

# Get better. Live better.

Health 360x empowers you to better manage and improve your health.

Learn More

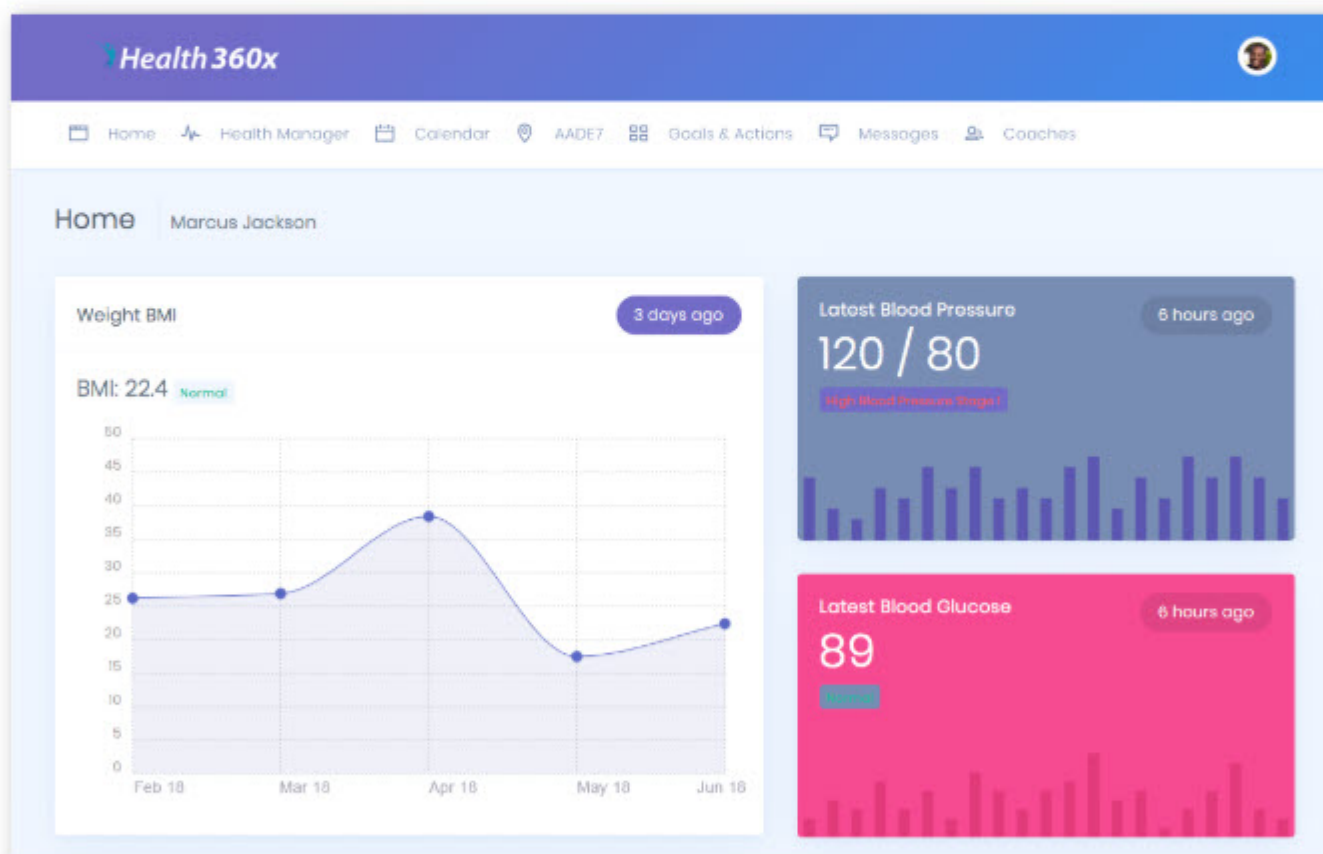
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Health 360x Presented at TED!  
by Dr. Priscilla Pemu

Health 360x is a modern and easier way

# Health 360x is a modern and easier way to monitor and support living with a chronic disease.

Health 360x empowers you to manage your health.



## Track different aspects of your health



Activity



Weight / BMI



Blood Pressure



Blood Glucose



Cholestorol



HBA1C



Medications



Goals

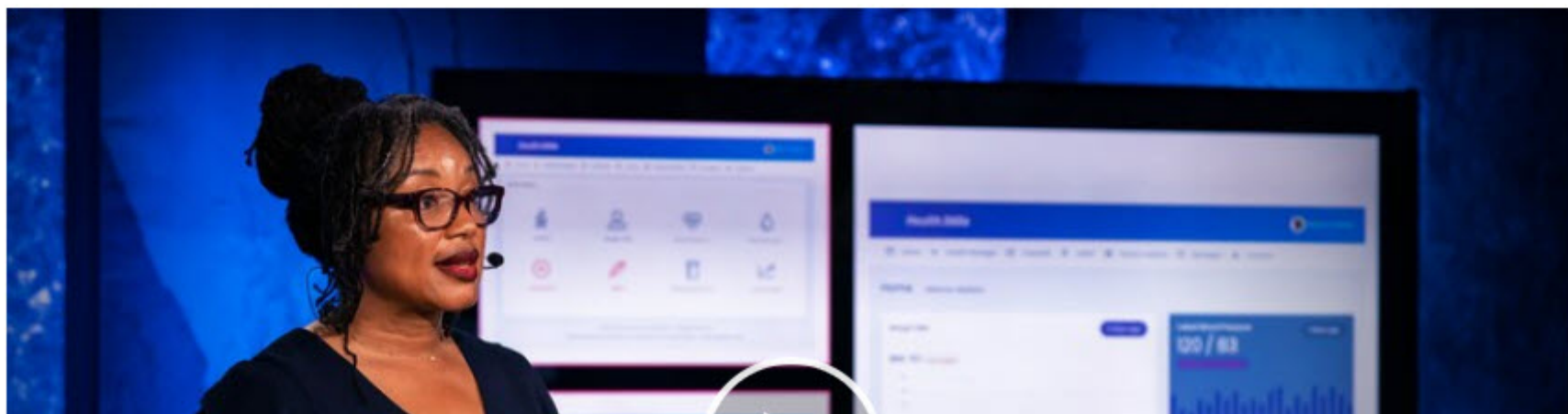
**Our community. Our Health.  
Make progress with the help of a coach.**

Get the support of a health coach to improve your outcomes. Health 360x makes it easier to create a personalized plan that implements realistic and sustainable changes so you can feel your best, every single day.



## Health 360x presented at TED

A personal health coach for those living with chronic diseases – [Dr. Priscilla Pemu](#)





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