

## **Christian Caregiver Relief**

Do you feel the need for support & resources while you care for a loved one?



Christian Caregiver Relief (CCR) is a non-profit charity, that has provided hundreds of FREE relief breaks to amateur caregivers. CCR is now offering a free support group for any amateur caregiver in the metropolitan White Lake/Muskegon County area.

This caregiver support group meets monthly every second Monday at 6:30 pm to 7:55 pm at the White Lake Library, 3900 White Lake Dr. Whitehall, MI 49461 Meetings usually feature a speaker with helpful information and CCR has knowledge of helpful resources that you may or may not have already heard of.

So, plan to take some time to refresh and join us at the support group meeting. Best of all, there is no charge. If you need two qualified volunteers to sit with your loved one to make it easier for you to attend the group, we may very well be able to do so (and it is always free).

The Carter, Cynthia, Granville, Madlyn Ryan Foundation Inc. is a non-profit charity registered with the State of Michigan and is authorized to do business as Christian Caregiver Relief.

Next meeting July 13, 2015.

If this sounds like something you would be interested in, please email us locally estherccr@yahoo.com or contact us directly by calling Esther Peterson 231-861-7490



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