

Red Wine (Sangiovese)

Caponata



Caponata is a tasty appetizer traditionally served on pieces of sliced baguette bread. In Italy's finer restaurants, a tray of Caponata is presented to patrons as they are seated, similar to entering a Mexican restaurant and being served salsa and chips. Caponata is also excellent on sandwiches and a flavorful enhancement to any marinara sauce. This Fresh vegetable topping is delicious, Vegetarian Friendly, Gluten Free and contains only 5 calories per serving.



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