



## What are Master Classes?



We've selected the most effective and stimulating fitness classes available to create our Master Class schedule. Our Xperts ensure that you receive personalized attention and guidance during every class, while benefiting from the collective energy of the group fitness experience. Master Classes are:

### Diverse

With six core disciplines to choose from and dozens of unique classes, you can create a fitness program that challenges you in new and surprising ways.

### High-Energy

Our Xperts choreograph challenging and exhilarating routines to keep you motivated and in motion.

### Engaging

In addition to making your fitness goals possible, our Master Classes are social, dynamic, inspiring and fun.

## Products and Services



## MASTER CLASS CATEGORIES



### PERFORMANCE TRAINING

Experience ultra-efficient fitness classes that enhance muscle endurance, build a strong core and establish a maximum calorie burn. [READ MORE >](#)

RESERVE



### BARRE

Take the traditional barre class to the next level by adding a challenging, athletic twist. [READ MORE >](#)

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### MIND-BODY

Get mentally and physically inspired with a mix and variety of yoga and pilates classes. [READ MORE >](#)

RESERVE



### MARTIAL ARTS

Discover a high-output fitness experience rooted in martial arts programming. [READ MORE >](#)

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### DANCE

Get a complete cardio fitness experience in a variety of dance styles. [READ MORE >](#)

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### BFX FACTOR

Step outside the ordinary with the latest in fitness innovation. [READ MORE >](#)

RESERVE

## UPCOMING CLASSES

FRIDAY JUL 18



- ★ RESERVE A RIDE
- ◻ RESERVE A CLASS
- ◻ RESERVE A SESSION
- PURCHASE A PACKAGE
- FITNESS XPERTS
- RIDE REPUBLIC
- MASTER CLASS
- PRIVATE SESSIONS
- BFX CHELSEA



^ BFX Build

RESERVE



X FUSIONRIDE

RESERVE



◻ BFX Barre

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