



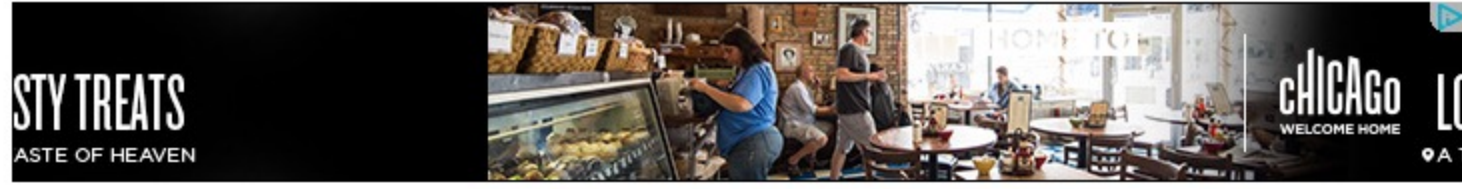
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flex

DICTIONARY

THESAURUS



flex verb

\ 'fleks \

flexed; flexing; flexes

Definition of flex (Entry 1 of 3)

transitive verb

- 1 : to bend especially repeatedly
- 2 a : to move muscles so as to cause flexion of (a joint)
b : to move or tense (a muscle) by contraction
- 3 : USE, DEMONSTRATE
// flexing her skills as a singer

intransitive verb

: BEND

flex one's muscles

: to demonstrate one's strength
// an exaggerated need to flex his political muscles
 — J. P. Lash



WORD OF THE DAY

totem

an object used as a family or clan emblem

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