**I make \$5,000 a month writing scripts for YouTube videos. Here's what makes a good script.**

George Blackman is a full-time scriptwriter for YouTube videos. He discussed how he got his first job, his income, and working for creator Ali Abdaal.

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## NEWS

**A man traveling with 3 friends live-streamed their final moments before their plane crashed in Nepal, leaving 70 dead**

A smiling Sonu Jaiswal, 29, streamed himself and his three friends before the crash. They had planned to visit temples and go paragliding that day.

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## FINANCE

**My company made \$1 million in its first year during the 2008 financial crisis. My advice for entrepreneurs is to start now — here's why.**

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## RETAIL

**I'm an extreme couponer. Here's how I get the best deals on groceries and other items.**

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## REAL ESTATE

**A millennial who just bought a home regrets it. Did you? Tell us.**

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## **NEWS**

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**LIFESTYLE**

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**CULTURE**

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## CELEBRITY

### **Channing Tatum is worried about 'trying too hard' in his relationship with Zoe Kravitz and admitted to following her Instagram fan accounts**

"I have no chill," Tatum said of the Instagram fan accounts. "I was just seeing what she was up to! Also, I didn't know anyone would know."

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## CELEBRITY

### **Todd and Julie Chrisley will report to prison to begin their sentences for bank fraud and tax evasion today. Here's what is next for them.**

The "Chrisley Knows Best" stars were convicted in June 2022 of running a yearslong fraud scheme and are now set to begin their prison sentences.

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## CULTURE

### **MrBeast described his 'grind mode,' saying he can work up to 8 days non-stop on YouTube content: 'Normal people, they don't want that life'**

YouTube star Jimmy Donaldson, aka MrBeast, described often working "non-stop" for up to eight days in a row in an episode of the Lex Fridman podcast.

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## PARENTING

### **My baby was diagnosed with a rare genetic disorder. I learned a cure might be available but could cost \$2.5 million to develop.**

The 17-month-old has a condition that fewer than 50 people in the world have. Her parents, both doctors, want to help kids like her.

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## CRIME



Parents feared their concern that a student who threatened a mass shooting at a Kentucky school was rejoining class, according to local reports.

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## CULTURE

### **Viewers showered an influencer with compliments after she revealed she regrets getting 'botched' lip filler dissolved: 'All my confidence has gone'**

Ellie Scales posted a tearful video about struggling with confidence after dissolving her lip filler, leading viewers to shower her with compliments.

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## TRAVEL

### **I worked on cruise ships for 6 years. Here are 11 things that surprised me about the job.**

Working on cruises came with surprising highs, like a packed social calendar, and unexpected lows, like having to stay onboard during some port days.

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## CELEBRITY

### **Cardi B says Offset changed for her after she filed for divorce in 2020**

According to People, Cardi filed for divorce from Offset in September 2020 amid allegations he had been unfaithful.

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## CULTURE

### **A TikTok mom was criticized for styling her 18-month-old daughter as a 'gothic baby.' She's using her platform to call out 'ignorant' judgments.**

TikToker Reby Hardy said she wants to encourage inclusivity following a controversial series where she styled her 18-month-old in gothic aesthetics.

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## CELEBRITY



— will inherit the iconic mansion in Memphis, Tennessee.

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## NEWS

### **A woman's awful experience getting refunded for a \$19 candle on Etsy went viral after the store kept insulting her**

Elisabeth Manente accidentally ordered the wrong candle and was met with contempt from the Etsy store's owner when she requested a refund.

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## ENTERTAINMENT

### **Tom Hanks says 'no one' talks about the comic book movie he starred in with Jude Law and Daniel Craig**

Tom Hanks starred in "Road to Perdition" with Jude Law and Daniel Craig, and said it was an "incredibly important movie for me to go through."

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## ENTERTAINMENT

### **50 Cent says Dr. Dre didn't want '21 Questions' on his debut album because it was too commercial**

50 said Dre's dislike of the song came from his own experiences as a rapper with N.W.A, which rapped mostly about politics and crime.

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## NEWS

### **'Queen' is the children's word of the year for 2022, beating out words like 'chaos' and 'happy'**

"Queen" is the most popular word amongst children in the UK in 2022, according to Oxford University Press. The top word in 2021 was "anxiety."

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## NEWS



One agent told The Guardian's Daily Mail that they offered the former prime minister "something like" "even a seven-figure deal" for the memoir.

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## SPORTS

### **You've probably been walking wrong your whole life, according to a Monty Python-loving professor from Arizona**

A Monty Python-loving professor at an Arizona school says walking silly may actually be good for your health. So, go forth, walk silly.

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## LIFESTYLE

### **Take a look inside Graceland — the Memphis mansion that Elvis Presley, the King of Rock 'n' Roll, called home**

Although it's off limits to visitors, Graceland caretakers have preserved Elvis Presley's master suite exactly the way he left it.

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## NEWS

### **It's official: China's population is shrinking for the first time in 60 years**

The decline heralds a deepening demographic crisis for China, as the country fears its working-age population and demand for goods will shrink.

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## NEWS

### **A World War II bunker tumbled down a cliff onto a San Francisco beach. It's the latest in a series of landslides from record floods.**

A battery bunker from World War II fell in a landslide at a San Francisco park, after weeks of heavy rain saturated the sand beneath it.

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## SPORTS



There was a delay at the Australian Open and a fan boy may have seen to think as he seemed to walk off with Rafael Nadal's beloved racket.

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## NEWS

### **Young women 'misunderstood the reality' of Andrew Tate and thought 'they'd be his next wife,' bodyguard says**

Andrew Tate is currently in jail on suspicion of human trafficking and forming an organized crime group.

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## NEWS

### **'Harried and tired and worn and rushed': Photos show Martin Luther King Jr.'s final hours**

People at Mason Temple recalled Dr. King's final speech as "passionate" though he looked "tired" and "worn."

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## ENTERTAINMENT

### **'Babylon' composer says he was influenced by house music for the film's score: 'We didn't care about being true to the '20s'**

"Babylon" composer Justin Hurwitz also recruited a trumpeter he found "on YouTube about three years earlier" for the Damien Chazelle movie.

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## ENTERTAINMENT

### **Andrew Callaghan apologizes after being accused of sexual misconduct, saying he's starting therapy and AA**

Andrew Callaghan, of "All Gas No Breaks," said "I need to do some serious work on myself" after facing sexual misconduct allegations.

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## ENTERTAINMENT



... universe — or "Taylorverse" — more than once.

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## ENTERTAINMENT

### **'Babylon' director Damien Chazelle responds to negative critical reaction: 'We all knew the movie was going to ruffle some feathers'**

Director Damien Chazelle said "it's good to have something that stimulates conversation and debate" in response to mixed reviews.

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## ENTERTAINMENT

### **Every Anne Rice movie and TV show, ranked according to critics**

Rice's books have sold over 150 million copies worldwide. But efforts to adapt her works to the big and small screen have been mixed at best.

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## ENTERTAINMENT

### **Jennifer Lopez says she got married to Ben Affleck in Vegas to take 'all the pressure off of the big family wedding'**

Lopez said during the press conference for "Shotgun Wedding" that she and Affleck "ran off to Vegas" because of the pressure of wedding planning.

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## POLITICS

### **Viktor Bout, the convicted arms dealer the US swapped with Russia for Brittney Griner, was nicknamed 'The Merchant of Death' and inspired a Nic Cage movie**

Viktor Bout, who the Biden admin traded in a prisoner swap for Brittney Griner, jumped into far-right politics upon getting home to Russia.

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## POLITICS



The Obama family revealed their official White House portraits in their first joint return to the White House in September.

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## STYLE

### **24 of Michelle Obama's best style moments**

Michelle Obama, who turns 59 on January 17, has been called one of the most fashionable first ladies in American history.

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## NEWS

### **Paintings by Ukrainian children depict horrors of war and dreams of the future in bright, colorful illustrations**

Artworks by children displaced by the war in Ukraine are displayed at the Ukrainian Institute of Modern Art in Chicago until February 12.

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## CULTURE

### **An influencer denied accusations that she edited her post-pregnancy 'transformation' pictures: 'I've been the most vulnerable I've ever been'**

Australian influencer Ruby Tuesday Matthews faced the accusations after saying she took part in an eight-week fitness challenge post-pregnancy.

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## NEWS

### **ChatGPT could be used for good, but like many other AI models, it's rife with racist and discriminatory bias**

ChatGPT could soon power Microsoft products, despite the potential to spew dangerous content. The AI community is torn on solutions.

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## ENTERTAINMENT



...sudden store responded to criticism of a tweet saying that he was just before he became  
"aware of" JK Rowling's controversial views on trans rights.

## LIFESTYLE

### I tried 6 brands of packaged chocolate-chip cookies, and I was most disappointed by a cult-favorite

I tasted store-bought cookies from Tate's Bake Shop, Pepperidge Farm's, Chips Ahoy, Kroger, Keebler, and Pillsbury's to see which brand is best.

## ENTERTAINMENT

### Jeffrey Dean Morgan says his controversial entrance onto 'The Walking Dead' as Negan changed his life

During a Television Critics Association panel, Jeffrey Dean Morgan was asked about his season six entry onto "TWD." He said he still hears about it.

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