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MONQ Best Aromatherapy Inhaler Zen lowers stress levels! Simply Breathe To Enhance Your Mood With Blended & Heated Aromatherapy In A Personal Portable Device. Organic and Natural.

by MONQ

455 customer reviews | 112 answered questions



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- ✔ **This item:** MONQ Best Aromatherapy Inhaler Zen lowers stress levels! Simply Breathe To Enhance Your Mood With... \$20.00
- ✔ **MONQ is the Best Aromatherapy Inhaler HAPPY MONQ Will Make You Smile Simply Breathe MONQ to Enhance...** \$20.00
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13	1,180	1	11	251
\$10.45 - \$17.95	\$7.95 - \$37.95	\$9.90 - \$15.95	\$10.45 - \$17.95	\$19.99

Have a question?

Find answers in product info, Q&As, reviews

Product Description



Essential oil diffusers can be complicated, so we simplified the process with the portable essential oil diffuser. Simply choose a blend, breathe in through your mouth, and exhale through your nose. It's the most convenient way to experience aromatherapy.



Breathe Natural Clarity. Feel presence and peace with this balancing essential oil blend.

Frankincense: Frankincense has been used for thousands of years to awaken the spirit and balance the mind. In meditation practices, it allows for deeper breaths that increase mental awareness and restoration of calmness and peace.

Sweet Orange: Orange is known to uplift the spirit, provide additional energy, and clarify the mind. Some use it as an aid in detoxification, and studies indicate that it may lower the body's response to stressful situations.

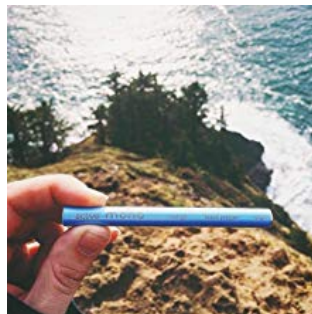
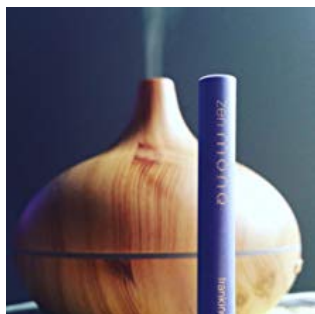
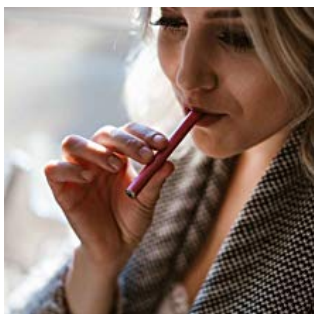
Ylang Ylang: Ylang Ylang is known to fight stress and create a soothing effect. It relaxes the body and leads to a feeling of overall wellness. Many claim that it can help overcome fear, and even be used as an aphrodisiac.



How Do I use it?

MONQ blends should be drawn in with the mouth, also known as a 'mouth inhale', and then exhaled through the nose. Think of the action being similar to sucking something through a straw. The longevity of each personal diffuser depends on usage. Most people get around 200 breaths from each device, which is close to 1 month of continued use. Most users are satisfied taking 2-3 breaths every few hours due to the robust and complex flavors within our blends.

About MONQ Diffusers



Simple

No mixing, no mess, no stress. choose a blend, breathe in through your mouth, and exhale through your nose.

Superior

Traditional room diffusers cause over-stimulation. Experience life-enhancing effects every time you use it.

Safe

No tobacco, nicotine, artificial ingredients, GMOs, gluten, diacetyl, or propylene glycol. Not tested on animals.

Scientific

Highest quality essential oils from reputable farms, blended by scientists and aromatherapy experts.

Product information

Product Dimensions	4 x 0.5 x 0.5 inches
Item Weight	0.48 ounces
Shipping Weight	0.8 ounces (View shipping rates and policies)
Manufacturer	MONQ, LLC
ASIN	B00PRC2YM8
Item model number	Zen MONQ
Customer Reviews	455 customer reviews 3.6 out of 5 stars
Best Sellers Rank	#24,468 in Home & Kitchen (See Top 100 in Home & Kitchen) #821 in Beauty & Personal Care > Fragrance > Aromatherapy

Warranty & Support

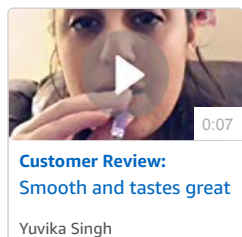
Product Warranty: For warranty information about this product, please [click here](#)

Feedback

If you are a seller for this product, would you like to [suggest updates through seller support?](#)

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Customer Review:
Smooth and tastes great

Yuvika Singh

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\$14.99

Genius Joy - Serotonin Mood Booster for Anxiety Relief, Wellness & Brain Support, N...
1268
\$59.99

FOGG Terpenes Cutter (1 ml)
14
\$15.38

MOXÉ Peace - Portable Essential Oil Diffuser - All Natural Aromatherapy with Bergam...
27
\$14.99

MOXÉ Love - Portable Essential Oil Diffuser - All Natural Aromatherapy with Patchou...
14
\$14.99

Ad feedback

Customer questions & answers

Have a question? Search for answers

5 votes

Question: do you refill these??

Answer: Hi Stacy,
At this time, MONQ Therapeutic Air devices are "single use" by which we mean that they provide approximately 150 breaths, and last most users between 1-2 weeks. Once they are empty, they can be recycled, but they can not be refilled. Thank you for your interest in MONQ!... [see more](#)
By MONQ Aromatherapy Inhaler [SELLER](#) on August 10, 2015

[See more answers \(2\)](#)

1 vote

Question: Do u have to be 18 to buy one

Answer: Well they'll ask you to hit a checkbox confirming you're 18 but they don't enforce it or anything, they don't seek proof of your age. It's probably just a legal thing because of the regulations on vape with tobacco content. You will not be asked to prove it though.
By SJ on March 31, 2017

[See more answers \(7\)](#)

0 votes

Question: Do you inhale smoke?

Answer: Hi! It's more like flavored vapor. It's flavored the essential oil, it comes out like a clear smoke.
By Rachel Dellapelle on January 4, 2018

[See more answers \(3\)](#)

0 votes

Question: Will it be shipped in the usual Amazon box? I want it to be discreet from my neighbors in my apartment complex.

Answer: Yes, it will come in Amazon shipping.
By Sami on May 11, 2017

[See more answers \(1\)](#)

[See more answered questions \(108\)](#)

455 customer reviews

3.6 out of 5 stars



Customer images



[See all customer images](#)

By feature

Read reviews that mention

Easy to use	4.6
Durability	4.2
Giftable	3.8

essential oils	zen monq	quit smoking	panic attack	last long
waste of money	absolutely love	taste and smell	easy to use	
tastes great	highly recommend	high quality	panic attacks	

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Showing 1-8 of 455 reviews

Top Reviews

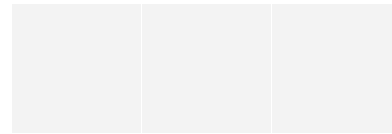
 Amy

Love it!

February 6, 2017

Very nice. Made well and it is stylish. I do not smoke or vape and I never have. Very simple instructions. Suck in. Hold. And blow out your nose. I do use essential oils on a regular basis in baths and on my skin and I do have a defuser that I use on a regular basis. I love that now when I travel or when I go to work I don't have to lug around any oils or anything. Let me set a few things straight for people still doing research on this product... it's not an e-cig. It is not a vape pen. It is not meant to be used constantly. It's meant for a few puffs every now and then during the day when you feel like you need it. It has about 200 uses most last about 2 weeks to a month depending on how often you use it. It's the same stuff that comes out of a defuser. Water and essential oils. Nothing else. It's very easy to breath in just like regular air. You don't feel like there is smoke in your mouth or like you are sucking in dust. It's very smooth and very light. When you smell the container when you first open it you can smell the oils inside of it. Dont let that strong smell put you off. It's very light when you breath it in and it has a very light taste. Almost like you are smelling tea right over a hot cup and you can taste it a little bit. Let me also set this strait... if you have bad anxiety or if you are looking for something to make you feel fine when you are having a hard day or struggling with things.... this is

[Read more](#)



211 people found this helpful

Helpful

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 Eva

Fantastic, but would love to buy the stand-alone e-juice

June 23, 2017

Verified Purchase

Bought this because some of the ingredients (e.g. sage, clairy sage, rosemary) have had some interesting effects on my dreams, and want to experiment with a hit before bed, as well as maybe help with my ADD in terms of calming effects and how rosemary boosts brain power.

Just got it today and it's lovely! I would like to point out that it contains black pepper oil which comes through much better than advertised, and I personally love it. (Do check MONQ.com for full ingredients list, it'll be worth your while.) The overall taste and smell is sweeter than expected, I suppose due to ylang-ylang and orange, but it balances well with the more savory sages, rosemary, and pepper.

However I find it a shame that it's \$20 for a disposable device. If it were up to me I'd pay around that much for a bottle of the e-juice to use in my own vape. But none the less, it's a very nice product. Hope to see more of this kind of thing on the market in the near future!

26 people found this helpful

Helpful

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 Amazon Customer

Anxiety miracle

September 8, 2016

Verified Purchase

I absolutely love zen. It doesn't taste bad but I'm not a smoker. I have severe anxiety and this has helped tremendously.

83 people found this helpful

Helpful

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Josh

Got for gf

June 9, 2017

Verified Purchase

Ordered this for my girlfriend because she has really bad anxiety from time to time.

Pros:

++design

++taste

++calms her down

Cons:

--overheats when not in use sometimes

--battery life is low

24 people found this helpful

Helpful

Comment

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Lil Beignet

Great option for those with anxiety.

May 4, 2017

Verified Purchase

Definitely helps with my anxiety! I deal with ongoing anxiety and the week I had one of my most terrifying attacks, using the MONQ helped calm me down.

13 people found this helpful

Helpful

Comment

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Funkatron

Lovely product!

April 2, 2017

Verified Purchase

A lot of people complain about how long it lasts but it all depends on how big of breaths you take. If you take little puffs it lasts for a few weeks. It smells so good and helps with my bursts of anxiety.

16 people found this helpful

Helpful

Comment

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Amazon Customer

I liked the idea behind it a lot but it's Not ...

March 26, 2017

Verified Purchase

I was hoping it would do more for me. I liked the idea behind it a lot but it's Not really worth the money.

19 people found this helpful

Helpful

Comment

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Hannah

Didn't last 24 hours.

July 10, 2018

Verified Purchase

Well, I received this in the morning. I was very impressed with it. Had a wonderful smell, was actually really cute. By the end of the day it has been used up. Some reviews said it lasted a month. I expected it to at least last a week. Very disappointed. Wish it could at least be refilled.

4 people found this helpful

Helpful

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Customers who bought this item also bought



MONQ is the Best Aromatherapy Inhaler HAPPY MONQ Will Make You Smile Simply... 172 \$20.00



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MONQ - Portable Essential Oil Diffuser - Relieve Blend 2 \$20.00



MONQ - Portable Essential Oil Diffuser - Love Blend 2 \$20.00



MONQ - Portable Essential Oil Diffuser - Mountain Blend 27 \$20.00

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