
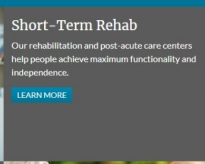






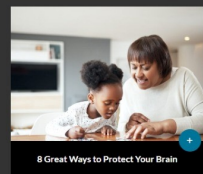


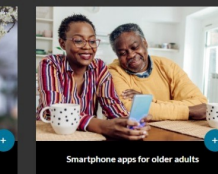
Welcome to The Alden Network

For over 50 years, The Alden Network has provided health care and residential solutions for seniors to help them function to the best of their ability and live life as independently as possible.

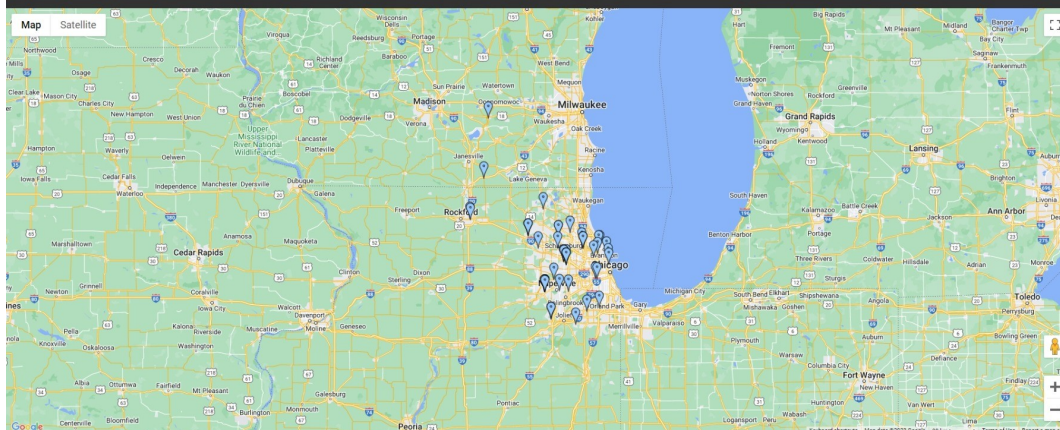
Our Programs

 <p>Short-Term Rehab Our rehabilitation and post-acute care centers help people achieve maximum functionality and independence.</p> <p>LEARN MORE</p>	 <p>Assisted Living We offer beautiful settings, fun activities and just the right level of care to help people remain independent and enjoy life to the fullest.</p> <p>LEARN MORE</p>
<p>Memory Care Our person-centered approach allows our residents to lead lives of purpose and joy in a safe and secure environment.</p> <p>LEARN MORE</p>	 <p>Independent Senior Living For those who are seeking a socially active and carefree retirement in an elegant and upscale setting.</p> <p>LEARN MORE</p>
	

From The Alden Blog

 <p>8 Great Ways to Protect Your Brain</p>	 <p>Understanding Osteoporosis</p>	 <p>Tips for Allergy Season</p>	 <p>Smartphone apps for older adults</p>
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