

# DETAILS

**ATTENTION,  
AGING  
ROCKERS:  
YOUR HAIR  
LOOKS  
RIDICULOUS**

**—  
Inside the  
Diet Craze  
of the  
Moment**

**—  
TRAINING  
SECRETS  
OF THE  
WORLD'S  
FASTEST MAN**

**+  
SPRING  
FASHION  
SPECIAL  
EVERYTHING  
YOU NEED  
TO LOOK  
SHARP THIS  
SEASON**

**JAMES FRANCO TAKES ON HIS TOUGHEST ROLE YET:**

# Being James Franco

**The Cocktails  
You Need  
to Be Drinking  
Right Now**

**—  
THE CURIOUS  
CASE OF THE  
SNAKE-WRANGLING,  
VENOM-INJECTING  
MAN WHO JUST  
MIGHT LIVE FOREVER**

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