

## Why Chic™?

- ◆ Twice as sweet as sugar
- ◆ Prebiotic fiber –1.1 grams per serving
- ◆ Supports a healthy cardio-vascular system
- ◆ Increases mineral absorption in the body
- ◆ Builds the immune system
- ◆ Aids in leveling blood sugar
- ◆ A prebiotic to feed probiotics
- ◆ Boosts digestive health

**Calories 0**  
**Glycemic Index 0**  
**Replaces sugar 1 for 2**



# Chic™

*sweetened prebiotic  
instantly soluble  
powdered fiber*

**NET WT 8.47 OZ (240 g)**

**Glycemic Index = 0**

### Nutrition Facts

Serving Size 1 teaspoon (1g)  
Servings per Container about 240

#### Amount per Serving

**Calories 2**    Calories from fat 0

**% Daily Value\***

**Total Fat 0g**    **0%**

Saturated Fat 0g    **0%**

Trans Fat 0g    **0%**

**Cholesterol 0g**    **0%**

**Sodium 0mg**    **0%**

**Total Carbohydrate 1g**    **0%**

Dietary Fiber 1g    **5%**

Soluble Fiber 1g

Sugars 0g

Additional Sugars 0g

**Protein 0g**

Not a significant source of Vitamin

A, Vitamin C, Calcium or Iron

\*Percent Daily Values are based

on a 2,000 calorie diet.

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

Prebiotic Chic®  
sweetened fiber feeds  
the beneficial bacteria  
(probiotics) that  
promote digestive  
health.

Start with one teaspoon  
and build amount each  
day until having the  
sweetness you want in  
life.

To provide a significant  
source of soluble fiber in  
your diet, use in cold  
water, cold or hot  
beverages, shakes and  
smoothies, salads,  
desserts, and baking.

HELPS BUILD A HEALTHY  
MICROBIOME

INGREDIENTS: Fructans, Sucralose

- FRUCTANS, prebiotic natural vegetable fiber
- SUCRALOSE, a high intensity sweetener

[www.LifeEnergyFood.com](http://www.LifeEnergyFood.com)

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