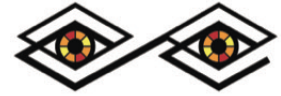


SHRED SUPPLEMENT GUIDE

TIME	SUPPLEMENT	WHERE TO FIND ALL THE SUPPLEMENTS
Take both first thing in the am/empty stomach (20-30min before fasted cardio or breakfast)	1scoop LIPOCID X (fat burner) + 1scoop CARNIGEN+CAFFEINE (carnitine)	<p style="text-align: center;">FOR A 15% DISCOUNT USE MY LINK BELOW AND USE THE CODE: EVOGENELITE</p> <p style="text-align: center;">HIT THE LINK IN MY INSTAGRAM BIO (@devinbernardo) AND THEN CLICK ON THE "EVOGEN SUPPLEMENTS LINK"</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">COPY AND PASTE THIS LINK INTO A WEB BROWSER/ADRESS BAR AND USE THE CODE: EVOGENELITE</p> <p style="text-align: center;">https://www.evogennutrition.com/?a_aid=devin</p>
Take 1 tablet with breakfast and dinner	1tablet of EVOVITE (multivitamin)/serving	
Take all 3 together 20-30min before weight training on empty-lightly full stomach	1-2scoops EVP XTREME N.O. (Pre-workout) + 1scoop Cell K.E.M (pump maximizer) + 1scoop CARNIGEN+CAFFEINE (carnitine) + EVP AQ (muscle volumizer)	
Post-Workout (Immediately after training)	1-2scoops EVOFUSION OR ISOJECT (protein powder)	



BULK SUPPLEMENT GUIDE

TIME	SUPPLEMENT	WHERE TO FIND ALL THE SUPPLEMENTS
Take 1 tablet with breakfast and dinner	1 Tablet of EVOVITE (multivitamin)/serving	<p style="text-align: center;">FOR A 15% DISCOUNT USE MY LINK BELOW AND USE THE CODE: EVOGENELITE</p> <p style="text-align: center;">HIT THE LINK IN MY INSTAGRAM BIO (@devinbernardo) AND THEN CLICK ON THE "EVOGEN SUPPLEMENTS LINK"</p> <p style="text-align: center;">OR</p> <p style="text-align: center;">COPY AND PASTE THIS LINK INTO A WEB BROWSER/ADRESS BAR AND USE THE CODE: EVOGENELITE</p> <p style="text-align: center;">https://www.evogennutrition.com/?a_aid=devin</p>
Take all 3 together 20-30min before weight training on empty-moderately full stomach	1-2scoops EVP XTREME N.O. (Pre-workout) + 1scoop Cell K.E.M (pump maximizer) + 1scoop EVOGEN CREATINE ESSENTIALS (creatine) + EVP AQ (muscle volumizer)	
Post-Workout (Immediately after training)	1-2scoop EVOFUSION OR ISOJECT (protein powder)	
Sip between meals/while training	AMINOJECT 1-2scoops daily	

