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Gerson® Basics Workshop

A two and a half day training in San Diego for individuals who would like to provide basic Gerson care for a loved one or to expand their range of knowledge to help themselves or others.



The Gerson Basics Workshop includes:

- Overview and history of the Gerson Therapy by Charlotte Gerson
- How to do a coffee enema, safe injection techniques and medication overview
- Preparing clay and castor oil packs
- Caring for patients and coping with healing reactions
- Food preparation and juicing demonstrations by Gerson experts
- A recovered Gerson patient testimonial

The Gerson Basics Workshop is designed for:

- People who have been diagnosed with cancer or another chronic degenerative disease, who want to learn more about the Gerson Therapy and what it entails
- People who have been accepted by one of the [Gerson clinics](#) for treatment, and want to learn more about how to follow the Gerson Therapy from home, after they have left the clinic.
- People who have family, friends or other loved ones they wish to support and assist in their care after leaving a Gerson clinics, or if they are starting the Gerson Therapy from home.
- People who want to pursue the Home Set-up Trainer Certification Program. Completion of the Gerson Basics Workshop is required before applying for the Certification program. (Completion of this class alone is not sufficient to qualify participants as Home Set-up Trainers). Please review the requirements for the certification program here: [Home Set-up Trainer Certification](#).

This workshop is NOT intended for those seeking:


- Detailed medical or research information on the Gerson Therapy.
- To learn the Gerson Therapy for preventative health. The Gerson Therapy was designed as a treatment for chronic degenerative diseases; there is no Gerson protocol for prevention.
- Personalized protocols for specific conditions.
- Prescriptions for supplements or use of supplements for specific conditions
- Diagnostic information
- Interpretation of laboratory information
- Certification to teach, administer or prescribe the Gerson Therapy
- Protocols for children, infants or pets

Registration Information



[A Cancer Therapy: Results of 50 Cases](#), the [Gerson Therapy Handbook](#), [Healing the Gerson Way](#) and a one-year membership to the Gerson Institute will be provided free of charge with registration. They will be given on-site at the Workshop with your other Workshop materials.

This class is offered three times a year: in the spring, summer and fall. Do not book hotel or travel arrangements until you have received a confirmation that your registration is complete.

February's Workshop is now full. To be added to the waiting list, please download and fill out our interactive  [Registration Form \(PDF\)](#).

Once you have read and filled out the form, please save and attach pages 2 (application) and 3 (hotel information) in an email to info@gerson.org or fax to (619) 685-5363.

We are currently accepting **waiting list registration only** for the February Workshop

Next Class: Friday February 3 - Sunday February 5, 2012

Time:

Location: San Diego Women's Club
2557 3rd Ave
San Diego, CA 92103
[\(map\)](#)

Fee: \$500 general public
\$450 students/seniors 60+
(fax copy of ID)

(Accommodations are not included)
For a list of local hotels, please contact the Gerson Institute.

For persons that would like to become a professional Certified Gerson Home Set-up Trainer (formerly known as a Gerson Caregiver), this workshop is also Phase I of the Gerson Home Set-up Trainer Certification Program.

[Click here for information on the requirements of the training and certification process.](#)

Comments from past Gerson Basics Workshop participants:

This workshop was very informative and inspiring. Thank you very much for a wonderful weekend to all the Gerson staff and volunteers.

- Margaret Yarmush, Vista, CA

Thank you so much for an outstanding training. Charlotte was informative and entertaining. All the staff are professional, friendly and kind. The food was excellent. I'm looking forward to more trainings with the Gerson Institute!

- Lynn Martin

[Click here to see a gallery of photos from our June '11 Gerson Basics Workshop!](#)

Gerson Institute/Cancer Curing Society
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