

#LifeFullyCharged

THE  
**Brightly**  
Weekly



No. 15 | April 30th, 2020

A day in the ICU through a health hero's eyes, women-owned businesses fill a Mother's Day Gift Guide, 5 people find ways to pitch in during the quarantine.

# This Is What's Happening At The ICU While You're Hunkered Down At Home

By: [The Well](#)





Watch what a frontline healthcare worker goes through each day while the rest of us keep our social distance, connect by Zoom and stress about supermarket trips. Our admiration and gratitude are boundless. [Keep Reading >](#)



### Mother's Day Gift Guide

By: [Annie Long Sullivan](#)

If there ever was a year to spoil your mom (or grandmother, godmother, sister, aunt or friend), 2020 is it. Inspiring gift ideas from female-founded businesses. [Keep Reading >](#)



### A Million Ways to Give: 5 Volunteers Share Ideas for Pitching in During the Pandemic

By: [Katie Fogarty](#)

We all want to help and do our part. 5 volunteers share ways to pitch in and make a difference. [Keep Reading >](#)

**Brighten Up Your Inbox**

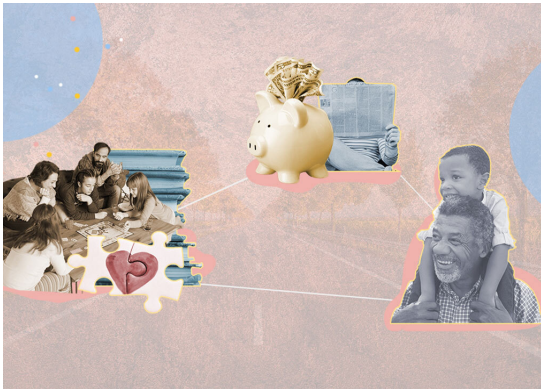
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#### PAST WEEKLIES

No. 14 | April 23, 2020

## Whatever gets you to the light

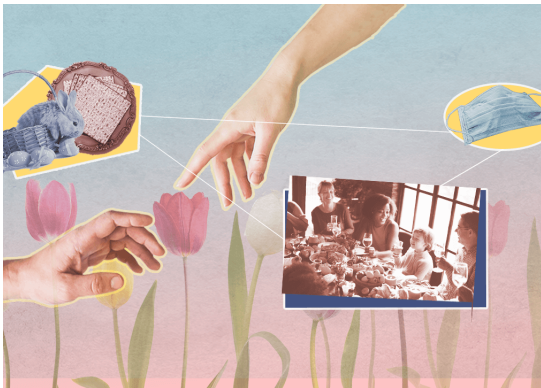
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## The long and winding road

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**No. 12** | April 9, 2020

## We can work it out

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**No. 11** | April 2, 2020

## And we all shine on

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**No. 10** | Mar 26, 2020



## We are still getting used to this

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No. 9 | Mar 19, 2020

## We will be ok.

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No. 8 | March 12, 2020

## Necessity creates new routines for all of us

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No. 7 | March 5, 2020

## Time for talking the talk

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# Rituals to put the good in your morning

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**No. 5** | Feb 20th, 2020

# Random acts, big brown bears, and lighting up your network

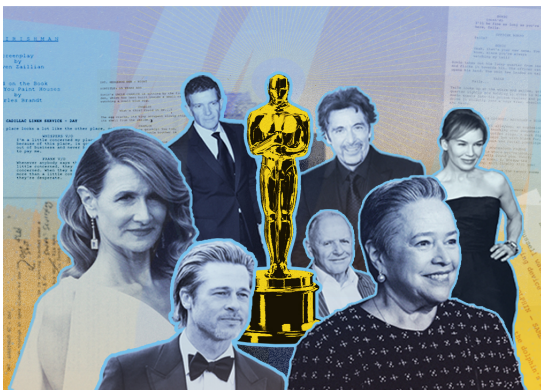
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**No. 4** | Feb 13th, 2020

# Love list, stage fright, and age-proofing

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**No. 3** | Feb 6th, 2020

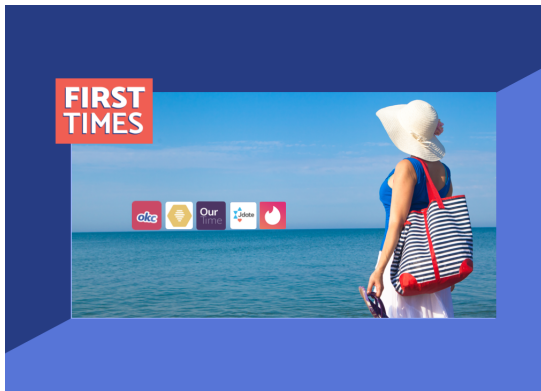
# Silver stars and side hustles

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# Sandwiched, scenic and standing out

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No. 1 | Jan 21, 2020

# Career shifts, online dating, and the book we can't put down

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