### BIG **BOY**® Carew Tower

RISCH'S

# Burgers, Sandwiches & Wraps

Two hand-breaded, crispy fillets with lettuce and Frisch's Original Tartar Sauce. **FISH SANDWICH** SOUTHWEST VEGGIE BURGER
Black bean burger with salsa, red onions and leaf lettuce.
7.59 | 530 cal

# **GRILLED CHICKEN SANDWICH**

6.79 | 700 cal

5.89 | 560 cal Grilled chicken breast with lettuce and mayonnaise. Available as a Crispy Chicken Sandwich. 850 cal

### Sliced turkey with bacon, tomato, and Swiss cheese grilled on Texas toast. 7.79 | 830 cal **CLUB MELT**

PATTY MELT

1/4 lb. of beef\* with American and Swiss cheeses,
caramelized onions, grilled on whole wheat Texas toast.

5.89 | 920 cal

**BUFFALO CHICKEN WRAP** 

Deli-sliced ham topped with melted Swiss cheese, tomatoes, lettuce and Frisch's Original Tartar Sauce on a toasted French roll.

4.79 | 520 cal

**BUDDIE BOY** 

I/2 Ib. of beef\* with cheese, lettuce, pickles and Frisch's Original Tartar Sauce on a double-decker bun. 7.29 | 1260 cal

SUPER BIG BOY"

1/4 lb. of beef\* with cheese, lettuce, pickle and Frisch's Original Tartar Sauce on a double-decker bun 4.89 | 720 cal

BIG BOY®

5.89 | 1080 cal Crispy chicken tenders with tomatoes, lettuce, cheddar cheese and buffalo sauce wrapped in a tortilla. Your choice of blue cheese or ranch dressing on the side.

Crispy chicken breast with bacon, tomatoes, lettuce, carrots, cheddar cheese and ranch dressing wrapped in a tortilla.

Available as a Crillian

5.89 | 920 cal as a Grilled Chicken Club Wrap.

### TURKEY CLUB WRAP

wrapped in a to 5.89 | 670 cal Sliced turkey with bacon, tomatoes, lettuce carrots, cheddar cheese and ranch dressing a tortilla.

### GRILLED CHEESE Made with Frisch's hor

Made with Frisc 4.69 | 520 cal homemade Texas toast

### Me BAD BOYTM

**TURKEY CLUB** 1/4 lb. of beef patties\*, with Pepper Jack cheese,lettuce, pickle and Frisch's Spicy Tartar Sauceon a double decker bun.
4.89 | 690 cal

tomatoes and mayonnaise 6.59 | 530 cal Sliced turkey breast with bacon, lettuce, tomatoes and mayonnaise on a toasted French roll.

1/4 LB. HAMBURGER
1/4 lb. of beef\* with lettuce, pickle and Frisch's
Original Tartar Sauce.

4.69 | 660 cal

### **BACON CHEESEBURGER**

.. — 10. of beef\* with cheese, two slices of blettuce, tomatoes, pickles and mayonnaise 5.89 | 830 cal wo slices of bacon,

Make it a Platter Add two classic sides to

### Dinners

3.49

Add Soup, Salad 'n Fruit Bar +5.89

# **BUFFALO BITES 'N FRIES BASKET**

Crispy chicken tossed in Buffalo sau cut fries, celery and ranch dressing. 6.99 | 1400 cal with crinkle

CRISPY CHICKEN TENDERS
Five crispy, white-meat chicken ten

Five crispy, white-meat chicken tenders with your choice of sauce. Served with two classic sides and a freshly baked dinner roll.

9.39 | 1005-1910cal | 3 PC. Dinner 6.99 | 685-1590 cal

FISH 'N CHIPS BASKET

Two pieces of crispy white fish and crinkle cut fries served with Frisch's Original Tartar Sauce. 8.19 | 1310 cal

## **GRILLED CHICKEN BREAST**

Skinless chicken breast lightly seasoned in marinade and grilled. Served with two classic sides and a freshly baked dinner roll.

8.89 | 425-1330 cal

Available with Teriyaki Marinade +1.00 | +45 cal

Soups and Chili

erved all day.

At Frisch's, we take great pride in making our own soups and chili in the Frisch's Kitchen using fresh ingredients. Vegetable soup and chili are served every day along with a rotating soup of the week.

COLE SLAW 2.29 | 190 cal

YVEGETABLE SOUP OR SOUP OF THE WEEK
Ask your server for our current selections.
Cup 2.49 | 140-550 cal | Bowl 3.49 | 280-1100 cal Sides

**CHILI WITH BEANS Cup** 3.49 | 300 cal | **Bowl** 4.69 | 600 cal

### TOSSED SALAD 2.69 90 cal SWEET POTATO FRIES 2.69 470 cal

STEAMED BROCCOLI 2.29 | 25 cal

HAND-BREADED ONION RINGS 3.39 410 cal

MACARONI & CHEESE 2.49 220 cal

**CRINKLE CUT FRIES** 

2.49 | 440 cal

MONDAY-FRIDAY — AFTER 11AM | SATURDAY AND HOLIDAYS AFTER 1PM Soup,

Salad 'n Fruit Bar

Selections will vary. For their safety, children under the age of 12 should be accompanied by an adult See buffet for calorie declarations. 8.79 per person.

# NEW! HOT LUNCH BAR 11AM - 2PM MONDAY-FRIDAY 9.99 per person

A 2,000 calorie daily diet is used as the basis for general nutrition advice; individual needs may vary. 1,200 to 1,400 calories a day is used for general nutrition advice for children ages 4-8 years and 1,400 to 2,000 calories a day for children ages 9-13 years. but calorie needs wary. Additional nutrition information available more requires

Carew

Jower

### Entrée S

CHICKEN BLT SALAD
Crispy or grilled chicken, bacon tomatoes, cheese and lettuce.
8.79 | 540-750 cal **GARDEN SALAD** bacon bits, tortilla strips,

cakes, smothered with hot fudge and topped with whipped topping and a cherry.

4.49 | 660 cal

two fudge

**HOT FUDGE CAKE** 

Desserts

Deli-style turkey, bacon, cheddar cheese, blue cheese crumbles, chopped egg, red onion tomatoes and lettuce.

8.79 | 510 cal

Juicy, sweet apples golden, flaky crust.

eet apples baked inside

APPLE PIE

Choose Your Dressing: Balsamic Vinaigrette, Frisch's Homemade Blue Cheese, French (fat-free), Honey Mustard (fat-free), Italian, Frisch's Homemade Ranchand Frisch's Homemade Thousand Island. | 30-320 cal

### Kids Meals

Chocolate, Vanilla or Strawberry. Small 4.19 | 590-750 cal Medium 4.79 | 730-980 cal

MILK SHAKES

CHEESECAKE

490 cal

A La Mode +99¢ | +110 cal

730 cal

Juice +20¢. Nas rym. Free refills on Kids Soft Drinks only. **Kids Meals for children 12 and under.** Includes a choice of Kids Soft Drink or Small Milk Juice +20¢. Kids Milk Shakes +90¢.

# PANCAKES WITH BACON OR SAUSAGE

**CHILI CHEESE FRIES** 3.99 | 680-730 cal

Appetizers

MOZZARELLA CHEESE STICKS

4.79 | 820 -950 cal

# GRILLED CHEESE AND FRIES 4.69 | 690 cal

HAMBURGER AND FRIES 4.59 | 850 cal With Cheese 4.79 | 890 cal

CHICKEN FINGERS AND FRIES

### MAC AND CHEESE 4.69 | 450 cal | 670 cal

Homemade 45-380 cal

With your choice of dipping sauce: Frisch's Homemade Blue Cheese, Buffalo, Fris Homemade Ranch and Frisch's Original Tartar

One classic side dish may be substituted for Kids Meal fries. See buffet for calorie declarations.

Free refills for the following be

/erages

in the dining room

### Bever ages

= Big Boy Favorite

FRESHLY BREWED HOT TEA 2.19 | 0 cal

FRESHLY BREWED ICED TEA 2.39 | 0-120 cal

No free refills on the following beverages

2.39 | 140 cal JUICE Minute Maid Orange Juice, Apple

Small 2.19 | 200-330 cal Large 2.69 | 260-440 cal

MILK AND CHOCOLATE MILK

HOT CHOCOLATE 2.29 | 140 cal

Coca-Cola® Diet Coke® Coke Zero Sugar® Add a flavor: Cherry, Vanilla, Strawberry or Chocolate. +50¢ | +35-40 cal Mello Yello® Sprite® Dr. Pepper® Hi-C® Fruit Punch Barq's®Root Beer Minute Maid Lemonade

**SOFT DRINKS** 2.59 | 0-160 cal

**KIDS SOFT DRINKS** 2.09 | 0-120 cal For children under the age of 12

RED MUG SIGNATURE COFFEE 2.19 | 0 cal

### Breakfast

Served all day (except

where

### WESTERN OMELETTE

Ham, onions and peppers, topped with cheese 8.79 | 910-1005 cal

romatoes, ham, potatoes and onions, topped with cheese 8.79 | 1070-1165 cal **FARMERS OMELETTE** 

# HAM AND CHEESE OMELETTE

8.29 870--965

### HOG HEAVEN BURRITO

Bacon, sausage, egg, cheese and hash browns. 5.39 | 750 cal

BACON, EGG, CHEESE & HASH BROWN BURRITO

4.69 | 550 cal

Qo

SAUSAGE, EGG, CHEESE HASH BROWN BURRITO

4.69 | 680 call

### **BREAKFAST BISCUIT**

Sausage, ham or bac 2.09 | 350-480 cal or bacon breakfast biscuit.

bacon and egg on toast

### **BREAKFAST SANDWICH**

3.99 | 350-480 cal

with syrup. Served with ham or turkey sausage. 5.89 | 1080-1400 cal

Additional protein +1.00 | +70-200 cal

FRENCH TOAST with syrup. Served with bacon, sausage

5.89

920-1240 cal

with syrup. Served with one egg\* sausage, ham or turkey sausage. TWO FLUFFY PANCAKES

and bacon,

3.49 840 cal

**BISCUITS 'N GRAVY** 

served during Breakfast Bar hours

 $oldsymbol{4_{\bullet}}$  Two eggs\* any style, toast and jelly 4.79 | 430-525 cal

3. One egg\* any style, hash browns, toast and jelly with bacon, sausage, ham or turkey sausage. 5.89 | 560-975 cal

2. Two eggs\* any style, juice, toast and jelly with bacon, sausage, ham or turkey sausage. 6.89 | 670-1085 cal

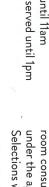
Two eggs\* any style, hash browns, toast and jelly with bacon, sausage, ham or turkey sausage.
6.99 | 660-1075 cal

Additional vegetable +75 $\phi$  | +10 cal Egg Whites available +1.00 | -120 cal

## **HASH BROWNS** 2.39 | 150 cal

Breakfast Bar with Fruit is priced per person for dining room consumption only. For their safety, children under the age of 12 should be accompanied by an adult Selections will vary. See buffet for calorie declarations.

### **BreakfastSides SPICY SPUDS** 2.19 | 330 cal Served all day (except where noted)





BREAKFAST BAR

8.99 | Monday-Friday — served until 11am
10.59 | Saturday and Holidays — served ur



















