

KEEP UP WITH US

With the opening of the new Midtown Chicago, we're excited to share all the boutique studio spaces we've designed for you. Practice your yoga. Take a HIIT fitness class. Learn to box. Relax at the spa. Enjoy a delicious meal. How about all of the above? We're your fitness oasis.

THE
THEATER

RIDE

THE
FIELD

EVERYBODYFIGHTS

samadhi

THE SPA

Chromium