


DO NOT USE IF INNER OR OUTER SEAL IS BROKEN OR MISSING.

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.



Prod. No. 5308 B19071 01B
RD 09247


Compare to Centrum® Multivitamin†

MORE ABSORBABLE NUTRIENTS*
MULTIVITAMINS/MULTIMINERALS


Advanced Formula

Central-Vite®

With Antioxidants
Proper Balance of Ingredients



DIETARY SUPPLEMENT



130 Tablets

SAFEMART™

Made in U.S. Pharmacopeia (USP) quality, purity and potency standards. Laboratory tested to dissolve within 60 minutes.
Suggested Use: Take one tablet daily with a full glass of water, preferably after a meal.

Supplement Facts
Serving Size 1 Tablet

Each Tablet Contains	% DV	Each Tablet Contains	% DV
Vitamin A 3500 IU.....	70%	Selenium 55 mcg.....	79%
(25% as Beta Carotene)		Copper 0.9 mg.....	45%
Vitamin C 30 mg.....	150%	Manganese 2.3 mg.....	115%
Vitamin D 400 IU.....	100%	Chromium 35 mcg.....	29%
Vitamin E 30 IU.....	100%	Molybdenum 45 mcg.....	60%
Vitamin K 25 mcg.....	31%	Chloride 72 mg.....	2%
Thiamin (Vit. B1) 1.5 mg.....	100%	Potassium 80 mg.....	2%
Riboflavin (Vit. B2) 1.7 mg.....	100%		
Niacin 20 mg.....	100%	Boron 150 mcg.....	**
Vitamin B6 2 mg.....	100%	Nickel 5 mcg.....	**
Folic Acid 500 mcg.....	125%	Silicon 2 mg.....	**
Vitamin B12 6 mcg.....	100%	Tin 10 mcg.....	**
Biotin 30 mcg.....	10%	Vanadium 10 mcg.....	**
Pantothenic Acid 10 mg.....	100%	Marigold Extract (Tagetes erecta) (flower) 5 mg.....	**
Calcium 200 mg.....	20%	(Standardized to 5% (250 mcg))	
Iron 18 mg.....	100%	Lutein†	**
Phosphorus 109 mg.....	11%	Lycopene 300 mcg.....	**
Iodine 150 mcg.....	100%		
Magnesium 100 mg.....	25%		
Zinc 11 mg.....	73%		


**Daily Value (DV) not established.

IMPORTANT INFORMATION: Long-term intake of high levels of vitamin A (other than from beta carotene) may weaken the bones in older adults. Consult your physician before taking another vitamin A-containing supplement with this product.

INGREDIENTS: Dicalcium Phosphate, Magnesium Oxide, Potassium Chloride, Calcium Carbonate, Cellulose, Ascorbic Acid, Ferrus Fumarate, Corn Starch, d-Alpha Tocopheryl Acetate, Niacinamide, Polyvinyl Alcohol, Gelatin, Crosscarmellose Sodium, Zinc Oxide, Crospovidone, D-Calcium Pantothenate, Magnesium Stearate, Titanium Dioxide, Polyethylene Glycol, Manganese Sulfate, Talc, Silicon Dioxide, Acacia, Maltodextrin, Hydroxypropylcellulose, Pyridoxine Hydrochloride, Glucose, Cupric Sulfate, Riboflavin, Thiamine Mononitrate, Vitamin A Acetate, Boric Acid, Sucrose, Folic Acid, Beta Carotene, Yellow 6 Lake, Chromium Picolinate, Lycopene, Lutein, Potassium Iodide, Sodium Selenate, Sodium Molybdate, Tricalcium Phosphate, Red 40 Lake, Sodium Ascorbate, Tocopherols, Phytanadione, Biotin, Sodium Melavanadate, Nickelous Sulfate, Stannous Chloride, Cholecalciferol, Cyanocobalamin, Ascorbyl Palmitate.

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1-888-SAFEWAY / www.safeway.com

KEEP IN A COOL, DRY PLACE TIGHTLY CLOSED.
Oil- and Water-soluble Vitamins with Minerals Tablets USP.
†This product is not manufactured or distributed by Wyeth Holdings Corporation, owner of the registered trademark Centrum®.
*Pertains to new forms of chromium and copper compared to original formula.
†FloraGLO® is a registered trademark of Kemira.




POTENCY GUARANTEED THROUGH (MONTH & YEAR):

NO VARNISH THIS AREA







**2 x 7
SWY5308**

CAUTION:
It is the vendors responsibility to print a scannable UPC code from either our artwork or your alternative UPC method.

Match to 4/c process



PMS 186

NBTY, INC IN HOUSE GRAPHICS DEPARTMENT		2100 SMITHTOWN AVE RONKONKOMA, NY 11779		Pill File Name: AA0128AE_F03_0008	
			Software(s): <i>Illustrator CS4</i>		WamNet: <input checked="" type="checkbox"/> YES <input type="checkbox"/> NO
			<input type="checkbox"/> IBM <input checked="" type="checkbox"/> MAC		
COLORS			FONTS		
 Process Cyan	 Process Magenta	 Process Yellow	 Process Black	 PMS 1788	 PMS 549
			Face Panel: Berkeley (family) HelveticaNeue (family)		
			Ingredient Panels: HelveticaNeue (family)		
			SFB: 4.5 pt.		
			Die Number: 2 x 7		
			Prepared by: maureen 9.4.09		
Path: Production \ Vitamin \ Safeway \ Artwork \ New Safeway Design \ Labels \ SWY5308.ai				Job No.	
				Proofreader:	

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