



Based on personal and historical information gained from conversations and interviews with the resident's family and the resident themselves, along with information provided from our personal lifestyle biographies and the results from the Brief Cognitive Ratings Scale (BCRS), our Engagement Therapy Treatment program (ETT) resonates in a meaningful way with our residents. This tailored personalization helps the resident translate the program in a meaningful way — ability, capabilities — preferences equals success.

We strive for ...

Excellence

Individuality

Independence

Dignity

Sense of Belonging



ETTSM

Engagement
Therapy
Treatment

Mirroring the Past
Fulfilling the FutureSM

HCR ManorCare[®]

Arden Courts • Springhouse • Linden Village
ManorCare Health Services • Heartland

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What is Engagement Therapy?

Our Engagement Therapy Treatment (ETT) program, from our experts at HCR ManorCare, is designed specifically for our residents living with memory loss. This innovative caregiving technique integrates unique life experiences of the past with present interests. ETT personalizes programs based on their present level of cognitive and functional ability. This joining of past and present interests and skills maximize abilities and provides a therapeutic environment for our residents.

What is the philosophy behind our Engagement Therapy Treatment program?

HCR ManorCare identified a need to develop a caregiving technique for persons living with memory loss that reaches beyond everyday activities. This therapeutic program encompasses lifestyle preferences, background life stories, Adult Montessori concepts and strategies based on cognitive function.

Even though Alzheimer's and related dementias are considered a progressive and debilitating disease, Arden Courts aggressively strives to find moments of time that are meaningful and gratifying to our residents. Capturing moments using our ETT program principles capitalizes on the philosophy that ability, capabilities and preferences equal success.

Where do the ideas for the Engagement Therapy Treatment programs come from?

- Personal and historical information gained from conversations and interviews with the resident's family and the residents themselves
- Information provided from our personal lifestyle biographies
- Results from the Brief Cognitive Ratings Scale (BCRS)



Before Vince participated in our ETT programs, he secluded himself from others within the facility and did not participate in activities. By utilizing his experience in carpentry, the staff at Arden Courts discovered a new way to engage Vince and help promote his socialization within the community.

How will an ETT program benefit my loved one?

HCR ManorCare has found that residents who participate in our ETT programming experience profound moments of satisfaction and joy. Residents who participate in our ETT program are found to have increased:

- Socialization with other residents
- Maximization of the resident's remaining abilities for personal care
- Self-esteem and individual dignity
- Participation and engagement within each program

Our ETT programs promotes self-esteem and enjoyment by making the activity specific to a group setting of mutual levels of function and shared interests. The programs are also designed to meet the physical, social, creative, intellectual, civic and sensory needs of each participant.

“Despite evolving memory impairment, residents who participate in our ETT programming are able to cook, dance, create and listen once again as in the prime of their passions, hobbies and respective livelihoods. Our ETT program is by design, the catalyst through which any participant, respective of cognitive decline, can reconnect with his/her former self.”

— Gordon Creamer, Senior Program Services Coordinator at Arden Courts of Kensington



John Skillman was a teacher who served as a missionary through the United Methodist Church. He loved to travel and the outdoors. Arden Courts utilized John's life story and personal interests to find engaging activities he truly enjoys.