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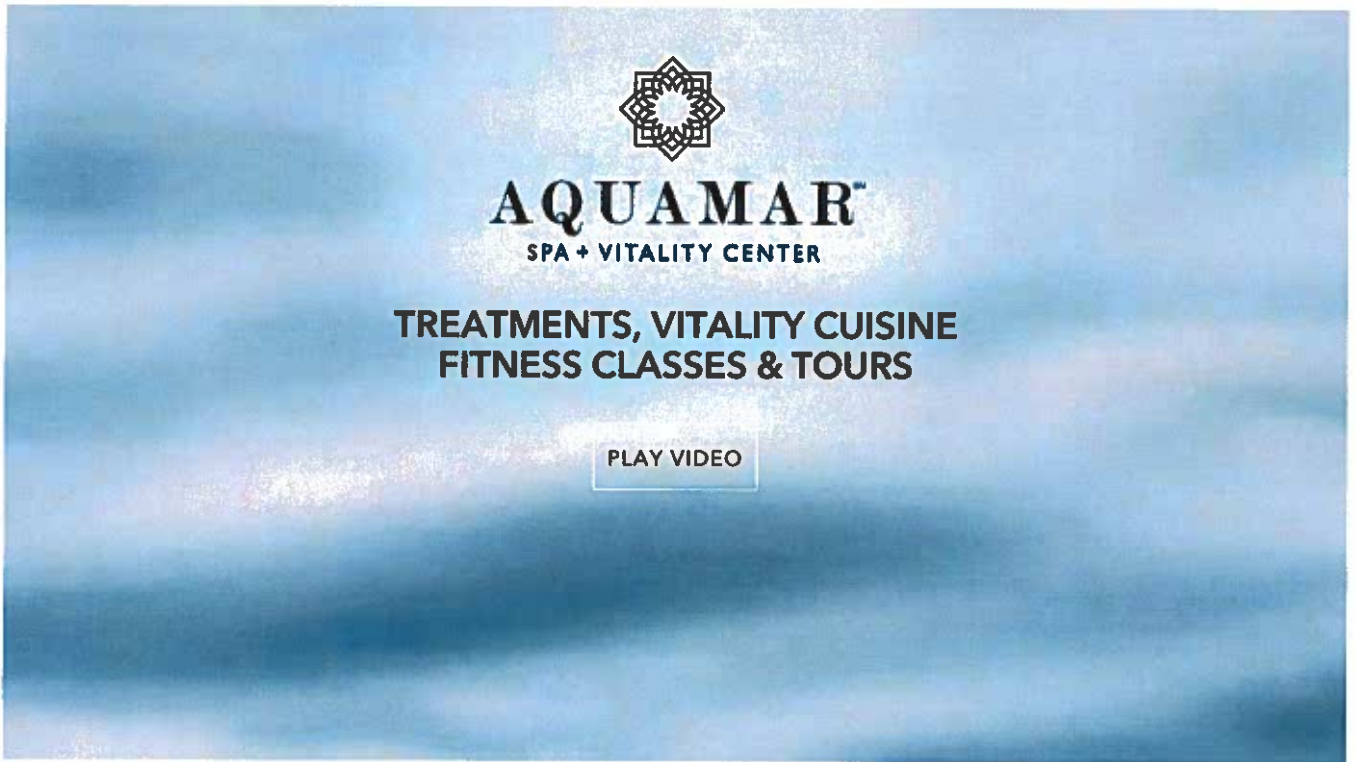
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NEW ERA OF WELLNESS

AQUAMAR VITALITY CUISINE

WELLNESS TOURS BY AQUAMAR

SPA WITHIN A SPA

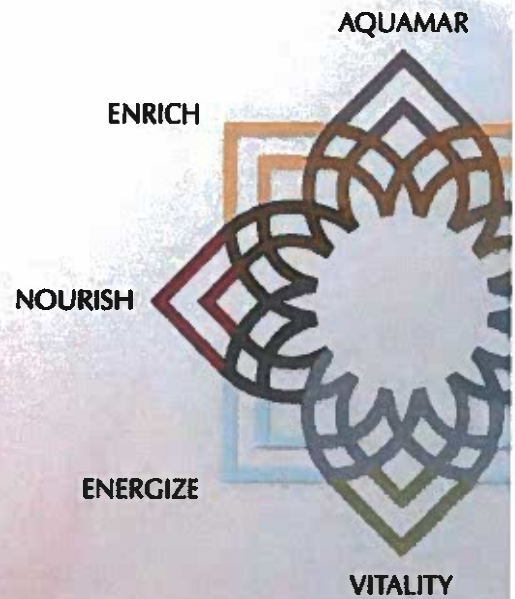
FITNESS & TRAINING

# A New Era of Wellness

Welcome to an entirely new era of wellness. The new Aquamar Spa + Vitality Center has been thoughtfully designed to enhance your experience through an array of wellness encounters uniquely curated to encompass our hallmark offerings - The Finest Cuisine at Sea™, alluring destinations and our intimate and luxurious ships.

VIEW MENU OF SERVICES

REQUEST FREE BROCHURE

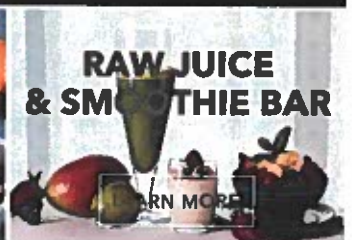
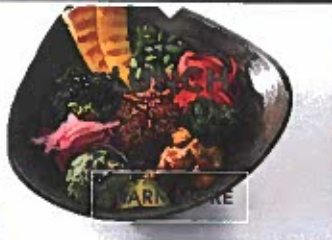


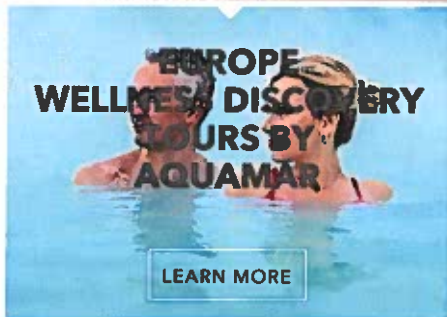


# AQUAMAR VITALITY CUISINE

Much like the Mediterranean diet, which is renowned as one of the healthiest in the world, The Finest Cuisine at Sea™ is built around the freshest, highest-quality ingredients and whole foods.

- Extensive array of gourmet plant-based dishes in The Grand Dining Room aboard all ships
- The most extensive menus at sea for breakfast, lunch and dinner with offerings to please every palate
- Energizing breakfast options at the Raw Juice & Smoothie Bar at Waves Grill





# Wellness Discovery Tours by Aquamar

From ancient mineral baths outside of Rome to a traditional teahouse in Myanmar, our Wellness Discovery Tours by Aquamar offer exclusive excursions ashore that reveal timeless wellness practices of locales around the world. Alluring destinations, fascinating cultures and healthy living come together to create innovative and



## Fitness & Training

Aquamar Spa + Vitality Center provides you a blissful wellness retreat at sea that includes complimentary fitness classes and a state-of-the-art fitness center.

From sunrise yoga on deck to boot camp to core conditioning, you are sure to find a class to suit your preferences.

One-on-one personal training is also available, as is the latest exercise equipment, such as treadmills with heart-rate monitoring and LCD screens, strength-training machines and free weights.

Marina and Riviera also feature a Kinesis® exercise wall.

[LEARN MORE](#) ▾

**Connect Your Way**

 (855) 327-9634  
or your travel advisor

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 Frequently Asked Questions

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## WELLNESS CRUISES: 8 SIGNATURE AQUAMAR SERVICES



Debating this winter across all six of our ships... [Read More](#)



SAVOR THE WORLD WITH THE FINEST CUISINE AT SEA™

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