



make kindness the norm.TM AT YOUR SCHOOL

We have taken our **CASEL approved**, highly effective, evidence-based Kindness in the Classroom[®] social emotional learning curriculum and made it better. By including a focus on equity, teacher self-care, and digital citizenship, we are excited to share a more engaging, relatable, and inclusive curriculum.

[GET STARTED K-5](#)
[GET STARTED 6-8](#)

If you've gotten used to the previous version of our curriculum, don't worry... we are still focused on all the same skills. We've just simplified it, updated it and included all kinds of new, fun stuff! If you need access to the earlier version, [they are archived here](#).

ABOUT US

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FOR EDUCATORS

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THE **RANDOM ACTS OF KINDNESS**
FOUNDATION



Kindergarten - 5th Grade

Our new Kindness in the Classroom® curriculum is a Tier 1 evidenced-based social emotional learning curriculum designed to help schools create a culture of kindness. Use the tabs below to find everything you need to effectively teach important kindness skills to your kids. [Click here if you are looking for Grades 6-8.](#)

EACH UNIT TEACHES SIX CORE KINDNESS CONCEPTS:



WHAT MAKES OUR LESSON PLANS UNIQUE?

- ✓ Rooted in kindness
- ✓ 100% FREE
- ✓ Focus on teacher self care
- ✓ Mapped to Standards
- ✓ Strong equity lens
- ✓ Teacher approved



Kindness in the Classroom® is a CASEL SElect program

FREE K-5 Lesson Plans	Training	Our Approach	Printables	Success Stories	Research & Reports	Additional Resources	FAQs
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FREE K-5 LESSON PLANS

Make kindness the norm™ at your school—here's everything you need to teach important kindness skills to your kids.

[DOWNLOAD QUICK START GUIDE](#)

[DOWNLOAD ONE-SHEET CURRICULUM OVERVIEW](#)

K



Kindergarten

Please [sign in](#) or [sign up](#) to download.

1



1st Grade

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2



2nd Grade

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3rd Grade

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5th Grade

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