



Nutrition Facts

Serving Size one banana (136g)

Amount Per Serving	%Daily Value
Calories 120	Calories from Fat 5
Total Fat 0g	0%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0mg	0%
Sodium 0mg	10%
Total Carbohydrates 31g	16%
Dietary Fiber 4g	

Sugars 17g	
Protein 1g	
Vitamin A 2%	Vitamin C 20%
Calcium 0%	Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.



Controlled Ripening Technology
CRT



PRODUCT OF COSTA RICA
Information About: Del Monte Quality
P.O. Box 149222
Patent Pending
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