



OUR WEBSITE

CLASSES

INSTAGRAM

MY INFO

ONLINE STORE

All locations

All service categories

All teachers

Class Schedule

Day

Week



Start time	Classes	Teacher	Location	Duration
Mon December 17, 2018				
12:30 pm	Ballerina Bum Body	Kathryn	South Loop	45 minutes
5:00 pm	Ballerina Fight Club ™	Sara V	South Loop	50 minutes
6:00 pm	MaZi CARDIO	Sarah-Jaine	South Loop	50 minutes
6:00 pm	Zi- CARDIO	Sara	Wicker Park/Bucktown	50 minutes
7:00 pm	Ballerina Bum Bootcamp	Kathleen	Wicker Park/Bucktown	50 minutes
7:00 pm	Zi- CARDIO	Chethan	South Loop	50 minutes
8:00 pm	WERQ ™	Kiley	Wicker Park/Bucktown	50 minutes
Tue December 18, 2018				
9:00 am	Ballerina Bum™ Barre	Kathryn	Wicker Park/Bucktown	50 minutes
12:30 pm	Ballerina Bum Bootcamp	Kathryn	South Loop	45 minutes
5:15 pm	Ballerina Bum™ Barre	Kathryn	South Loop	45 minutes
6:00 pm	Ballerina Fight Club ™	Mallory	Wicker Park/Bucktown	50 minutes
6:10 pm	Zi- CARDIO	Nadia	South Loop	50 minutes
7:00 pm	Ballerina Bum Bootcamp	Kathryn	South Loop	50 minutes
7:00 pm	Ballerina Bum™ Barre	Molly	Wicker Park/Bucktown	50 minutes
8:00 pm	B-Girl Hip Hop	Sara	Wicker Park/Bucktown	50 minutes
Wed December 19, 2018				
12:00 pm	Ballerina Fight Club ™	Kathryn	South Loop	45 minutes
5:00 pm	Zi- CARDIO	Karen	South Loop	50 minutes
6:00 pm	Ballerina Bum Bootcamp	Mallory	Wicker Park/Bucktown	50 minutes
6:00 pm	Ballerina Bum Bootcamp - Change for today ONLY	Nadia (1)	South Loop	50 minutes
7:00 pm	Zi- CARDIO	Sarah-Jaine (2)	South Loop	50 minutes
7:00 pm	Zi- CARDIO	Ziba	Wicker Park/Bucktown	50 minutes
8:00 pm	MDC Performing Group Rehearsal	Varied	Wicker Park/Bucktown	1 hour & 30 minutes
Thu December 20, 2018				
9:00 am	Ballerina Bum Body	Julie	Wicker Park/Bucktown	50 minutes
12:00 pm	Zi- CARDIO	Nadia	South Loop	45 minutes
6:00 pm	Ballerina Bum™ Barre	Kathryn	Wicker Park/Bucktown	50 minutes
6:00 pm	Zi- CARDIO	Chethan	South Loop	50 minutes
7:00 pm	Ballerina Fight Club ™	Sara V	South Loop	50 minutes
7:00 pm	WERQ ™	Kiley	Wicker Park/Bucktown	50 minutes
Fri December 21, 2018				
6:15 am	Ballerina Bum Bootcamp	Julie	Wicker Park/Bucktown	50 minutes
12:30 pm	Ballerina Bum™ Barre	Kathryn	South Loop	45 minutes

5:30 pm	Ballerina Fight Club ™	Sara V	Wicker Park/Bucktown	50 minutes
5:45 pm	MaZi CARDIO	Nickie	South Loop	50 minutes
6:30 pm	B-Girl Hip Hop	Sara	Wicker Park/Bucktown	50 minutes

Sat December 22, 2018

9:30 am	MaZi CARDIO	Nadia (3)	Wicker Park/Bucktown	50 minutes
10:00 am	Ballerina Fight Club ™	Kathryn	South Loop	45 minutes
10:30 am	Ballerina Bum Bootcamp	Nadia (4)	Wicker Park/Bucktown	50 minutes
11:00 am	Zi- CARDIO	Karen	South Loop	50 minutes
11:30 am	Zi- CARDIO	Sara (5)	Wicker Park/Bucktown	50 minutes
12:00 pm	Ballerina Bum™ Barre	Kathryn	South Loop	50 minutes

Sun December 23, 2018

9:30 am	Hip Hop Cardio CHANGE FOR TODAY ONLY	Cancelled Today	Wicker Park/Bucktown	50 minutes
10:30 am	Ballerina Bum Bootcamp	Nadia	Wicker Park/Bucktown	50 minutes
11:30 am	MaZi CARDIO	Karen	Wicker Park/Bucktown	50 minutes
12:00 pm	MaZi CARDIO	Cancelled Today	South Loop	50 minutes
4:30 pm	Zi- CARDIO	Cancelled Today	Wicker Park/Bucktown	50 minutes

Regularly Scheduled: (1) Rachel (2) Rachel (3) Ziba (4) Kathleen (5) Jessica