

Addiction Care

Whatever substance use or impulse control disorder you're dealing with, our compassionate team can offer research-proven methods to help you get your life back.

Services & Treatments — Addiction Care

The Rush Approach to Addiction Care

We believe in treating impulse control or substance use problems as early as possible. If you're even a little concerned about behavior that feels risky or out of control, we can help. You don't have to reach a crisis point to seek treatment.

At your first appointment, we'll start planning the next phase of your life. We'll begin by discussing the physical and emotional causes and effects of your condition. Then, drawing on the latest research, we'll figure out which treatments are likely to work best for you.

These might include medications, group or individual therapy, or other options that will help you:

- Recover — whether that means getting sober or getting better at controlling your impulses
- Prevent relapses — and cope with them if they happen
- Get treatment for other conditions related to your substance use or impulse control disorder
- Connect with the resources you need to live a full life

Most people with impulse control or substance use disorders — no matter how severe — can benefit from treatment. But the earlier you seek treatment, the faster and more lasting recovery is likely to be.

- Find a Doctor
- Find a Location
- Make an Appointment

Call Today

(312) 942-5375

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Addiction Care Providers

Addiction Care Conditions Treated

Alcohol Use Disorder	Gambling Addiction	Sex Addiction
Binge Eating	Nicotine Addiction	Shopping Addiction
Drug Addiction (Substance Use Disorder)	Opioid Addiction	Workaholism
	Pornography Addiction	Wounds

Show More

Addiction Care Providers at Rush

Rush has addiction care providers in Chicago.

Meet our addiction care providers



Addiction Care Tests and Treatments

Cognitive Behavioral Therapy (CBT)	Harm Reduction	Partial Hospitalization
Group Therapy	Medical Detox	

Rush Excellence in Addiction Care

- **Care for everyone — whether or not you want to quit:** Doctors used to think that total abstinence (for example, not drinking at all) was the only way to treat addiction. But research now shows that other approaches can also help. Our experts, who are also addiction researchers, can help determine the options most likely to work for you, right now. This includes harm reduction — or help with limiting your risk, even if you're not ready to quit.
- **Short- or long-term options:** If you just want one appointment to ask us questions about your substance use, we're happy to talk. If you need longer-term treatment — such as therapy, medication management or a combination — we're here for you.
- **Care for related conditions:** Substance use is sometimes a sign of an underlying problem. For example, a person might drink too much because they're anxious or because they have trouble sleeping. Experts at Rush can get to the bottom of any related conditions and help you find the right treatment.
- **Leaders in the prevention and treatment of opioid addiction:** Physicians from Rush helped the Centers for Disease Control and Prevention create its guidelines for chronic pain treatment. The guidelines are designed to help relieve pain while preventing opioid misuse. This expertise will inform your care. If you're dealing with chronic pain, we can help you find relief without opioids.

TESTIMONIALS

Addiction is a medical disorder, just like hypertension or asthma. And when patients come to us, the visit should feel just like walking into any other doctor's office. We diagnose, offer a treatment plan and treat a patient without stigma. And, over the course of time, most people are able to get better.

Gail Basch, MD

Addiction Medicine Locations

Rush Behavioral Medicine - West Campus

2150 W Harrison St
Chicago, IL 60612

Get Directions

Make an Appointment

View Location



Do you need a provider nearby?

Find a Doctor



Ready to make an appointment?

Schedule Appointment Now



Want to know where to go?

Find a Location

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