



437

**GRILLED CHICKEN BREAST PATTY
OVER RICE PILAF, SEASONED
BROCCOLI, CARROT CUTS**

BEST USED BY:
06/10/09

HEATING INSTRUCTIONS:

REGULAR OVEN: Puncture Film, Preheat Oven to 300 Degrees. Leave Film Seal Over Dinner, Heat 30-35 Minutes or 160 Degrees.

MICROWAVE OVEN: Puncture Film Before Heating on High 6-8 Minutes, Turn Tray Halfway Through Heating Time. Let Stand 2 Minutes. Stir Before Serving.