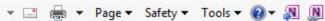
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We have taken our CASEL approved, highly effective, evidence-based Kindness in the Classroom® social emotional learning curriculum and made it better. By including a focus on equity, teacher self-care, and digital citizenship, we are excited to share a more engaging, relatable, and inclusive curriculum.

**GET STARTED K-5** 

**GET STARTED 6-8** 

If you've gotten used to the previous version of our curriculum, don't worry... we are still focused on all the same skills. We've just simplified it, updated it and included all kinds of new, fun stuff! If you need access to the earlier version, they are archived here

**ABOUT US** 

About Us

Contact Us

Media Kit

Become a RAKtivist®

**FAQs** 

**GET INSPIRED** 

Kindness Ideas

Free Kindness & Calendars

2019/20 Kindness Calendars

Kindness Quotations

Kindness Videos

The Science of Kindness Kindness Stories FOR EDUCATORS

FREE Lesson Plans

**Educator Resources** 

Backed by Research

About Our Approach

THE RANDOM ACTS OF KINDNESS

















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# Kindergarten - 5th Grade

Our new Kindness in the Classroom® curriculum is a Tier 1 evidenced-based social emotional learning curriculum designed to help schools create a culture of kindness. Use the tabs below to find everything you need to effectively teach important kindness skills to your kids. Click here if you are looking for Grades 6-8.

#### EACH UNIT TEACHES SIX CORE KINDNESS CONCEPTS:



#### WHAT MAKES OUR LESSON PLANS UNIQUE?

- Rooted in kindness
- 100% FREE
- Focus on teacher self care
- Mapped to Standards
- Strong equity lens
- Teacher approved



CASEL SELect program

FREE K-5 Lesson Plans

Training

Our Approach

Printables

**Success Stories** 

Research & Reports

Additional Resources

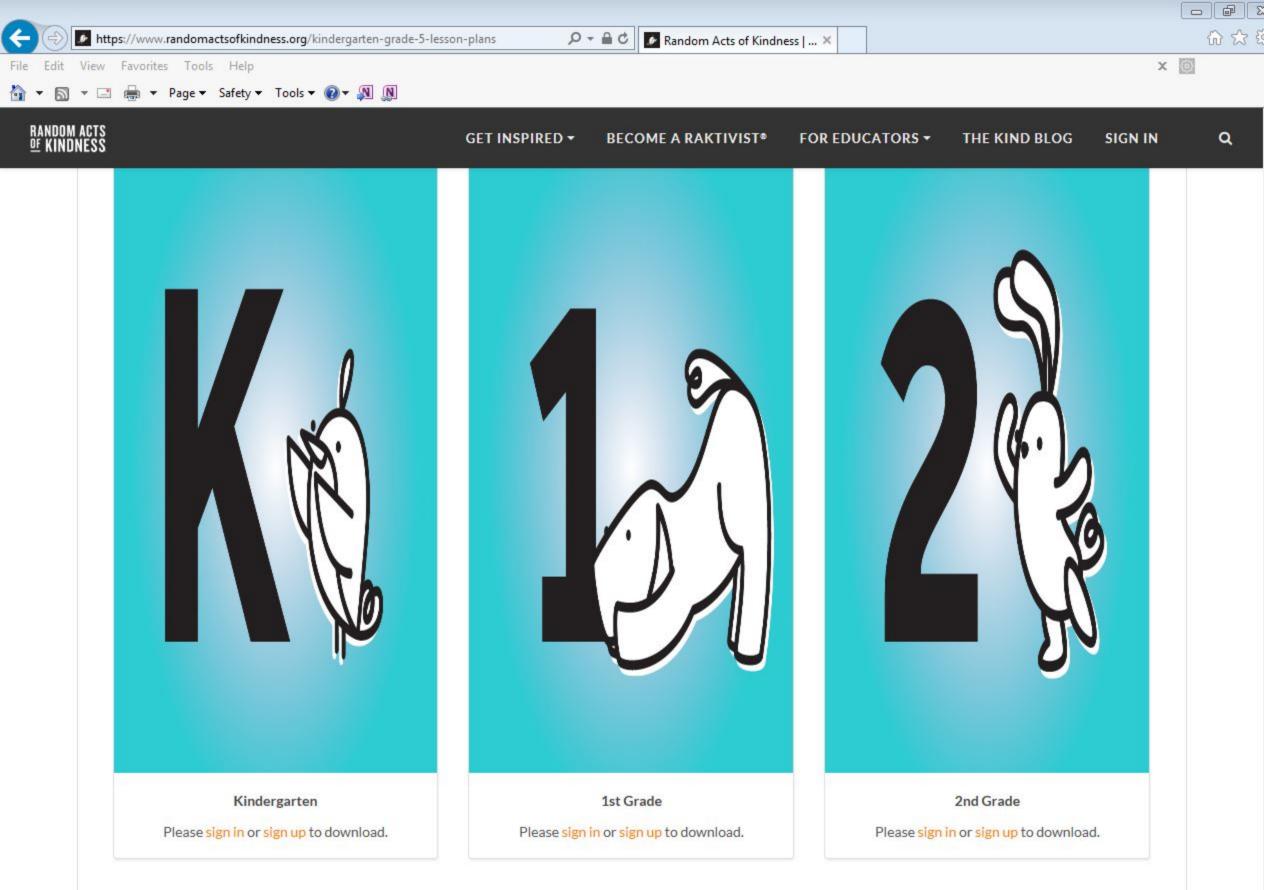
**FAQs** 

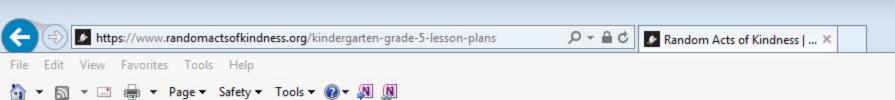
## FREE K-5 LESSON PLANS

Make kindness the norm<sup>™</sup> at your school—here's everything you need to teach important kindness skills to your kids.

DOWNLOAD QUICK START GUIDE

DOWNLOAD ONE-SHEET CURRICULUM OVERVIEW





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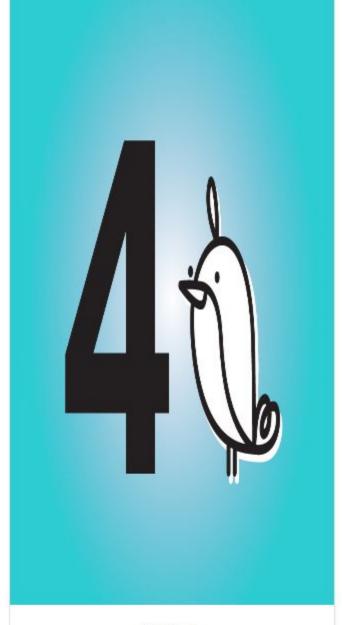
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3rd Grade

Please sign in or sign up to download.



4th Grade

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