What is PakMyMeds™?

PakMyMeds is adherence packaging that organizes your prescription medications into individual pouches. Each pouch is labeled with the medication, day, date and time to be taken. It is simple and convenient to keep track of your medication with the PakMyMeds system.

What medications can be filled in PakMyMeds?

Your routine maintenance prescription medications can be packaged in PakMyMeds. In addition, PakMyMeds can accommodate over-the-counter (OTC) medications, nutraceuticals, supplements or probiotics that your pharmacist may recommend. Your pharmacy team will discuss your medications with you and determine what will be packaged. We cannot package the following medications: soluble medications, "as needed" medications, and certain antibiotics.

I only take one medication. Can I still have it packaged in PakMyMeds?

At this time we are only packaging in PakMyMeds if you have more than one eligible maintenance medication.

How do I receive my PakMyMeds prescriptions?

You can pick up your PakMyMeds at the pharmacy or have them mailed to you. Some pharmacies can also deliver meds to your home. If you pick up the PakMyMeds at the pharmacy, there is no additional fee. If you choose the mail-out option, there may be a standard monthly shipping fee. If you have not picked up your medications by the time you should begin taking from the new roll, your PakMyMeds will be mailed to you and you may be charged a shipping fee.

What will I receive each month with PakMyMeds?

On initial enrollment you will receive a dispenser box that will hold your roll of PakMyMeds. Each month you will receive a new roll of medications in a new dispenser box. Each month your roll may come with "header" pouches that include the full directions for taking your medications. You can tear those pouches off and keep or dispose of them.

Can I have PakMyMeds mailed to me?

Yes, most pharmacies will mail your PakMyMeds for a monthly shipping free. Ask your PakMyMeds participating pharmacy for details.

What happens if I get a new medication in the middle of the month?

Your new prescription will be filled with only enough medication to get to your next refill date, and then will be packaged with the rest of your medications in PakMyMeds each month going forward.

All my medications are filled on different days. Can I use PakMyMeds?

Yes. We will work with your insurance provider and physician to get all your prescriptions on the same schedule. We will contact you and coordinate the first date for your PakMyMeds. Your medications will be synchronized during your first month of enrollment. Following the initial period, your prescriptions will be filled in PakMyMeds.

How will I know when to take my medication?

Each PakMyMeds packet is labeled with the medication day, date and time to be taken to improve convenience and reduce confusion and the risk of medication errors. Tear off the packet for the correct date and time and take the medications in the packet.

Can I get my 60 or 90 day prescription filled in the PakMyMeds packaging?

We typically provide 30 days of medication in order to reduce and eliminate waste due to any changes that may occur. Check with your pharmacist to see if your pharmacy offers other options.

What should I do if I forget to take a packet or miss a dose?

As with most medications, it may depend on how long it has been since you should have taken your dose. You should contact your pharmacist if you have any questions.

Where should I store my PakMyMeds dispenser box?

As with all medications they should be stored out of reach of children. PakMyMeds is not child-safe packaging. Do not store box in hot or humid conditions. Keep in a dry spot and out of direct sunlight.

I have my prescriptions filled by mail order or VA; can I have my prescriptions filled in PakMyMeds?

You will have to contact your insurance company and let them know that you want to receive your medications packaged at this pharmacy and talk through the options to see if that would be possible. Contact us to help you work with your insurance company.

How do I pay for my PakMyMeds prescriptions?

You may pay by cash, check, debit or credit card. If you need your PakMyMeds mailed, you must have a credit/debit card or a private charge account on file.

How do I sign up for PakMyMeds?

Visit or call your local pharmacy, or email us at info@pakmymeds.com to enroll.

Terms & Conditions

Terms of Use Privacy Policy Contact

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