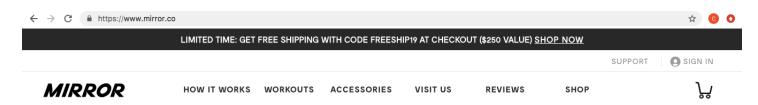


## THE WORKOUTS

From cardio and strength to yoga and boxing, stream unlimited classes from our NYC studio directly to your home. Enjoy 50+ new live classes weekly, or take a class anytime with our extensive library of on-demand workouts, available 24 hours per day to your whole household.

EXPLORE WORKOUTS



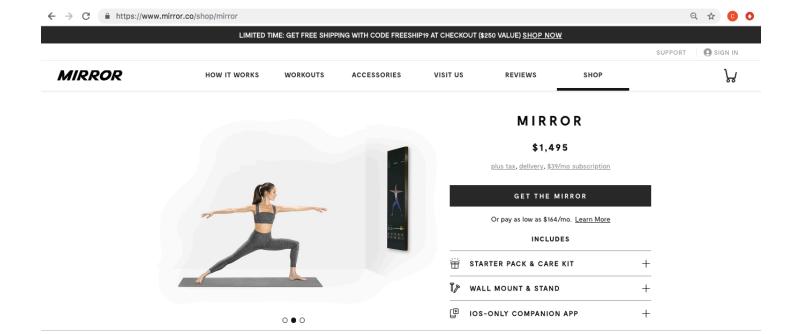


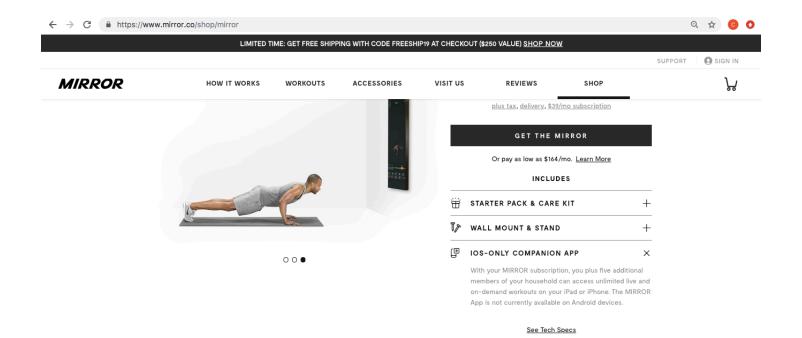


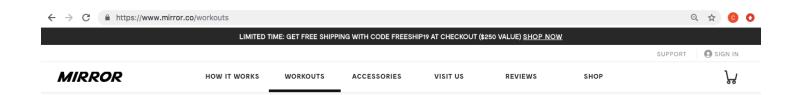
## THE EXPERIENCE

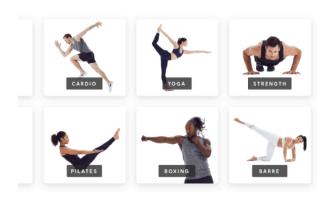
Mirror uses your personal fitness profile and your biometric data to optimize every workout for maximum results. Receive real-time instruction from best-in-class instructors, work out with friends and track your progress.

HOW IT WORKS









## HIGHLY VARIED WORKOUTS

Classes include cardio, strength, yoga, barre, Pilates, boxing, HIIT and more. Whether you're an athlete or just starting your fitness journey, MIRROR has workouts for all fitness levels and goals.

