

OJ NUTRITION GROWERS NEWS & TIPS RECIPES BUY FLORIDA ORANGE JUICE



Enjoy the Original Wellness Drink – Florida Orange Juice

Every glass of Florida Orange Juice provides the Amazing 5: great taste, vitamin C, potassium, folate and no sugar added.

#TheOriginalWellnessDrink





TASTE

The delicious and unique flavor of Florida OJ is often imitated but never duplicated: sweet, refreshing, empowering – utterly amazing.

VITAMIN C

Florida OJ is an excellent source of Vitamin C, which is important for the formation of collagen (a component of bones, gums and cartilage)

POTASSIUM

Florida OJ is a good source of potassium. Important for muscle function, potassium also plays a role in nerve transmission and helps maintain the body's fluid, electrolyte and pH balance.

FOLATE

Florida OJ is a good source of folate, a water-soluble B vitamin essential for cell division and healthy red blood cells.

NO ADDED SUGAR

Florida OJ contains no added sugar. The delicious taste of Florida OJ is courtesy of nature's goodness.



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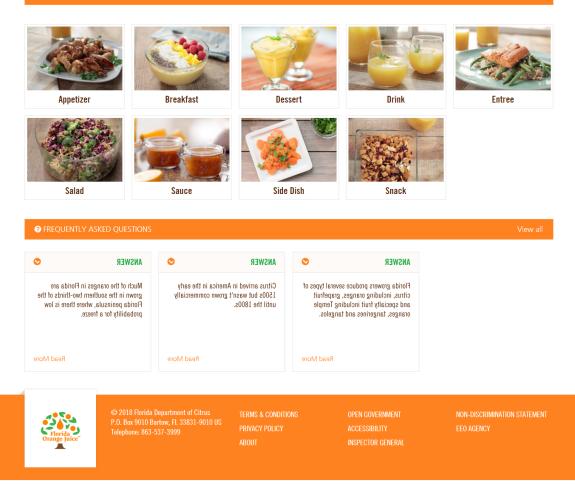
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| Show off your coloring skills while learning about the vital nutrients in Florida OJ with our Captain Citrus Colori https://t.co/bQT2rbDPXe | As we close out National Ag week, the Florida Citrus industry thanks you for allowing them to continue providing th https://t.co/b1P4UZ5sf8 | Florida Citrus crate labels started in the late 1880s in California & migrated to Florida.● These labels were drawn https://t.co/Wc6hepl3aW | Resilient. Florida Citrus growers work hard to endure & overcom any challenges that they may face Florida Citrus https://t.co/QNU48xWgbd |
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EXPLORE RECIPES



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