

# Thank you for choosing Microsoft Teams (free)

## 1 Let's set up your account

Enter the email you want to use in Teams. If you already have a Microsoft account, feel free to use that email.





[Set up account](#)

## 2 Tell us about yourself





## 3 Start using Teams



### Microsoft Teams features

-  Chat
-  Audio and video calls
-  File sharing
-  Apps and connectors

### Want more? Upgrade to Office 365 and get:

-  Outlook and Exchange email hosting
-  1 TB file storage per user
-  Meeting scheduling and recording
-  Enterprise-level security and support